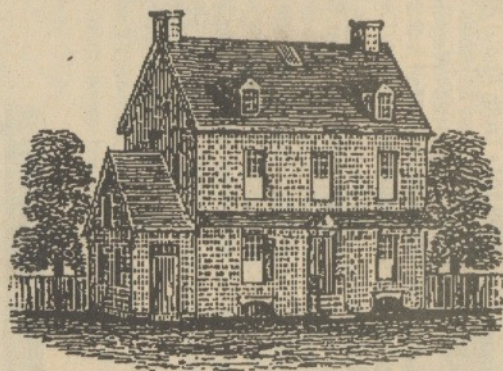


OLSTEN HEALTH SERVICES



Sharing the Journey

- Experienced Clinical Staff
- RN's, RPH, SW, RD
- Nationwide Pharmacy
Infusion Services
- Chronic Care and
Psychosocial Support
Services

Please call 1-800-999-8983
for further information
about our services.

Our Comprehensive Client Care approach focuses on involving you in your plan of care. We can assist in maintaining the quality of life you and your loved ones desire; working with your physician to prevent unnecessary hospitalization, providing skilled nursing care, infusion therapy and up-to-date education specific to your unique needs. We can also assist you through the maze of information and resources that can be so confusing and frustrating.

**COMPREHENSIVE
HIV CARE AT HOME**



Olsten Health Services has exclusive contracts with CIGNA Health Plan, Prudential and AETNA HMO and has many other preferred provider managed care contracts throughout Texas and nationwide.

Update

Positive + Personals

December '97/January '98 • Vol.12, No.10

Newsletter of the Foundation for Human Understanding

Steven L. Adams • Kimberly Allen • Richard & Barbara Anderson • John D. Anderson • Michael Anglin • Basil J. Asaro • Melanie and Chris Austin • Leo O. Bacher, Jr • B. Eileen Beasley • Richard J. Biros • Michael J. and Abby Blackburn • Perry Blake and Eduardo Gonzalez • Michael Boothman • Sharon Booton • Jacqueline Bourret-Mackey and Kevin Mackey • Michael Brantley • Paula F. Brill • William A. Brosius • Gordon and Patricia Cathey • Mary Ann Cauble • Bert Chauveaux, MD • Caven Enterprises, Inc. • Julie Cohn • Michael B. Collins • Leslie Coney • John E. Conway • Rocke Corley • Jackie P. Costello • Patrick W. Daly, MD • Patti A. Davenport • Paul G. Davidson • Thomas S. Desmond • John F. Dixon • Chuck Donaldson • Ron S. Dougherty • Marsha Harris Edwards • Edwin E. Ellis • David Ellis and Howard Okon • Ben W. Finley and John E. Searles • Lewis Finley • Robert Folz • Lee Ford • Thomas S. Fowler • Richard Fucik • Marilyn Galambush • Kyle and Marilyn Galbraith • Steve Giammarco • Kurt L. Gillingham • Marilyn B. Gordon • Dr. Paul Greenlee • Deborah Survil Guerrero • Nancy and Randy Halford • Carlton and Nancy Hall • Donald Hall • David Hankins • Charles Harrill • Lori Hawk • Steven B. Hawkins • William J. Herm, Jr • Rick Hibbitts, Jr • Maurice Ivey and J. Martin Nichols • Kathy Jackson • Carl Jensen • Edward and Mary R. Kay • William J. Keefe • Steven C. Keeling • Eugene W. and Armelle Kellogg • William and Bonnie Kenney • Kyle Kerr and Gaston Maurin • Terry A. Kerr • Mark Kidwell • James and Jesse Kingston • Thomas E. Kinney • B. Gene Klassen and Jay M. Scott • Sabre Klein • Paul Kraft and B.J. Wilhite • Andy Krauss and Ted McDermott • Peggy Lamb • Robert Latta • Roger N. Layne • Kathleen Lee • Flo M. Leslie • Lucinda Lewis • Nancy Lukken • Harold and Kathryn N. Madison • Miriam Manduca • William and Margaret Manser • Charles Marlett and Jim Vasilas • Richard Maroney • Juan Martinez • William Rex Mathieu, Jr. • Leslie Harris Matney • Jay Mauk • J. Vernon McCardle • Gary C. McMahan • Sharilyn B. Melde • Susan Posnic Melton • Fabian Errol Miller • Michael Miller • Charles Dee Mitchell • Phillip L. Moss • Kathryn Muckleroy • David J. Mullally • T. Brian Mumey • David M. Nesser, MD and Bob Shields • J. Martin Nichols and Maurice Ivey • Eddie Nunns, Jr. • Jay W. Oppenheimer • Grace Oxlade • Phil Perry • James D. Powell • Kathryn Price • Brenda S. Prothro • Steven S. Rayl • Randall Ray and Victor Guerrero, III • Tammy Reeder • Graham and Kazie Reese • Kathy S. Richardson • Michael Riley • Tom and Kathy Ritter • Rob Rowland and Daryl Richardson • Ronnie Beth Rump • Christopher Salerno • James L. Schield and Marco Salinas • Garrett M. Scott • John E. Searles • Cecilia Shelmon and Judith Hedrick • Jim and Carolyn Sime • W. D. Sime • Ed Slater and Karl Mihay • Joyce D. Slocum • Raymond E. Smith • James H. Smith • James M. Smith • Roynda Bowen Storey • Joan Tankersley • John Thomas and Gary Lanham • Janell Todd • Steve Tracy • Sharon L. Vaughan • Daniel Verona • Gary Michael Wasson • Peter Webb • Cornelius J. Weber • Larry White • T. Scott Wilk • Leah A. Williams • Jerlean E. Wilpret • Michael L. Wilson • Sheree A. Wilson • Leslie Worley • Anthony C. Yardley • Martin Yates • Steven Yevich & Terry Cook • Louise Young & Vivienne Armstrong

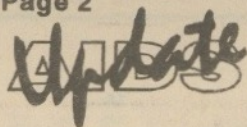
The board, staff, and clients of the AIDS Resource Center express our gratitude to these precious supporters who make a financial gift every month, whether by credit card, bank draft or monthly checks. You have sustained services over the years. It is gratifying to know we can count on you. We thank you. We work to earn your continued support.



**Broadway Cares Equity Fights AIDS • Midway Press
Olsten Health Services • Pharmacia Upjohn**

We give special thanks to these organizations without whose generous gifts this publication would not be possible.

1-29 98 12/29/97 43401



Community Activities Calendar

• MONDAY •

Dental Clinic for HIV+ • 9am - 5pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, call 214-528-2336 for appointment

Grupo De Apoyo - Hispano • *Spanish Speaking HIV/AIDS Support Group*, 7 - 9pm, Parkland Outpatient Clinic, 5201 Harry Hines, 214-590-5415

Families Helping Families • *Adult family members, spouses and friends of others impacted by HIV/AIDS*, 6:30 - 8pm, AIDS Outreach Center, 813 Brown Trail, #5, Bedford, 817-282-2289, \$5 fee per week/\$20 per month

Great Expectations • *General group for anyone with HIV/AIDS*, 6 - 7:30pm, AIDS Outreach Center, 401 West Sanford #1100, Arlington, 817-275-3311

HIV+ and Asymptomatic Group • 7:30 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108

HIV+ Support Group • 1 - 2:30pm, 6:30 - 8pm, Legacy Counseling Center, Inc. 4054 McKinney Ave. #212, call 214-520-6308

HIV+ Support Group for Individuals and Couples • 6 - 8:30pm, MCC Cathedral of Hope, 5910 Cedar Springs, call 351-5657

HIV Testing • 4:00pm, Nelson-Tebedo Clinic, 4012 Cedar Springs, 214-528-2336

Immunocise • 11am - noon, Sammons Center, 3630 Harry Hines, 214-522-0650

Lab Draws • 9am - 6pm, physician's order required, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336. You do not have to be HIV+

Living Positive/Group 1 • 6:30 - 8pm, MCC Cathedral of Hope Counseling Center, 5910 Cedar Springs, Dennis Hertzog L.P.C., 214-559-0688

Living with HIV • 6:30 - 8pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

Negative Partners • 7 - 8:30pm, Legacy Counseling Center, Inc. 4054 McKinney Ave. #212, 214-520-6308

Positive Healing • 6 - 7:30pm, AIDS Outreach Center, 179 South Watson Road, Suite 416, Arlington, 817-335-1994

Project Inform • October 6, 7pm at City Place, corner of Haskell and Central Expwy, Speaker Martin Delaney, no reservations necessary

Sex Compulsivity Group • 6 - 10pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108, sliding scale fee required

Wellness Group • 10am - 2pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

• TUESDAY •

AIDS Support Group • 1:30 - 3pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108

Chemical Dependency • 6 - 7:30pm, Legacy Counseling Center, 4054 McKinney #212, call 214-520-6308

CMV Retinitis Screening • 4th Tuesday at 6pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336

Dental Clinic for HIV+ • 9am - 5pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, call 214-528-2336 for appointment

Families Helping Families • *For adult family members of individuals diagnosed with HIV/AIDS*, 6 - 7pm, AIDS Outreach Center (N.E. Office), 813 Brown Trail, Bedford, 817-282-2289

HIV+ Support Group • 6 - 8pm, Legacy Counseling Center, 4054 McKinney #212, call 214-520-6308

HIV+ Support Group for Individuals and Couples • 6pm, MCC Cathedral of Hope, 5910 Cedar Springs, call 214-351-1901

Immunocise • 11am - noon, Sammons Center, 3630 Harry Hines, 214-522-0650

Newcomers Group • 6:30 - 8pm, 1st Unitarian Church, Introduction to personal issues, availability of services, traditional & alternative approaches to health & treatment, 8-week program, Call Daneill Blackburn at 214-944-1050 to register

Oasis Aftercare • 7:30 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

Oasis Outpatient Group • 6 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108, sliding scale fee required

Parents and Siblings of PLWAs Support Group • 7:30 - 9pm, weeks may vary, Episcopal Church of the Ascension, call 972-262-8479

Positive Support • 6:30 - 8pm, 1st Unitarian Church, Ongoing group for continued support following "Newcomers Group", call Daneill Blackburn at 214-944-1050 to register

Positive Women • 6 - 7:30pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, call Deborah Jones at 817-335-1994 for info

Survivors of Sexual Abuse (female only) • 6:30 - 8:30pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

Teen Reach • 6 - 7:30pm, AIDS Outreach Center, 401 West Sanford #1100, Arlington, 817-275-3311

Visitation Meeting • 2nd and 4th Tuesdays, Gay & Lesbian Community Center, 2701 Reagan, call Craig Hess at 214-521-5444 for details

Wellness Aftercare • 9:30 - 11:30am, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

Wellness Clinic • 6 - 8pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336. Call for appointment

• WEDNESDAY •

AIDS 101-Truth About AIDS: Pass It On • 6:30 - 9pm, 3rd Wednesdays and Thursdays, Gay & Lesbian Community Center, 2701 Reagan, 214-521-5124 to register

Bereavement Group • 6 - 8:30pm, AIDS Outreach Center, UNT Health Science Center, 3500 Camp Bowie Blvd, Med Ed 2 Bldg, Room 318, Ft. Worth, 817-335-1994

Bereavement Group • 6 - 8:30pm, Legacy Counseling Center, Inc. 4054 McKinney #212, call 214-520-6308

Bereavement Group • 6 - 7:30pm, MCC Cathedral of Hope Counseling Center, 5910 Cedar Springs, call 214-351-1901

CMV Update • October 22, 6:30 - 8:30pm, Speaker Scott Sawyer, M.D. AIDS Resource Center, 2701 Reagan, call 214-521-5124 to register

Dental Clinic for HIV+ • 9am - 5pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, call 214-528-2336 for appointment

Families Helping Families • *Adult family members, spouses and friends impacted by someone with HIV/AIDS*, 6 - 7:30pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, call Paul Reese at 817-335-1994

Great Expectations • 6:30 - 8pm, AIDS Outreach Center, 813 Brown Trail #5, Bedford, 817-282-2289

Hand In Hand • 7:30 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108

HIV Testing • 10:30am, 5:00 - 6:00pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, call 214-528-2336 for appointment

HIV+ Support Group • 1 - 2:30pm, for HIV+ individuals, AIDS Resource Center, 2701 Reagan, call 214-520-6308 for info

HIV+ Women's Group • 6 - 7:30pm, meets at Oak Lawn Community Services, call Mary at 214-640-2776 or Barbara at 214-648-3017 for info

Immunocise • 11am - noon, Sammons Center, 3630 Harry Hines, 214-520-0650

Jewish HIV/AIDS Support Group • 7:30 - 9pm, 3rd Wed, except when conflict with Jewish holidays, Jewish Family Services, 13104 Coit Road #400, 972-437-9950

Lab Draws • 5:00 - 6:00pm, physician's order required, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336. You do not have to be HIV+

Living Positive/Group • 3 - 4:30pm, MCC Cathedral of Hope Counseling Center, 5910 Cedar Springs, Dennis C. Hartzog, L.P.C., 214-559-0688

Living With Loss • *For persons who have lost someone to AIDS*, 6:30 - 8pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, call Katherine O'Conner at 817-335-1994

Next Step • *A 4-week program for persons newly diagnosed with HIV/AIDS*, 6 - 7:30pm, new groups begin on first Wed, AIDS Outreach Center, 1125 W Peter Smith, Ft. W., 817-335-1994

Oasis Outpatient Group • 6 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108, sliding scale fee required

Positive Recovery • 1 - 2:30pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, call Gwen Hicks at 817-335-1994

Sexual Compulsivity • 5 - 6:30pm, MCC Cathedral of Hope Counseling Center, 5910 Cedar Springs, call 214-351-1901

Social Security Information Meeting • 3pm, 3rd Wednesday of each month, 2701 Reagan Street, AIDS Resource Center, 214-521-5444

Support Arlington • 6 - 7:30pm, AIDS Outreach Center, 401 West Sanford #1100, Arlington, 817-335-1994, \$5 fee per week/\$20 per month

Wellness Group • 10am - 2pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108

Wilde Tribe, Meeting of the Tribe • 1st and 3rd Wed, 6:30 - 8pm, Gay & Lesbian Community Center, 2701 Reagan, call Jesus Geliga at 214-521-5124 to register

Womens General Issues • 6 - 7:30pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for info

• THURSDAY •

Dental Clinic for HIV+ • 9am - 5pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336 for appointment

Diabetes and HIV • 1 - 2pm, Legacy Counseling Center, 4054 McKinney Ave. #212, call 214-520-6308

Families In Recovery • *For any family member of an alcohol or drug-addicted person diagnosed with HIV/AIDS*, 6 - 7:30pm, AIDS Outreach Center, 1125 W Peter Smith, Ft. Worth, 817-335-1994

HIV Testing • 5:00 & 6:00pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336 (Lab Monitoring 11-2pm)

HIV+ Support Group • 11am - 12:30pm, 6 - 8pm, Legacy Counseling Center, 4054 McKinney Ave. #212, call 214-520-6308

Immunocise • 11am - noon, Sammons Center, 3630 Harry Hines, 214-522-0650

Lab Draws • 9:00 - 6:00pm, physician's order required, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336. You do not have to be HIV+

Man Talk • *Support for gay men in the age of AIDS*, 6:30 - 8pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, 817-335-1994, also at N.E. Facility, 813 Brown Trail #5, Bedford, 817-282-2289, \$5 fee per week/\$20 per month

New Beginnings • 1st & 3rd Thursdays, 7 - 9pm pm, Lakeside United Methodist Church, Call Daneill Blackburn at 214-944-1050

Oasis Outpatient Group • 6 - 9pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108, sliding scale fee required

Positive Healing • 6 - 7:30pm, AIDS Outreach Center, 801 West Cannon, Ft. Worth, 817-335-1994

Positive Women • *For women touched by HIV/AIDS*, 6 - 7:30pm, AIDS Outreach Center, 1125 W Peter Smith, Ft. Worth, 817-335-1994

Support for the Caregiver • 6 - 7:30pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108

Survivors of Sexual Abuse (men only) • 6 - 7:30pm, Oak Lawn Community Services, 4300 MacArthur, call 214-520-8108 for intake information

Volunteer Orientation • 6:30 - 8:30pm, 2nd Thursday, Gay & Lesbian Community Center, 2701 Reagan, 214-521-5124 to register

Women's General Issues/Men's General Issues • 6:30 - 8pm, MCC Cathedral of Hope Counseling Center, 5910 Cedar Springs, call 214-351-1901

• FRIDAY •

Dando Esperanza (That Which Gives Hope) • *Support Group for Hispanics with HIV/AIDS*, noon - 1:30pm, AIDS Outreach Center, 1125 W Peter Smith, Ft. Worth, 817-335-1994

Dental Clinic • 9am - 4pm, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336, call for appointment

HIV Imagery Group • 6 - 7:30pm, MCC Cathedral of Hope, 5910 Cedar Springs, call 214-351-1901

Immunocise • 11am - noon, Sammons Center, 3630 Harry Hines, 214-522-0650

• SATURDAY •

AIDS 101 • Truth About AIDS: Pass It On • 10am - 3:30pm, 1st Sat., Gay & Lesbian Community Center, 2701 Reagan, 214-521-5124 to register

January Bulk Mail • 3rd Sat., Jan. 17, 10:30am, Gay & Lesbian Community Center, 2701 Reagan, call 214-521-5124

Food for Life! • Seminar, Saturday Jan. 24, 9:30am-3:30pm, call (214) 521-5124 to register

H.U.G.S. Dinner • 3rd Sat., Dec 20, call Craig Hess at 214-521-5444 for details

Volunteer Orientation • 10am - noon, 3rd Saturday, Gay & Lesbian Community Center, 2701 Reagan, call Dennis at 214-521-5124 to register

Well Woman's Exams • Pap Smears, Nelson-Tebedo Community Clinic, 4012 Cedar Springs, 214-528-2336, call for date and appointment, sliding scale fee

• January 7th is deadline for submissions for February AIDS Update

This Calendar is provided as a public service to the community. Dates, times, locations and phone numbers are subject to change.

Does HIPAA Do What You Thought It Would?

By Craig Hayworth

You may have heard a lot of hype about the Kennedy-Kassabaum Bill that was passed in Washington last year. Also, called the Health Insurance Portability and Accountability Act (HIPAA), it was created to solve a problem called job lock. Several of you with HIV may have experienced job lock. You have health insurance through your group health plan at work, and have been filing your HIV treatment claims. You can't quit your job, even if you get a great job offer somewhere else, because you are afraid you may not get accepted by the group plan at the new employer, or if you do get accepted, will have to wait out a one or two year pre-existing illness clause. You can pay your COBRA premium during that time frame - if you can afford it - and hope the 18 months of COBRA coverage is shorter than the pre-existing illness clause. Obviously, this same problem can effect anyone with a serious or chronic illness that an insurer wouldn't want to cover, which explains why Congress felt compelled to address the problem. And like any legislation that comes out of Washington, HIPAA is very complex. The original press that surround this enactment of this legislation also made it sound a lot more promising that it actually turned out to be. I am going to attempt to interpret several lawyers' interpretations of what HIPAA actually does or does not do. My disclaimer of course, is that you not take any of this as official interpretation, and that you consult an attorney or expert in the field before you plan to change jobs or do anything that might affect your current insurance coverage.

The first important thing to know is that HIPAA was designed to be a guideline for states to follow, with minimum requirements that each state must comply with by Jan 1, 1998. Most states, including Texas, have opted to design their own HIPAA equivalent that meets the minimum federal HIPAA requirements. What this means is that each state has its own unique program, that may or may not recognize participation in a differing state's program. If you're considering moving, this will be something you will need to investigate further. There are three main provisions of HIPAA: pre-existing illnesses, special enrollments, and non-discrimination.

Pre-existing illnesses are defined as a condition for which medical advice, diagnosis, care or treatment was recommended or received during the 6-month period prior to an individual's enrollment date. A pre-existing condition exclusion may not last for more than 12 months (18 months for late enrollees) after an individual's enrollment date. The 12 month period must be reduced by the number of days of the

individual's prior creditable coverage. Meaning, if you had coverage under your group plan at your last job for more than 12 months you would not have any preexisting exclusion period on your new plan at all. I won't spend a lot of time on the special enrollment section here. However, legislation has mandated a special enrollment option for people that don't elect coverage when initially offered at the time of employment. The catch is that you have to know about it and ask for it when you decide to not accept coverage under your new employer's open enrollment option. Under the non-discrimination portion of this legislation you cannot be denied coverage in a group health plan because of your health status. Very important detail here - this applies to group coverage only, and only if you have had coverage for the previous 18 months with no gap in coverage greater than 63 days. If you are buying individual health insurance in Texas, you can be denied coverage. However, the state has established a "high risk pool". If you have received two denials of health care coverage from insurance carriers, and meet certain other requirements, you should be eligible for coverage through the state. There is no guarantee that the coverage will be equivalent to your previous plan, or cost the same. There is also nothing under this legislation that permits an employer from putting caps on how much can be spent on certain illnesses or from limiting what is covered in their plan. It also does not place any restrictions on what is charged for premiums. It does offer protection of guaranteed renewability to employers. Meaning if your employer has had a lot of claims, or specific types of claims, they are guaranteed renewed coverage by their carrier. Contact an attorney or other specialist in this field before making any decisions affecting your health care coverage. The Phil Johnson Library at the AIDS Resource Center has some limited information; 214-521-5124. The Dallas Legal Hospice offers free legal assistance to residents of Dallas, Denton, Henderson, Hunt, Rockwall, Kaufman, and Ellis counties, who cannot afford an attorney, are HIV positive or have AIDS or a terminal illness, and have legal problems relating to or impacted by their health. They can be contacted at 214-941-2600. The Texas Insurance Commission should be able to provide additional information as requested, and can add you to a mailing list to receive updates about the high risk pool as they become available; 1-800-252-3439, or online at <http://gatekeeper.dol.gov/dol/pwba/public/pubs/q&aguide.htm> **A U**

Craig Hayworth is Information and Referral Coordinator for the Foundation for Human Understanding.

Hal Reeder Research

By Dona Parks, RN

The Nelson-Tebedo Community Clinic is conducting two new Clinical trials involving Protease Inhibitors. These trials are intended for those HIV + persons that have not previously been on antiretrovirals in the past. The CD4 count must be above 50 and a Viral load above 20,000. The study is open-label, meaning you will know what medications you will be taking. Each person will be on three or four antiretrovirals including a Protease Inhibitor. The study will last approximately 26 weeks, but may be extended for an additional 26 weeks if the physician feels the patient will benefit. The medications and all of your medical assessments from the physician will be free of charge. You will be expected to follow up monthly and have blood levels drawn periodically to measure the response of the medication.

Medication compliance with Protease Inhibitors cannot be stressed enough. You must be committed to the medication regimen to get the maximum benefit from the antiretrovirals. It is also important that

you are responsible for your follow up visits in order to maintain compliance with the protocol, and monitor your progress. These clinical trials are a great benefit for patients, and we are fortunate to be able to offer them to you.

The research staff responsible for these trials are Sue Gibson RN, Dora Bradford LVN and Mary Gonzales MA. We look forward to working with you.

If you are interested in these trials or have any questions please feel free to contact Dona Parks at 214- 528-2336. **A U**

Dona Parks, RN, BSN is Research Manager for the Nelson-Tebedo Community Clinic at 4012 Cedar Springs.

Editors note: The Nelson-Tebedo Community Clinic is located at 4012 Cedar Springs, Dallas TX 75219. Please call 214-528-2336 for information or directions to the clinic. An application to become part of the Hal Reeder Research Survey is on page 23 of this AIDS Update.

A Holiday Life Raft

By Will Handy, LMSW

Ah, the Holidays! Family gatherings, gift giving, good cheer...and *just maybe*, you'd like to crawl into a hole until it's all over.

The Fall/Winter Marathon of Holidays is almost as well known for isolation and despair as for joy and togetherness. HIV can add one or more layers of trouble. Arm yourself with a map of some of the hazards, take some evasive maneuvers to avoid them, and treat yourself with a little kindness--then grab your share of the meaning and comfort.

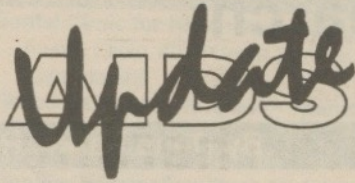
Holidays come with their own set of required emotions: **Thanksgiving**-warm, well-stuffed fellow-feeling; cozying into the abundance of harvest; simple, meaningful values and relationships. **Christmas**-so much joy and unconditional love for every conceivable entity that you want to throw up. **Hanukkah**-hope, tradition, the Return of the Light, and a little dreidel-playing. **Kwanzaa**-pride in heritage and rededication to family and community. **The New Year**-looking toward the future, filled with hope, excitement, and champagne.

Through it all, the message is clear: We're supposed to be happy, surrounded by smil-

ing friends and loving family members. It's enough to make your fillings hurt. All this required joy may reveal some hard realities. What if I'm lonely? What if the person I wanted to spend the holidays with died last year? What if my family would nervously serve my Thanksgiving dinner on paper plates, "just to be safe"? What if thinking about the future scares me? What if my income is so scanty that I can't pay the electric bill, let alone buy presents? And what if I feel guilty, precisely because I'm so unhappy when I'm supposed to be feeling great?

If the holidays are as appealing to you as an impending smallpox epidemic, get started now. There *are* ways to wrestle some pleasure out of all this ruthless cheerfulness. The basics: Holidays are nearly all about companionship and human connection. If you're dreading them, you probably feel alone. So do what you can to build some connections. Do you have friends whom you don't contact? Acquaintances you could cultivate? *Then get on the phone, Honey!* Can't afford the money or energy to throw a dinner party? Organize a potluck of people you want to know better. Ask somebody to go to the Dallas Museum of Art

Continued on Page 9.



Vol. 12, No. 10 • Dec '97 / Jan '98

Executive Director Charles Domingues

Editor Karen Estes

Publications Manager Kelly Kawnak

Editorial Board:

Jerry Calumn	Deborah Cavazos
Franke Cortez	Charles Domingues
Karen Estes	Amy Hardin
Craig Hayworth	Kelly Kawnak
Jamie Schield	Mike Williams

Contributing Writers:

Greg Bergeron	Larry Bouchard
Deborah Cavazos	Mary Franklin
Sue Gibson	Will Handy, LMSW
Sandy Lynn	Dona Parks, RN

Positive Personals:

Auntjuan Wiley	Mike Williams
----------------	---------------

Proofreading and Production:

John Altier	George Bright
Shana Covens	Tom Swearingen

Foundation for Human Understanding
Board of Directors

Jackie Bourret	Hilary Brooks, RN
Bill Brosius	Linnie Burney, RN
Pam Clayton	Charles Domingues
Monica Green	Alan Hammil, DO
Steve Hawkins	Ronald Jefferson
Cristy Kinsler	Anna Koetting
Charles Koetting	Greg Land
Denny Maust	Susana Mendez, MD
Paul Muraida	Maria Scannapieco, PhD
Laurie Sutor, MD	David Taffet
Dick Weaver	

AIDS Update is a monthly publication of the Foundation for Human Understanding dba AIDS Resource Center

All original articles, art, and photography, including advertisements, copyright 1997 by the AIDS Resource Center.

AIDS Update accepts signed commentary and opinions from its readers. Opinions expressed in *AIDS Update* are those of the authors and do not necessarily reflect the policies of the AIDS Resource Center.

Material contained in *AIDS Update* is for information only and does not necessarily constitute an endorsement of any health or exercise regimen, program, therapy, health care provider, place of business, political affiliation, religious conviction, or philosophy.

Publication of the name or image of any person or organization in *AIDS Update* does not imply anything regarding the health status or the sexual orientation of such persons or members of such organizations.

In all medical matters, we suggest consulting a physician of your choice, who should be recognized as your ally in health decisions.



2701 Reagan • PO Box 190869
Dallas, Texas 75219-0869
214-521-5342 • FAX 214-522-4604

Call 214-521-5124 ext 120 for
AIDS Update editorial information.

Developing - A Passion

By Sandy Lynn

DEVELOPMENT – The act or process of developing; *PROGRESS*. Expansion, elaboration, growth, evolution; unfolding, maturing, maturation.

I am the new Development Manager for the Foundation for Human Understanding. I am very excited to join a group of individuals that are dedicated to making our community a better place.

My background is in sales, marketing and I have spent most of my adult years as a Division I Volleyball Coach.

Coaching taught me many things about life but mostly it helped me see the POWER created by a group of people (A Team) working together to achieve a common goal or goals. This could be winning a National Championship, winning the fight against AIDS, or providing educational services that could improve the quality of the gay and lesbian community. I truly believe that, regardless of the goal, there are certain ingredients that lead to success.

Some of these are;

- PASSION to do whatever is necessary to reach the goal – "I'm not sure how

anyone can achieve anything worthwhile without a great deal of passion"

- Hard work and dedication to reach the goal
- Positive attitude, regardless of the difficulties that we all will face
- A belief in one's own abilities and the abilities of each individual "player"
- A willingness to be a "team player" regardless of personal views
- Work beyond the call of duty to enhance the chances of success
- TAKE RISKS – be willing to try something that has never been done before
- Lastly, always face your fears — running from or turning your back on your fears will only allow what you fear the most to come back and "bite you in the butt" ☹

It's probably obvious that I think it is important to transfer what I have learned from sports to achieving success in life.

This is what makes this job so challenging and exciting!! I can't think of anything I would rather dedicate my energies towards than every program and every person that makes the Foundation successful. There is nothing I would like more than to see the Foundation grow and see the quality of gay and lesbian lives constantly improve.

"We, as individuals, are waiting to have it all together and we'll never have it all together, but TOGETHER WE CAN HAVE IT ALL"

Last but not least, I am always interested in feedback that could make our community better so please feel free to discuss with me any ideas regarding the development of any of our programs. My phone number is 528-0144 ext. 134. Happy Holidays and let's all look forward to a great 1998! **A U**

Sandy Lynn is Development Manager for the Foundation for Human Understanding.

Editor's note: Welcome Sandy -- we're glad you're here and looking forward to great things.



Club Octopus for ARC

(from left to right) Craig Hayworth, Amy Hardin, Pitiful Bitch and David Groves join in on the fun at the Club Octopus fundraiser held on Nov. 14 at Our Bar in Dallas. Amy, Craig and David attended as representatives from the AIDS Resource Center and Pitiful joined the group to enjoy the fun. Special thanks to Mary Garcia of Club Octopus for doing such a fantastic job coordinating the evening. Over \$3,000.00 was raised for the programs of the AIDS Resource Center.

Make the new year something special.

Get involved and make a difference.

Decide today to become a financial supporter of the AIDS Resource Center by making a regular contribution to the programs of the Foundation for Human Understanding.

We can't do it without you!

The Foundation for Human Understanding wishes to express our sincere thanks and gratitude to

Caven Enterprises

for their continued support of the

John Thomas Permanent Endowment Fund

Hope Counseling Center

By Craig Hayworth

With the holiday season upon us, many people will have to face various issues like dealing with family or additional stresses and time constraints that don't occur during the rest of the year. So, in the spirit of making information available to people living with HIV, I thought I would highlight an agency that provides help in dealing with these and any other issues that you may experience and need help to deal with.

The Hope Counseling Center is a ministry of the Cathedral of Hope, and is one of the agencies in town that provides counseling services to people living with HIV/AIDS. The Counseling Center operates as a ministry of the church, and offers professional and experienced counselors, therapists, and psychiatrists, with an average of 14 years experience. (Pastoral counseling [an opportunity to talk with a minister] is available to those who request it through the Center and the church as well.) Hope Counseling Center's (the Center) staff of therapist generally have private practices outside of their work at the Center. While the focus of this article is on the HIV services provided, they also

ing Services, stated that they will do whatever necessary to make sure that people get the help that they need. He and the Counseling Center work closely with other agencies in town that offer counseling services, like OLCS, Legacy and Greater Dallas Council. Their goal being to get people connected to the service that best serves their needs.

In talking with Mr. McBride regarding how HIV needs are changing in light of new therapies, he says they are experiencing an interesting transition of both people

Hope Counseling C E N T E R

living longer as a result of the new medications, as well as a population of people for whom the medications are not working. Each group brings to the table a different

To get started you need to call for an intake process. Your initial phone call will provide the center with preliminary informa-

"The Center is experiencing an interesting transition of both people living longer as a result of the new medications, as well as a population of people for whom the medications are not working."

deal with other issues that may or may not be related to one's HIV status, including; depression, relationship issues, sexuality issues, addiction, stress, grief, alcohol/drug problems, gender orientation issues, and other issues as needed. The stated mission of the Center is to provide professional, compassionate, and quality counseling and other therapeutic services that empower mental, physical, and spiritual well being. Part of their purpose is to serve the gay and lesbian community, and to serve those whose lives have been impacted by HIV and AIDS. The Center does receive grant funding through the Ryan White Care Act, and will have funds available to qualified individuals to cover the costs of the counseling services. Services are available on a sliding scale fee for those who do not qualify for Ryan White funding or who do not have private insurance or Medicare/Medicaid that will cover the costs. Jim McBride, Director of Counsel-

tion that they need, what kind of issues you are dealing with, and when you are available to come in to meet with someone. They will match you with a counselor and set an appointment. When you come in for your first visit you will have some paperwork to fill out, and will get to meet with the AIDS advocate who works for the church to determine all information is complete and to determine if you have any other needs that might need to be addressed. They offer individual, group, and couples counseling, and various workshops throughout the year. Current groups that are meeting include a HIV+ support group as well as a gay men's, lesbian support, and several sexual compulsivity therapy groups. **AU**

Craig Hayworth is Information and Referral Coordinator for the Foundation for Human Understanding.

HIV Persists And Can Replicate Despite Therapy

Information provided by NIAID

HIV persist and can replicate in patients who have no detectable virus in their blood as a result of combination antiretroviral therapy, according to a new report from researchers at the National Institute of Allergy and Infectious Diseases (NIAID) and their colleagues.

"Our findings indicate that an inducible reservoir of HIV exist in infected patients despite prolonged treatment with highly active antiretroviral therapy (HAART), and suggest that the time required for eradication of HIV from the body, if indeed possible, may be considerably longer than previously predicted," Says lead author Tae-Wook Chun, Ph.D., of NIAID's Laboratory of Immunoregulation (LIR).

Adds senior author Anthony S. Fauci, M.D., NIAID director and LIR chief, "These results underscore the importance of developing more potent antiretroviral drugs, as well as treatment strategies that specifically target latently infected cells that serve as hiding places for the virus. Although our current armamentarium of antiretroviral drugs has served many patients well, at least in the short-term, more progress must be made in the area of HIV

therapeutics if we are to speak of a cure for HIV disease."

Drs. Chun, Fauci and colleagues report their findings in the November 25 issue of the Proceedings of the National Academy of Sciences (PNAS). The embargo date for the PNAS paper has been moved to November 13 at 4:00 P.M. ET to coincide with the publication of two related reports in the journal Science from the laboratories of NIAID grantees Robert F. Siliciano, M.D., Ph.D., of John Hopkins University in Baltimore, and Douglas D. Richman, M.D., of the University of California, San Diego.

In their experiments, Drs. Chun, Fauci and colleagues studied 12 HIV-infected patients who were taking three-drug antiretroviral regimens consisting of a protease inhibitor (indinavir, ritonavir or saquinavir) combined with the two nucleoside analogues (3TC, d4T, AZT or ddI). A thirteenth patient received two protease inhibitors and two nucleoside analogues. These 13 patients had been taking HAART for an average of 10 months. In addition, four HIV-infected patients receiving no

Continued on Page 9.

Letters To The Editor



A Project of the PWA Coalition of Dallas, Inc.

P.O. Box 4338
Dallas, TX 75208-0338
(214) 941-0523 Voice/TDD
FAX (214) 941-8144
(e-mail: ASD0523@why.net)

http://www.serve.com/ASD0523/
President and Chief Executive Officer
Don Maison, Esq.
(e-mail: donmaison@why.net)

Board of Trustees

Officers
Stefanie Held, Chair
Hon. Ron Chapman, Vice Chair
Dianne Goble, Secretary
Robert Goldberg, Esq., Treasurer

Trustees

Douglas R. Cheatham, Ph.D.
Linda Davis Darden
David H. Donnell, M.D.
Brent Galtner
Lyle Henderson
Rita Kaba
Gerry Queltette, R.N.
John Studer

Ex-Officio Trustees

Michael Silver
Willie Law
David Quintero
Denny Cole
Patrick Kuhn
Tony Dorsey
Arturo Macias
David White

Advisory Board

Brent Galtner, Chair
Deb Elder
Michael Grossman
Steven Hall
Arthur Johnson
Wendy Krizan
Chris Luna
Karen Muncy
Jan Goodwin Munn
Dorena Edwards O'Bannon
Don Silin
Vernette Thomas
Jim Whittenburg

Co-Founders
Michael R. Meridian (1956-1993)
Daryl Moore (1960-1988)

October 30, 1997

Ms. Karen Estes, Editor
AIDS Update
PO Box 190869
Dallas, TX 75219-0869

Dear Karen:

Kudos to the *AIDS Update* and to writer Craig Hayworth for a very perceptive description of our mission and work at AIDS Services of Dallas. Mr. Hayworth's article describing our programs and facilities presented a thoughtful and perceptive analysis of the supportive housing available to persons living with HIV/AIDS in our community. It is obvious to any reader that you took the time to adequately research your subject.

Thank you.

Sincerely yours,

Don
Don Maison

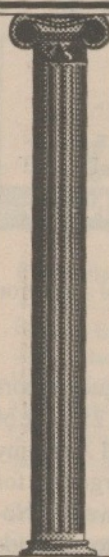
DJM:m



Recipient of
The Metropolitan Life Foundation Award
For Excellence in Affordable Housing

Get Tested

Available at the Nelson-Tebedo Community Clinic
(see p 21 for testing days and times).
Or Call 521-5124 to schedule the new Orasure test.



*Always Caring
& Compassionate*

Full Service Funeral Home & Cremation Services



METROCREST
Funeral Home, Inc.

1810 N. Perry Road • Carrollton, Texas 75006
972-242-3646

For recorded price information call 972-245-1883.

INCOME TAX RETURNS



Ron Allen
CERTIFIED PUBLIC
ACCOUNTANT

- Tax Services
- Former IRS Agent
- IRS Negotiations

3100 Carlisle, Suite 116

954-0042

Uptown Psychotherapy Associates



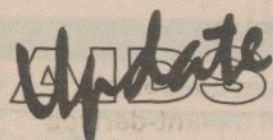
Individuals,
Couples & Groups

- Gay & Lesbian Issues
- Relationships
- HIV/AIDS
- Grief
- Life Changes

Tim Myrick Deborah Beckman

Licensed Professional Counselors
214/824-2220

Advertise in



9,000 copies
distributed monthly

Call 214-521-5124 ext. 120 for
advertising rates and
placement information.

Choose a Realtor Who Really Knows Our Community



Buying • Selling • Leasing
Nationwide Relocation
Commercial • Residential

214-979-0017
1-800-303-0071

UPTOWN

Deb Elder

Gift Of Honor

By Karen Estes

Don't miss out on the opportunity for some easy gift shopping this year. Over the years, we've made a tradition of Holiday Honor Cards, and want to continue this year. We will send a personal card to your friend, co-worker or family member — for your mom or Uncle Fred or friend-Carmen-who-already-has-everything — as a Christmas gift, a fall-into-winter solstice, new beginnings message.

We depend on your financial gifts and gifts of time and expertise — to give the services we can to people with HIV and AIDS. Prevention education and outreach, financial assistance, pet pals, visitation and HUGS, Positive Personals, AIDS Mastery,

and client education and wellness programs are areas that are in need for the coming year.

So that we can send the card during December, the sooner we hear from you, the better. Send your holiday gift of honor to: AIDS Resource Center, Gift of Honor, PO Box 190869, Dallas, TX 75219. Be sure to include your name and a daytime phone number as well as the name and address of the person in whose honor you make the gift. Call Sandy Lynn or Larry Bouchard at 214-521-5124 for details. **AU**

Karen Estes is Director of Administration, Operations, Marketing and Development for the Foundation for Human Understanding.

Volunteer Party

By Deborah Cavazos

Well folks, it is that time of year again when the staff begins "racking our brains" for new and better ideas for the Annual Volunteer Appreciation Party. We are still in the planning stages, but you can be guaranteed this year the event will be exciting and different. The planning committee is still ironing out details on the time and date of the grand event.

Once again we would like to give out thanks to all the volunteers for their hard work and precious time they give to the Foundation every day. Please stay tuned (and watch your mailbox) for more information and details on the Volunteer Appreciation Party. **AU**

Deborah Cavazos is Volunteer Coordinator for the Foundation for Human Understanding.

Make

us

your

beneficiary

If you are writing your will or updating your life insurance, please consider contributing to the many programs of the AIDS Resource Center or the Capital Funds Campaign.

Contact Sandy Lynn at the AIDS Resource Center, 2701 Reagan, P.O. Box 190869 Dallas, Texas 75219-0869 or call 214-521-5124.

AIDS
RESOURCE CENTER

P. O. Box 190869 • Dallas, TX 75219-0869 • 214-521-5124

Yes! I want to contribute the amount shown below every month to the AIDS Resource Center

Amount per month \$ _____ (minimum \$10) • To be charged to my
_____ VISA • _____ MasterCard • _____ AMEX

If by paying by Bank Draft: _____ please enclose a voided check.

Card Number _____ Expiration Date _____

Print your name _____ Signature _____

I authorize the above payment to the AIDS Resource Center.

Name _____ Address _____

City State Zip _____ Phone _____

Clip and mail this coupon
to pledge your support to the
Foundation for
Human Understanding,
its programs and services.

AIDS Daily Summaries

Provided by Phil Johnson Historic Archives & Research Library

The Centers for Disease Control and Prevention (CDC) National AIDS Clearinghouse makes available the following information as a public service only. Summaries such as these are available from the Phil Johnson Historic Archives and Research Library of the AIDS Resource Center. Copies may be obtained by contacting the library at 214-521-5124.

"Sex, Privacy and Tracking H.I.V. Infections"

New York Times (11/04/97) P. C1; Altman, Lawrence K. While contact tracing is a standard weapon in public health efforts against sexually transmitted diseases, the method's use for HIV infection has been the subject of debate since the epidemic began. With the advent of new treatments to hinder disease progression and prevent viral transmission, however, health officials are reconsidering the issue, so they may be able to reach the approximately 250,000 people in the United States who do not know they are infected. Contact tracing, a process that relies on the voluntary participation of infected individuals, most recently resulted in an HIV test for Nushawn Williams in New York State and enabled state workers to track down some of the women he infected with the virus. Although the health workers did not identify Williams while contacting the women he named, last week they sought and received a court order allowing his name to be broadcast because of concern he may have infected many women over a wide area. In spite of possible benefits, debate over contact tracing has centered around issues of privacy and discrimination. The federal Ryan White Care Act, for example, requires states to support programs that notify people who were married to an HIV-infected person up to 10 years before diagnosis. Some health workers, however, are concerned this practice could lead to spousal abuse.

"State Seeks Better Management of AIDS in Prison System"

Houston Chronicle (11/04/97) P. 18A; Walt, Kathy A top Texas Department of Corrections official said Monday that the state is investigating methods to control the spread of HIV in prisons. "Correctional facilities represent the largest concentration of high-risk HIV and AIDS persons," said Carole Young, chair of the Texas Board of Criminal Justice. "We want to make sure we're doing everything we can and that we're responsible in what we do." Young made her comments at the conclusion of a hearing on national trends in prison HIV-control. The board is considering increasing levels of HIV testing, distributing condoms among inmates, and making bleach available for cleaning injection drug paraphernalia.

"Human Papillomavirus Infection in Women Infected With the Human Immunodeficiency Virus"

New England Journal of Medicine (11/06/97) Vol. 337, No. 19, P. 1343; Sun, Xiao-Wei; Kuhn, Louise; Ellerbrock, Tedd V.; et al. A strong association between HIV infection and persistent infections with human papillomavirus (HPV) may explain the increase in incidence of squamous intraepithelial lesions in HIV-seropositive women, according to a new study. Dr. Xiao-Wei Sun, of Columbia University in New York, and colleagues report that an evaluation of 220 HIV-seropositive and 231 HIV-seronegative women in the New York City area found cumulative HPV prevalence to be 83 percent in seropositive women who underwent four gynecological examinations. Prevalence in the seronegative women was 62 percent. Persistent infections with HPV-16 or HPV-18 associated viral types, which are most strongly linked to cervical cancer, were found in 20 percent of the seropositive women versus 3 percent of the seronegative group. The authors said that the discovery of HPV DNA in women who had previously tested negative was not linked to sexual activity during the time between examinations. According to the researchers, the findings indicate that HIV-seropositive women are at a greater risk for squamous intraepithelial lesions and invasive cancer of the cervix, vagina, vulva, anus, and perianal regions.

"Health and Behavior: Protease Inhibitor Packs More Power"

USA Today (11/10/97) P. 4D; Manning, Anita A more potent version of Hoffmann-La Roche's protease inhibitor saquinavir has been cleared by the U.S. Food and Drug Administration. The new drug, called Fortovase, is expected to be on the market the week of November 17. The medication will cost about \$5,700 per year—the same as Invirase, the previous version of saquinavir. According to the FDA, Fortovase comes in a soft gelatin capsule that is rapidly digested and delivers more drug through the body than Invirase.

"Heterosexual Transmission of HIV in Women"

Journal of the Association of Nurses in AIDS Care (11/97-12/97) Vol. 8, No. 6, P. 84; Gaskins, Susan W. Nineteen percent of all AIDS cases reported from July 1995 to June 1996 were in women, and HIV/AIDS is the leading cause of death among women aged 25 to 44 in the United States, according to the Centers for Disease Control and Prevention. Worldwide, sexual transmission is the most common means of spreading HIV, and women are at a greater risk for infection through heterosexual trans-

Continued on Page 14.

Moving Into The 21st Century

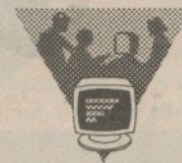
For those of you out there with access to the internet, The Foundation for Human Understanding can be reached via e-mail.

Phil Johnson Historic Archives & Research Library

FHULIB@IX.NETCOM.COM

Gay & Lesbian Community Center

FOUNDGAY@ONRAMP.NET



OAK LAWN PHYSICIANS CRYPTOSPORIDIUM RESEARCH STUDY

Clinical Research Trial Available For Men and Women with AIDS and diarrhea due to known cryptosporidium or unknown causes
Oak Lawn Physicians is currently conducting a clinical research study to evaluate the safety and effectiveness of an investigational drug in the treatment of cryptosporidium.



YOU MAY QUALIFY IF YOU HAVE:

- A diagnosis of AIDS
- Diarrhea (known or unknown causes)

For more information about volunteering for this research study call Dr. David Brand or Lori Miller, R.N. Located at Oak Lawn Physicians, 3514 Cedar Springs, Dallas, TX 75219. Phone: 214-520-1810 • Fax: 214- 526-8801.

AIDS Patients with HERPES

Peri Anal or Genital

Volunteers are needed to participate in a medical research study evaluating an experimental plant-derived anti-viral drug that is a topical gel for the treatment of recurrent genital herpes in combination with a standard treatment with an oral anti-viral agent.

Interested individuals must:

Have AIDS

Be 18 years of age or older

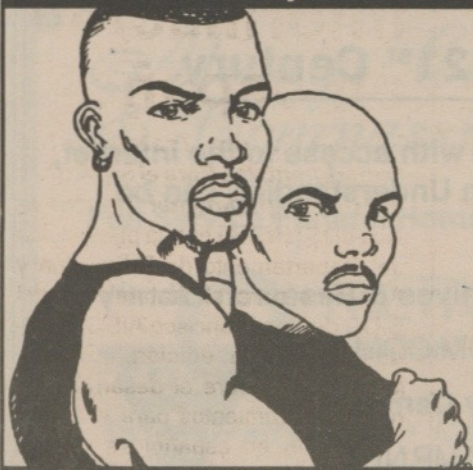
Have herpes outbreaks in the genital area

Involvement in this study requires clinic visits 3 days a week, a total of 8 visits.

Qualified persons will receive \$500.00

There is no cost to subjects accepted into the study. All study related examinations, laboratory tests and study treatment drugs will be free of charge.

This study is being conducted by Dr. David Brand at the North Texas Center for AIDS and Clinical Research at Oak Lawn Physicians. Please contact Lori Miller, RN, for additional study information at 214-520-1810.

Relationships in the 90's**Meeting Dates:**

- December -
4, 11, 18, 25

Call for times and to
reserve space or for
directions

2606 MLK Jr. Blvd, #203

Call 214-421-4343 or 421-4344
for more information.

Renaissance III, Inc.

**Strengthen Your Immune
System thru Exercise**

IMMUNOCISE
A NONPROFIT CORPORATION

**Daily Classes at
3630 Harry Hines
Sammons Center
for the Arts**

**Monday Thru Friday
from 11:00 to noon.**

Call 214-522-0650 for info.

**Holiday
Shopping!**

If you are looking for the
unique, unexpected,
unusual, unpredictable,
unorthodox, unrivaled, and
unmistakably different gift
or outfit for that someone
special. Check us out.

5464 Denton Drive Cutoff
(near Maple and Hudnall)
Dallas, Texas, 75235
Monday - Saturday: 11-6
214-630-8918

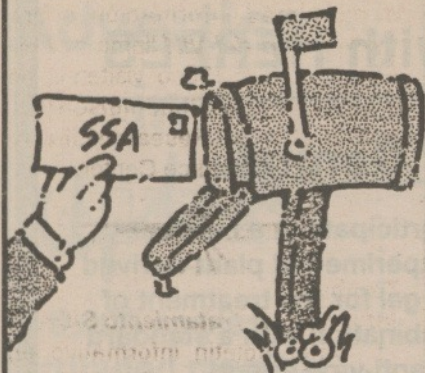
**retro
active**
UPSCALE/RESALE

Proceeds benefit the Community Service Programs of the AIDS Resource Center

In 1984, We Discovered
The AIDS Virus.

In 1850, We Discovered
A Way To Stop It.

Use Condoms. There's Living Proof They Stop AIDS.
HIV Helpline 214-559-AIDS or 1-800-924-AIDS

Moving?

U.S. Department of
Health and Human Services
Social Security Administration

If you're getting monthly checks from
Social Security, be sure to report your
new address. Even if your check goes
directly to the bank, Social Security
needs to know your current address so
other important correspondence can
reach you on time. If Social Security
doesn't have your current address, **your
benefits may be stopped.**

To report an address change, call Social
Security's toll-free number at
1-800-772-1213.

**Phil Johnson
Historic Archives &
Research Library**

Library hours are:
Monday 9:00 to 9:00
Tuesday 9:00 to 9:00
Wednesday 9:00 to 9:00
Thursday 9:00-5:00
Friday 9:00 to 4:00
Saturday 10:00 - 3:00
Other hours by appointment.

Services:

- Books available for checkout (two weeks) • Videos available for checkout (five days)
- AIDS-related computer searches (three day turnaround) • Clinical reference section
- Gay and Lesbian literature

Areas of Collection:

HIV/AIDS • AIDS Counseling • Biography • Abuse • Spirituality • Health and Wellness • Erotica • Nutrition
• Legal Issues • Alternative Medicine • Medical Reference • Relationships • Gay/Lesbian Parenting • Gay,
Lesbian, Homosexual Studies • Women's Studies • Men's Studies
• Gay & Lesbian Literature: Fiction, Short Stories, Poetry, Essays, Anthologies, Drama

Foundation for Human Understanding ▼ AIDS Resource Center
P.O. Box 190869 • 2701 Reagan • Dallas, Texas 75219-0869 • fhulib@ix.netcom.com

FOOD STAMP APPLICATIONS

If you are HIV
positive or have a
diagnosis of AIDS
we encourage you
to apply for Food
Stamps.

Call the AIDS
Resource Center
Client Services,
Dallas for an
appointment.

214.521.5444

VOLUNTEER

AIDS
at the RESOURCE CENTER

Call 521-5124 for
information on how to
become a volunteer.

■ SUGGESTION BOX ■

The Foundation has opened a mail box on our voice mail system for your
suggestions. Because we exist to serve the community, and if you're
reading this, you're a part of that community, we want to know your ideas
about what we're doing well and how we might do better.

All you have to do is call the suggestion box and leave your message.
Because we want you to be able to do this anonymously if you want to, we
have a stellar volunteer who checks the box regularly. (That way, if you
think staff might recognize that beautiful voice of yours, you can still use
the suggestion box.)

We look forward to hearing from you!

Call 214 521-5342 and enter #271.

AIDS
RESOURCE CENTER

AIDS Daily Summaries

Continued from Page 5.

therapy and one taking 3TC only were included in the study population.

Of the 13 patients receiving HAART, nine had levels of HIV RNA in their plasma below 500 copies/cubic milliliter (ml), the detection limit of the branched DNA (bDNA) assay used in the study.

The researchers isolated highly purified, resting CD4+ T cells from all 18 patients, and used a sensitive laboratory technique called the polymerase chain reaction to detect HIV DNA in an integrated form (i.e., inserted into the genes) in cells from each individual.

"Interestingly, levels of integrated HIV DNA were not significantly higher in untreated patients than in HAART-treated individuals," notes Dr. Chun. "As others have postulated, this finding suggest that

resting CD4+ T cells with integrated DNA do not decay rapidly in patients receiving HAART, and therefore may serve as a stable 'reservoir' of virus."

In addition to integrated HIV DNA, the investigators found unintegrated DNA in cells from all patients.

"The presence of unintegrated HIV DNA suggest that a low level of viral replication may continue even in the setting of HAART," notes Dr. Fauci. "In HAART-treated patients, we found that levels of unintegrated HIV DNA were 28 times higher than integrated HIV DNA levels. This suggest that even when HIV is undetectable in the plasma, a low degree of viral replication contributes to the maintenance of a reservoir of HIV- infected CD4+ T cells."

The investigators activated the resting, purified CD4+ T cells from all study patients and induced replication-competent virus from each patient's samples, includ-

ing from the 9 with no detectable virus in their blood. Of note, the virus they induced from the cells of 3 of 9 HAART-treated patients with undetectable virus was "syncytium inducing"—it efficiently killed cells in culture by causing them to clump together.

"Activation of at least some latently resting CD4+ T cells in patients receiving HAART can result in the production of cytopathic virus," says Dr. Chun. **A U**

NIAID is a component of the National Institutes of Health (NIH). NIAID conducts and supports research to prevent, diagnose and treat illnesses such as HIV disease and other sexually transmitted diseases, tuberculosis, asthma and allergies. NIH is an agency of the U.S. Department of Health and Human Services. For more information on this article contact Greg Folkers at (301) 402-1663.



Life Raft

Continued from Page 1.

with you (it's free) Look in the paper for something you'd enjoy doing, and ask someone, or two or three, to do it with you. It doesn't have to be a date.

Estranged from your family? Then you have to create a new one. Family traditions closed to you? Then begin your own. Thanksgiving adapts beautifully to groups of friends. Four to ten people can create an incredible Thanksgiving feast that lasts all day. You can give it a religious or secular flavor; and the easy no-pressure good spirits can fill you up as surely as the fabulous food. Just ask around—you're not the only one who's not going home for Thanksgiving. Make the day your own!

If you really are isolated, look for some ready-made social circles. Especially here in the Bible Belt, churches are the number one candidate. Synagogues work, too, as

do other religious centers. If you're a believer, all the better; if you're not, consider faking it. The right church might provide many, many good people, and a context for doing things with them. Or find a support group or three—groups form around almost every imaginable issue, and they are places where you can bring your heart. Real contact is possible, as are phone calls and get-togethers outside of group. Besides, in a support group you can be helpful to other people, too.

There's another secret of holiday joy: Most of the winter holidays are about giving. Feeling needy can make us forget that we can still give; that we still need to give. A deep satisfaction grows from giving. Can you read stories to kids or the blind? Can you spare an hour a week to visit elderly people in the nursing home? Can you (dare I say it?) write an article for some small newspaper or help them get it printed and distributed? Do you have the energy to help build houses with Habitat for Humanity? If time or HIV limits what you can you

can do, find something that fits your capacity. Call the Volunteer Center of Dallas County at 214-826-6767 and match your own needs to somebody else's. Let yourself matter to someone.

Joy, togetherness, contact—all spring from meaning. Take time to look inside and ask: What's really important to me? If I admit that I have some power to influence the world, what kind of changes do I want to help create? Gently push yourself toward involvement—however slight—with other people and groups who care about the same things. Nothing bonds like shared, meaningful endeavor.

Imagine the holidays as you would like them. Take some steps toward making it happen. You have a good chance of drawing some fulfillment out of the next two months. **A U**

Will Handy, LMSW-ACP is a counselor and psychotherapist at Stonewall Behavioral Health and Legacy Counseling.

Información en español

El boletín de *Tratamientos Experimentales Para el SIDA (Bulletin of Experimental Treatment for AIDS (BETA))* es una publicación del Departamento de Educación y Activismo para el Tratamiento del SIDA de San Francisco AIDS Foundation. Cada edición contiene información sobre el desarrollo de nuevos tratamientos para el SIDA. La edición en español se publica trimestralmente en los meses de febrero, mayo, agosto, y noviembre, y presenta artículos escritos para las personas que son VIH positivas y las personas que les proveen servicios de salud. Varias ediciones contienen informes breves, notas sobre investigaciones, un glosario extensivo e información sobre mujeres y el VIH.



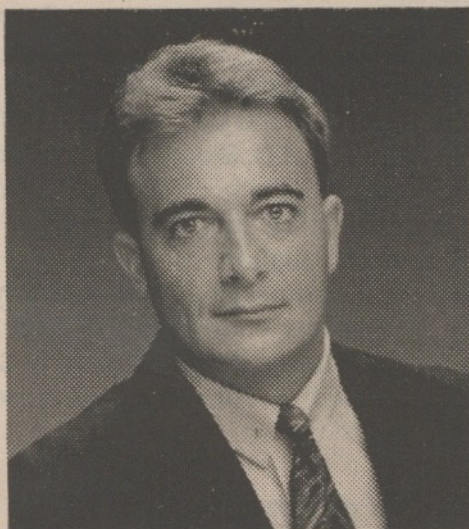
La publicación de *Prevención del VIH* es una publicación que es un proyecto del Centro de Estudios para la prevención del SIDA de la Universidad de California en San Francisco, y el Instituto para SIDA de Harvard.



Para recibir las ediciones de *(BETA)* o para más información sobre *Prevención del VIH* llame al 214-521-5124, ext 135 o visítenos en nuestra biblioteca *Phil Johnson Historic Archives & Research Library* en el AIDS Resource Center.



También: *Información Tratamiento SIDA* es el primer boletín informativo en español producido en Puerto Rico y se puede suscribir por \$10 anuales: c/o Juan Perez Mendez, 110 Calle Colomer 4D, San Juan, P.R. 00907, teléfono (809) 723-8582.



Dr. Gil Scarnati B.S., M.S., D.O.
Osteopathic Physician

Specializing in discreet and confidential
medical care to the community including a comprehensive
system of HIV/AIDS diagnostics and therapies.

2414 Routh • Dallas, TX • 75201

871-7979

Ongoing participation in clinical trials • Most insurance plans accepted



Our Volunteers for October

STEVEN ADAMS ▼ JOHN ALFARO ▼ JOHN ALTIER ▼ GARY ANDERSON ▼ CALVIN ANDERSON ▼ KAREN ANTOS ▼ SUSAN ARBAUGH ▼ THOMAS AUTREY ▼ TERRY AZBILL ▼ JAVIER AZUA ▼ GORDON BACHMAN ▼ ARWIN BAILEY ▼ GARY BAILEY ▼ EDDIE BAILEY ▼ JOE BAILEY ▼ BRIAN BALDWIN ▼ GARVIS BATES ▼ GREG BERGERON ▼ ALEXIS BESHARA ▼ JONATHON BLEVINS ▼ MICHAEL BOOKMAN ▼ PAULA BORTLIK ▼ JACKIE BOURRET ▼ JOHN BRADBURY ▼ CHERYL BRADFORD ▼ DAVID BRAUER ▼ LESLIE BREMBRY ▼ JACK BRENNER ▼ GEORGE BRIGHT ▼ HILARY BROOKS ▼ BILL BROSIUS ▼ TERRY BROWN ▼ MICHAEL BROWN ▼ ASHLEY BRUNDAGE ▼ ERIC BURLESON ▼ DON BURRIS II ▼ WILLIAM BUSH ▼ MARIO CANALES ▼ KELLY CANAVAN ▼ JIM CARTER ▼ LAZARUS CARTER ▼ JOHNNIE CLARKE ▼ VICTOR CLEMENTS ▼ JILL COCHRAN ▼ TOM COLLINSWORTH ▼ JOHN CORONA ▼ DOUG CROWDER ▼ RICK DAY ▼ ADAM DEAN ▼ DANNY DEAN ▼ DONNY DEMBY ▼ CHARLES DENNIS ▼ DAVID DOMINGUEZ ▼ JAMES DORWARD ▼ KAMRA DOWD ▼ ROBERT DOYNA ▼ RICHARD DUFFORD ▼ CORINNE DUSSEAU ▼ ELIZABETH DYER ▼ ROBERT EAKIN ▼ KENDALL EASTEP ▼ JAMES ELLIOTT ▼ GERALD ERBACH ▼ MARY ERVING ▼ ROGER FAIN ▼ ROBERT FALLSTROM ▼ JOHN FELTON ▼ MICHAEL FIELD ▼ GREGORY FISHER ▼ DEANE FLANIGAN ▼ MARY FORREST ▼ LYNN FRANCIS ▼ MOREAH FRITZ ▼ KRISTI FROELICH ▼ PAUL FULCE ▼ GARY GANT ▼ ALLEN GILL ▼ VALERIE GOMES ▼ JOSEPH GOMEZ ▼ TRUDIE GONZALES ▼ EDWARD GONZALES ▼ MARSHA GRAY ▼ CLYDE GREENHOUSE ▼ DAVID GROVES ▼ JOHN GUTIERREZ ▼ DAVID GWIN, JR. ▼ ROBERT HALL ▼ ELLEN HARRY ▼ STEVEN HAWKINS ▼ KENNETH HENRY ▼ BARRY HEWLETT ▼ ELIZABETH HILL ▼ RANDOL HILL ▼ DARYL HINSHAW ▼ GEORGE HOLT ▼ HUGH HOOD ▼ JEROME HUGHES ▼ CARL HUTTO ▼ ELLEN ISALY ▼ DICK JEFFCOAT ▼ RONALD JEFFERSON ▼ ELICID JIMENEZ ▼ ROBERT JIMINEZ, JR. ▼ RANDY JOHNSON ▼ ERIC JONES ▼ GEMEY KALIFF ▼ MICHAEL KEARNEY ▼ MARIAN KEARNS ▼ PALMER KEITH ▼ BUD KNIGHT ▼ ANNA KOETTING ▼ GREG LAND ▼ CHRISTY LANE ▼ JAMES LAWS ▼ KEELY LAWSON ▼ DEBORAH LEAL ▼ JAMES LECROY ▼ BEVERLY LEU ▼ DANIEL LEUNG ▼ VAUN LITTLE ▼ DAVID LITZ ▼ LARRY LOCKHART ▼ JULIA LONG ▼ CHARLES LOPEZ ▼ LOUISE LOVELL ▼ EVANGELINE MACASIL ▼ SHARON MARCUS ▼ GUSTAVO MARQUEZ ▼ MARY MARSHALL ▼ DENNIS MAUST ▼ BARBARA MCCARTNEY ▼ ROBERT MCCLURE ▼ LISA MESA ▼ RICARDO MESA ▼ GREG MILLER ▼ TIM MILLS ▼ TIMOTHY MILLS ▼ MARTIN MOORE ▼ WILLIAM MORRIS, JR. ▼ JOHN MUDRYK ▼ JOHN MUELLER ▼ BILL MUSICK ▼ BENNETT MYERS ▼ MARK NASH ▼ JULIA NEELY ▼ DEL NELSON ▼ DORIS NEWTON ▼ JERRY ORAND ▼ MAY OSBORNE ▼ STEVEN PAINTER ▼ PAUL PALMER ▼ LOUIS PEN ▼ KEN PERDUE ▼ KENNETH PERDUE ▼ E. PETERSEN ▼ DEBRA PFARRDRESCHER ▼ DONALD PHILLIPS ▼ SUZANNE PISCHEDDA ▼ LANA PITMAN ▼ STEPHANIE POHL ▼ RONNY POLLAR ▼ ANDREW PRIMM ▼ JUAN RAMIREZ ▼ MARGARET RATLIFF ▼ STEVEN RAYL ▼ RHONDAL REAMES ▼ WESLEY ROBERTSON ▼ VIRON ROE ▼ BART ROGERS ▼ ROBERT RUPP ▼ RENE SANCHEZ ▼ MARK SANTOSCOY ▼ ROSEMARY SCHMADER ▼ CRAIG SCHUMACHER ▼ ROGER SCOTT ▼ JASON SESSOM ▼ GARY SISTO ▼ EDWARD SLATER ▼ CRYSTAL SOLIS ▼ MARGARET SONG ▼ BOBBY SPENCER ▼ BOBBY SPENCER ▼ JAMES SPENCER ▼ JOHN STEWART ▼ ROBERT STUTZ ▼ TERRY SUGG ▼ KENNETH SURLEY ▼ LAURIE SUTOR, MD ▼ NATALIE SWAN ▼ WAYNE SWEARENGIN ▼ THOMAS SWEARINGEN ▼ JERRY TASHBOOK ▼ JEFFREY TAYLOR ▼ CHRIS THEIN ▼ TERRY THOMAS ▼ ROGER THORNE ▼ BAO TRAN ▼ JULIAN TREVINO ▼ MARTHA USREY ▼ DALE VAUGHN ▼ JOHN VEGA ▼ ANTHONY VELIZ ▼ EMILIO VERA ▼ TIM VINZANT ▼ MITCHEL WALTERS ▼ DANIEL WASYLEWSKI ▼ THOMAS WEGNER ▼ THOMAS WENDELL ▼ MARK WESTEL ▼ DANIEL WHITWORTH ▼ PAUL WILSON ▼ MICHAEL ZEROOGIAN

The staff of the AIDS Resource Center and Nelson-Tebedo Community Clinic, proudly recognize and thank our volunteers.

Jeannette Baillie, Larry Bouchard, Dora Bradford, Jerry Calumn, Bret Camp, Lazarus Carter, Deborah Cavazos, Charles Chaffin, Franké Cortez, Roger Crowe, Charles Domingues, David Dunlop, Starr Eaddy, Karen Estes, Gil Flores, Mary Franklin, Rico Garcia, Rosa Garcia, Tony Gates, Jesús Géliga, Sue Gibson, Sid Mary Gonzales, Sid Gonzales, Amy Hardin, David Harmon, Craig Hayworth, Craig Hess, Scott Hughes, Kelly Kawnak, Kevin Lee, Bess Leggett, Sandy Lynn, Carl Moore, Dennis Myrick, Dona Parks, Jamie Schield, Jim Spangler, Kevin Terrell, Auntjuan Wiley, Mike Williams

Every gift to the AIDS Resource Center or the Foundation for Human Understanding is important. We cannot do the cost-effective, vital work we do without you—the individual, concerned donor. The following is a group deserving of special acknowledgement, and our life-saving gratitude—those who contribute every month, whether by credit card or bank draft or monthly checks. You sustain us. It is gratifying to know we can count on you. Thank you.

*We invite you to join this
wonderful group of sustainers.*

Steven L. Adams • Kimberly Allen • Richard & Barbara Anderson • John D. Anderson • Michael Anglin • Basil J. Asaro • Melanie and Chris Austin • Leo O. Bacher, Jr. • B. Eileen Beasley • Richard J. Biros • Michael J. and Abby Blackburn • Perry Blake and Eduardo Gonzalez • Michael Boothman • Sharon Booton • Jacqueline Bourret-Mackey and Kevin Mackey • Michael Brantley • Paula F. Brill • William A. Brosius • Gordon and Patricia Cathey • Mary Ann Cauble • Bert Chauveaux, MD • Caven Enterprises, Inc. • Julie Cohn • Michael B. Collins • Leslie Coney • John E. Conway • Rocke Corley • Jackie P. Costello • Patrick W. Daly, MD • Patti A. Davenport • Paul G. Davidson • Thomas S. Desmond • John F. Dixon • Chuck Donaldson • Ron S. Dougherty • Marsha Harris Edwards • Edwin E. Ellis • David Ellis and Howard Okon • Ben W. Finley and John E. Searles • Lewis Finley • Robert Folz • Lee Ford • Thomas S. Fowler • Richard Fucik • Marilyn Galambush • Kyle and Marilyn Galbraith • Steve Giammarco • Kurt L. Gillingham • Marilyn B. Gordon • Dr. Paul Greenlee • Deborah Survil Guererro • Nancy and Randy Halford • Carlton and Nancy Hall • Donald Hall • David Hankins • Charles Harrill • Lori Hawk • Steven B. Hawkins • William J. Herm, Jr. • Rick Hibbitts, Jr. • Maurice Ivey and J. Martin Nichols • Kathy Jackson • Carl Jensen • Edward and Mary R. Kay • William J. Keefe • Steven C. Keeling • Eugene W. and Armelle Kellogg • William and Bonnie Kenney • Kyle Kerr and Gaston Maurin • Terry A. Kerr • Mark Kidwell • James and Jesse Kingston • Thomas E. Kinney • B. Gene Klassen and Jay M. Scott • Sabre Klein • Paul Kraft and B.J. Wilhite • Andy Krauss and Ted McDermott • Peggy Lamb • Robert Latta • Roger N. Layne • Kathleen Lee • Flo M. Leslie • Lucinda Lewis • Nancy Lukken • Harold and Kathryn N. Madison • Miriam Manduca • William and Margaret Manser • Charles Marlett and Jim Vasilas • Richard Maroney • Juan Martinez • William Rex Mathieu, Jr. • Leslie Harris Matney • Jay Mauk • J. Vernon McCadle • Gary C. McMahan • Sharilyn B. Melde • Susan Posnic Melton • Fabian Errol Miller • Michael Miller • Charles Dee Mitchell • Phillip L. Moss • Kathryn Muckleroy • David J. Mullally • T. Brian Mumey • David M. Nesser, MD and Bob Shields • J. Martin Nichols and Maurice Ivey • Eddie Nunns, Jr. • Jay W. Oppenheimer • Grace Oxlade • Phil Perry • James D. Powell • Kathryn Price • Brenda S. Prothro • Steven S. Rayl • Randall Ray and Victor Guerrero, III • Tammy Reeder • Graham and Kazie Reese • Kathy S. Richardson • Michael Riley • Tom and Kathy Ritter • Rob Rowland and Daryl Richardson • Ronnie Beth Rump • Christopher Salerno • James L. Schield and Marco Salinas • Garrett M. Scott • John E. Searles • Cecilia Shelmon and Judith Hedrick • Jim and Carolyn Sime • W. D. Sime • Ed Slater and Karl Mihay • Joyce D. Slocum • Raymond E. Smith • James H. Smith • James M. Smith • Roynda Bowen Storey • Joan Tankersley • John Thomas and Gary Lanham • Janell Todd • Steve Tracy • Sharon L. Vaughan • Daniel Verona • Gary Michael Wasson • Peter Webb • Cornelius J. Weber • Larry White • T. Scott Wilk • Leah A. Williams • Jerlean E. Wilpret • Michael L. Wilson • Sheree A. Wilson • Leslie Worley • Anthony C. Yardley • Martin Yates • Steven Yevich & Terry Cook • Louise Young & Vivienne Armstrong

Thanks! We couldn't do it without you.

They live on . . . For they've been remembered by those who loved them.

• Memorial Donations to the *AIDS Resource Center* •

AIDS ACTIVISM IN DALLAS
Gary Bellomy and William Kolb

DAVID CURTIS ANDERSON
John D. Anderson

TREY AUTREY
Kathryn Price

TREY AUTREY
Jim Barton
Kelvin Schultz

WILLIAM BERRY
J. Vernon McCordle

HARRY C. BOWERS
James D Powell

RANDY BROWN
Marilyn B. Gordon

DWIGHT BYRD
Susan Posnick Melton

AL CALKIN
Chuck Donaldson

ROY CAMPBELL
Wanda Campbell

KEVIN CARROLL
Basil J. Asaro

CRAIG CHICOLA
Nancy and Randy Halford

STEPHEN CRONK
Graham and Kazie Reese

DAVID
Elizabeth Clark

JOHN V. DAVIS
Ms. Mimi Davis

SCOTT DERAGOWSKI
Basil J. Asaro

DIANA PRINCESS OF WALES
Darise Error

GLEN DRUMRIGHT
Carl Jensen

DAVID FEIN
Corinne Epstein

MIKE HEARN
John D. Thomas

JOE HILLHOUSE, JR
Lucinda Lewis

PAUL HOUGLAND
Basil J. Asaro

DR. HARVEY JOHNSON
Susan Bohren Brodner

SUZANNE WILSON KEEFE
William J. Keefe
Dee Sligar

JOHN KOVAR
Karen Estes
John Thomas
Staff of Lucky's

JOHN LEWIS
Dr. Paul Greenlee

VINCENT LEWIS
Robert Yarbrough

BRUCE LONG
Steve Tracy
Tom and Kathy Ritter

MARIO G. MARCANGELO
Rocke L. Corley

STEVE MEHAL
Steve Giammarco

DAVID SIMMS MONETT
Betty Hudson Cooke
R.W. & Eleanor Anderson
Elizabeth M. Spencer
Shelley S. Turner
Dorothy Jane and Ralph Gross
M. Scott and Susan Myers

AL MONTGOMERY
Dr. Paul Greenlee

D. COLE MUESSE
Larry White

BOBBY NICHOLS
Kelvin Schultz

RICHARD (DICK) NOLAN
Richard A Maroney

CARL PIAZZA
Donald Hall

JACKIE RALEY
Joseph Campanella

MATHEW RODRIGUEZ
Janelle Todd

A. C. SCARBOROUGH
Ben W. Finley

MARK SENNIKOFF
Basil J. Asaro

KEN SHAVER
Deborah Survil Guerrero

SAM LOEB SIKORA
David Sikora

GEORGE STRAIN
Sheree Ann Wilson

PAUL CLARK TANKERSLEY
Joan V. Tankersley

EUGENE WADE TAYLOR
Kathryn Taylor

KEVIN "DALLAS" THOMASON
Sharon Vaughn
Vaughan Construction

CRAIG TURPIN
William Herm, Jr.

GRANT BRIAN WAGNER
Ron S. Dougherty

JASON KENT WORLEY
Melanie W. Austin

STEVE WORTHY
Basil J. Asaro

DON YORK
Gary Lanham



*I wonder at times why some are chosen to leave so soon.
Then I remember who has left, and I know God
must have wanted them home because he missed them.*

Donations to the *AIDS Resource Center* given in Honor of:

TIMOTHY BROWN
Nancy and Randy Halford

BUDDIES II
Cynthia Cinatl

GURUMAYI CHIDVILASARADA
Thomas S. Fowler

GREG COLE
Kate Muckleroy

FIRST UNITARIAN CHURCH
Mark Eric Miller

BRIAN FLATT
Raymond Smith

CHRIS FRANK
Kathy S. Richardson

DAVID GRAY
Michael and Abby Blackburn

RANDY KRUSE
Roy Martin

ROB LAWRENCE
Michael and Abby Blackburn

MR. & MRS. HAROLD BRANDT
Mr. & Mrs. Martin Rodman

JOHN LONGBOTHAM
William and Margaret Manser

RETROACTIVE
The Executive Branch

TOM SEAY
Janelle Todd

BECKY SHELLY-GATES
Peter Webb

PATRICK SINNOTT
Paula Brill

TOM STRAUSS
William and Margaret Manser

JOHN THOMAS
Caven Enterprises, Inc.,
for the John Thomas Permanent
Endowment Fund

TOM THORNHILL
Sharon Booton

**UNITED COURT OF THE LONE STAR
EMPIRE**
Jon Browning
Jessica St. Jon



Helpful Numbers

All numbers 214 except as noted.

ACT UP	521-5342 x 224
AIDS Arms Inc.	521-5191
AIDS Information Helpline	559-AIDS
AIDS North Texas Hotline	(800) 924-AIDS
AIDS InterFaith (Oak Cliff Office)	941-7696
AIDS InterFaith (Tarrant Office)	817-870-4800
AIDS Mastery	521-5342x325
AIDS Outreach Center, Ft. Worth	817-335-1994
AIDS Outreach Center, Arlington	817-275-3311
AIDS Prevention Project	944-1050
AIDS Resource Center	521-5124
ARC FAX line	522-4604
AIDS Services/Dallas	941-0523
AIDS Services of North Texas	940-381-1501
African-American Health Coalition	941-7696
Alcoholics Anonymous (Lambda)	522-6259
American Red Cross	871-2175
AmFAR	(800) 36-AMFAR
Bethlehem Foundation	371-3407
Bluit-Flowers Clinic	590-4200
Bryan's House	559-3946
CDC National AIDS Hotline	(800) 342-AIDS
Spanish	(800) 344-SIDA
TDD/TTY	(800) 243-7889
Counseling Co-Op	528-3720
Crisis Contact	
Adults	(972)233-2233
Teens	(972)233-TEEN
Dr. Doug Crowder	521-5342 x 311
Daire Center	520-8108x311
DCHD STD Test information	637-1819
DCHD Food Stamps	819-1800
Dallas Gay & Lesbian Alliance (DGLA)	528-4233
DGLA FAX Line	521-6424
Dallas Legal Hospice	941-2600
FAX	941-2205
Dallas Urban League	528-8038
Deaf Action Center	521-0407
Dental Program	521-5342 x 203
DIFFA	748-8580
Drug Trial Information	(800) 874-2572
Ethel Daniels Foundation	823-9090
ARC Food Pantry	521-3390
Gay and Lesbian Community Center (GLCC)	
GLCC Business Office	528-9254
Voice Mail Services	521-5342
GLCC Fax line	522-4604
Gay, Lesbian, Bi Young Adults	521-5342 x 260
Gay Issues Hotline	528-0022
GLAAD	1-800-GAY MEDIA
Glutathione Study Pacific Oaks	818-906-6279
Help Me, Accept Me after 5pm	972-416-6632
Hope Counseling Center	351-5657
Housing Opportunities for PWAs (HOPWA)	
Immunocise	819-1828
Lambda Weekly	522-0650
La Posada	823-8930
Legacy Counseling	826-3371
Lesbian Moms/Gay Dads	520-6308
Lesbian Visionaries	526-5088
Men's Coming out Support Group	521-5342 x 844
MCC/Cathedral of Hope	522-9909
NAMES Project	351-1901
Nelson-Tebedo Community Clinic	520-7397
N-T FAX line	528-2336
OLCS	528-8436
OUT Youth Dallas (formerly GLBYA)	520-8108
Pediatric AIDS Network UTSW Medical	521-5342 x 260
PFLAG	522-6259
PWA House	348-1704
PWA Health Grp Buyer's Club	941-0523
Parkland Hospital AIDS Clinic	212-255-0520
Planned Parenthood	590-5632
Positive Personals	368-1485
Project Esperanza	521-5342 x 250
Project Inform	526-1704
RetroActive	(800) 822-7422
Salvation Army	630-8918
Social Security Administration	688-4494
South Dallas Health Access	(800)772-1213
Suicide & Crisis Line	421-7848
Trinity Ministry	828-1000
Weatherford HIV-AIDSSupport	653-1711
Welcome House	817-596-3022
White Rock Community Church	426-4160
Margaret K. Wright Clinic	320-0043
Young-Elder Women's Health	421-7848
	528-2336

Project Inform Redesigns HIV/AIDS Website

Announcement from Project Inform

In its continuing effort to provide easily accessed, comprehensive HIV/AIDS treatment information, Project Inform, one of the nation's leading HIV/AIDS treatment information and advocacy organizations, announced today a major redesign of its Web Site. The changes enable users to more easily review and access Project Inform's wide range of resources. New features include easily identifiable icons to ease navigation through the site, expanded treatment information resource pages, updated pages about Project Inform services, direct access via electronic mail to Project Inform departments, and the ability to easily make donations to support Project Inform programs.

Since its launch in April of 1996, use of the web site has grown dramatically. Currently the site averages over 114,000 requests for information per month from over 80 countries. Inspired by a group of staff and volunteers convinced that Project Inform needed to be represented on the World Wide Web, initial funding came via a \$25,000 grant from Pacific Telesis; donations of creative energy and technical expertise came from volunteers Grahame Perry, Dave Thompson, and Paul Buckley; equipment donations followed from Apple Computers and Bay Networks. Whole Earth Network hosts the web site free of charge. The redesign, made possible by a new grant of \$50,000 from Macy's Passport '97, includes graphic design elements donated by FCB Healthcare and donation page software and expertise donated by North Tower Technologies. "While still maintaining a relatively small staff and budget, Project Inform has been able to continually expand its quality treatment information and advocacy services due to the incredibly creative partnerships between PI's staff and volunteers and individual and corporate sponsors," said Annette Brands, Project Inform's Executive Director.

The relative ease of electronic updating enables Project Inform to publish and distribute information quickly in a field-AIDS care-where life-enhancing information can change quickly. "Our goal is to get information on-line as soon as it's published in-house at Project Inform" said volunteer web master, Grahame Perry. "We realize that many people make important treatment decisions based on the information they get from us. We're ready to use the latest Internet technology to get information to people affected by HIV. For this reason, new web-experienced volunteers are constantly needed to help keep the site current. If you've got the skills, contact us at volunteer@projinf.org to volunteer."

At the home page site visitors can choose from several icons to click on including:

- the Publications icon: new PI publications including "PI Perspective", "WISE WORDS", which focuses on women's treatment issues, fact sheets on indinavir and other protease inhibitors, thalidomide, DMP266, 141W94, and IL-2, discussion papers on Antiviral Strategies, Adherence to Treatments, Dementia, and Drug Side Effects, and PI information in Spanish. Publications are organized by subject and are keyword searchable.
- the Outreach and Education Icon: information regarding PI's National Town Meeting and Technical Assistance programs.
- the Donations Programs icon: information about donor programs available and special fundraising events.
- the Volunteer icon: information about volunteering in various projects.
- the home page: includes access to and a calendar of upcoming events, a file index, HIV treatment links, reports from scientific conferences, PI policy and advocacy alerts, PI Annual Report, and job announcements.

The site's HTML-formatted documents contain all of the information of the original printed documents and many of the site's most popular documents are now available in Adobe PDF (portable document format) which facilitates electronic distribution and duplication. "Now you can tell us what you think of our site by filling out our questionnaire," commented Perry. "You can subscribe to our mailing list to receive the PI Perspective or have the Introductory Treatment Pack mailed to you."

The site is accessible by web browsers such as Netscape, Explorer, etc., and is located at <http://www.projinf.org>. The following departments may be contacted by electronic mail:

- info@projinf.org - for comments about the site's treatment and policy information

- or suggestions about content organization.
- outreach@projinf.org - for details about Project Inform's outreach and education services including the National Town Meeting program, national and Bay Area PI-in-Person program, and Technical Assistance programs for healthcare and service providers.
- support@projinf.org - for details about extensive donor opportunities, donor services, upcoming events, and how to make donations via MasterCard, VISA, or American Express.
- tan@projinf.org - for information about Project Inform's Treatment Action Network (TAN) which is the largest network of individuals working on HIV/AIDS research and treatment issues.
- volunteer@projinf.org - to make comments and suggestions about the web site.

Future plans include access to Project Inform's National HIV/AIDS Treatment Hotline for treatment and access questions. Until then, written information is available for review; treatment and access questions are best answered by calling the Hotline at 800-822-7422 (US) or 415-558-9051 (San Francisco or international). Upcoming publications include a discussion paper on Women and HIV, a fact sheet on saquinavir and ritonavir and November issues of PI Perspective and WISE WORDS.

Like last year, Project Inform will provide nightly updates on each day's events at February's Conference on Human Retroviruses and Opportunistic Infections, one of the year's most important AIDS conference that takes place in the U.S.

AU

The above information was supplied by Project Inform. For more information about Project Inform or information on their website contact Annette Brands at abrands@projinf.org or Ben Collins at bcollins@projinf.org. Either may also be contacted at 415-558-8669.

POSITIVE+PERSONALS

• Volunteers needed •

Party Animals: (Social Committee): Responsible for planning and implementing monthly HIV-positive singles social activities.

Data Entry: Responsible for assisting with day-to-day duties of maintaining the Positive+Personals program.

Production: Responsible for designing and paste up and associated duties.

Internet/ Web site management: Responsible for maintenance of the web site on a monthly basis. Would like someone with a little knowledge of html.

If you are interested in volunteering your time and efforts to a worthy cause, we need you! Please call voice mail number (214) 521-5342 Ext. 318 or 319 and leave a message for Auntjuan Wiley.



Positive + Personals

The Non-Profit Texas Lifestyles Connection For HIV-Positive
People Regardless Of Sexual Orientation, Race Or Gender

December/January 1998

Issue 9



1997/1998

New Years Eve Blowout

Come out and enjoy the sights
and sounds of Dynamic DJ Chet
Green, and help us to take this
year out with a bang!! Party fa-
vors, Champagne, and a fabulous
buffet provided

When: Tuesday, December 30, 1997
Where: Brick Bar (4117 Maple Avenue)
Time: 8:00pm - Midnight



Internet

When you see this enve-
lope throughout the
newsletter it represents
that the advertiser has a
e-mail address on the
Internet.



Send your responses to
reply1@airmail.net
include the ad number
please.

Just A Reminder

Remember, FREE gym
memberships are
offered at Midtowne
Spa to male clients of
the AIDS Resource
Center. To Take
advantage of this offer
just present your client
card upon arrival. This
is offered from 8am to
6pm daily. M-For more
information please call
214-821-8989. This
temporary membership
is good for 4 hours a
day Monday - Friday
Another great way to
get your exercise is to
join Immunocise.
Classes meet M - F,
11am at the Sammons
Center for the Arts. For
additional information
please call
214-522-0650

Dallas / Fort Worth

Austin

Sherman

Houston
San Antonio

EVERYWHERE BABY!

STATEWIDE
PRINTED NEWSLETTER
CALL FOR DIST. SITES

WORLDWIDE
INTERNET NEWSLETTER
WWW.PLATO.DIVANET.COM/POZPSNL

Brownsville
Galveston

El Paso

Waco

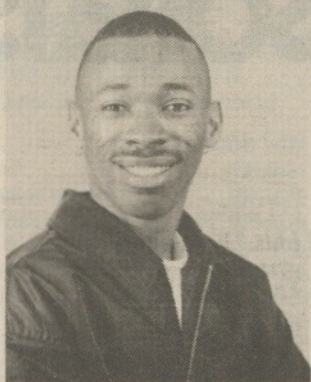
Texarkana

Denton

Hey,
Doc! PAGE 2

Last
Word PAGE 7

Positive + Personals



Positively Speaking

A friend once told me not to become too comfortable being unhappy or dissatisfied with my life of situations. I wondered in silence what he mean by that statement. It wasn't until later I recognized how powerful a statement that was. Many of us go through life as if it were a set of pre-designated routines, perhaps even a check of things to do on a regular basis. If these events or tasks do not bring you some level of joy or satisfaction, then what is the purpose. Life is meant to be shared with our loved ones, family and good friends alike. Most significant events have more meaning

when you have someone to share them with. Living Healthy with HIV disease should still include these principals of life. Sometimes we accept the unacceptable or deal with the unbearable. A new year is awaiting us with new goals, opportunities, and let us not forget new resolution. Whether you accomplish all of your New Years' resolution or not is irrelevant. Just as long as you are not to *comfortable* with what you do.

On a different note I personally want to extend our deepest apology to you, our dedicated readers for any missed issues of *Positive Personals* over the last few months. Becoming one with our sister publication, *AIDS Update*, has provided us the stable platform for us to continue to produce our newsletter. Rest assured that any subscribers who have missed issue will be taken care of. I will be extending those subscriptions. If you have any additional concerns or comments please contact me personally at 214-521-5444 ext 154 or email me at clubone@airmail.net

Love & Peace

Michael Williams

HeyDoc!

I consider myself an educated patient and I want to know if there is any source where I can find out about drug interaction before I start any particular therapies. Many times I am concerned if the drug I take will work together as well as if there are any dietary changes that I might need to make to ensure that I maximize the effectiveness of the therapies.

Educated patient

The best source is your doctor who prescribed the medication. Another source is the package insert included with most medications. Another source is the "Physician's Desk Reference" (PDR), which can be found in the public library or most major bookstores.

Doc

All published responses provided by
Dr. John J. Quinn, III MD

If you would like to write to
Hey Doc! Send your medical related questions to:
Hey Doc! c/o
Positive Personals
PO BOX 190869
Dallas, Texas 75219-0869

Positive + Personals

Editor
Mike Williams

Graphic Artist
Albert Pena
Mike Williams

Operations
Michael Bookman
Lonnie Parks
Gregg Smith
Edwin Swords
Shawn Casaba
Tricia Smithson

Volunteer Coordinator
Auntjuan Wiley

Artist
Joseph Galate

Photographer
Alan Bell

Contributing Writers
Lonnie Parks
Gregg Smith
Ben Roberts
Michael Fields

Positive + Personals is a confidential, empowering service by and for HIV-positive people - Gay, Lesbian, Bisexual and Heterosexuals. *Positive + Personals* is a monthly publication of the AIDS copyright(c) 1997.

For subscriptions and address changes please call 214.521.5444 Ext. 318; or write *Positive + Personals*, Box 190869, Dallas, Texas 75219-0869; Facsimile 214.521.3859. **FOUNDATION** FOR HUMAN UNDERSTANDING
a project of the
--a 501 (c)(3) non-profit corporation.

In Memory Of Our Founders, David Scott Reed (1946-1996) and Cecil Ray deLoach (1952-1991)

Living With HIV? The Medical Escrow Society

can help you make the **most** of your life insurance today.

You receive **CASH NOW** for your life insurance policy (up to 85% of your policy's value).

We create competition and negotiate among the 12 most reputable funding sources to make sure you receive the **highest cash settlement.....We work for you!**

We qualify **anyone** with a life threatening illness. Absolutely **no fees or obligation** at any time.

All types of policies qualify: group (issued through employment or associations), term, whole life, universal, federal employees (FEGLI), and veterans (converted VGLI).

All your personal and medical information is held **strictly confidential**.



Client information kits including applications can be requested 24 hours a day by calling :

1-800-422-1314

www.med-escrow.com

Se Habla Español

© The Medical Escrow Society 1997

PERSONAL ADS

ABBREVIATIONS

sex	
M	Male
F	Female
orientation	
S	Straight
B	Bi-Sexual
G	Gay
ethnic background	
B	African
	American
W	Caucasian
NA	Native
	American
A	Asian
others	
ISO	In search of
N/S	Non-smoker
N/D	Non-drinker
LTR	Long-Term Relationship

Positive Personals' newsletter contents will always be appropriate for all ages. Participants must be 18 years or older. The editor does reserve the right to edit or rejects ads that do not meet the standards of acceptance of the newsletter. The publication assumes no liability for the content or the reply of personals advertised. The program encourages all people responding to personals to take the necessary safeguards when responding or arranging meetings with ad holders.

special interest ?

BiWM, 30, 5'6", 190#, Br/Br
ISO GWM/GBM 35 - 55. H/W prop. I prefer older men who are educated and financially set. Well endowed is a plus. I am looking for mainly a top. Me: I'm about 95% bottom who is very experienced in carnal knowledge. I have very little body hair. I'm currently incarcerated in TDC. Expecting to be released in the latter part of 98'. I'm a very loving and caring person who knows how to be the perfect daddy's boy. My interests include crossword puzzles, writing erotic fiction, making erotic movies, tattoos, photography, exotic animals, gardening, and classic rock. I'm trying to quit the smoking and I'm a light drinker. **ABSOLUTELY NO DRUGS!!!** I'm butch acting and muscular. My health is 100% and I need someone to love and hold the whole day through. I really enjoy cuddling and kissing. I'm from Dallas and am near Houston now. Would love to hear from you soon. Will write everyone that I hear from. (BIM-008, Beaumont, TX, 12/97) New!

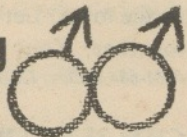
BiNAM, 21, 5'11", 130#, Br/Br
I am a bisexual male looking for someone to write to. I am new

to this stuff. I'm 21 years of age. I'm from the Houston area. I like all types of music, cooking, camping and going to different places. I'm looking for a GWM between the ages of 18-40. I will answer all responses. (BIM-010, Roshamon, TX, 1/98)

BIWM, 37, 5'8", 155#, Br/Gr
Down to earth, Fun loving, sensitive. Into nightlife, nude beaches, traveling, I smoke. N/D. ISO Female 18-40 any race for pen pals and exchange intimate photos. Will provide B&B to right person visiting central Florida area. (BIM-011, Summerfield, FL, 02/98) NEW!

GWM, 40, 6'2", 190#, Br/BI
GWM, 46, 5'10", 165#, Br/BI
GWM couple [1] HIV- [1] HIV+ ISO someone looking for a stable home. Be a part of our home. 45 minutes north of Dallas East of Denton, TX - 200 acres all types of animals. Beautiful nature area room to roam. Must be honest, dependable and looking for L/T situation. Your responsibilities: helping around the place when you're not working or going to school. For the right person our home will be your home. Interests: Flea markets, animals, small social groups, horseback riding, c/w dancing, and enjoying nature. Also would enjoy meeting or corresponding with other singles or couples with our same interests. (GC-001, Pilot Point, TX, 1/98)

males seeking males



GBM, 29, 5'10", 140#, Bi/Br
Hello Dallas, This lovable GBM is ISO that very special, single GWM for dating &?? Nice looking slender GBM top/versatile 5'10", 140lbs, Bk/Br, mustache (goatee) who is in touch with his HIV status, non-smoker, drinker, drug free. (On the Cocktail) masculine. My likes include TMC, Village (Dancing), my computer, and I'm a movie/TV buff. You should be slender WM H/W prop. over 5'7" 25 to 4? prefer short & facial hair (mustache). (Maturity A must). Like's TMC, Village, the military look, bot-

tom/versatile and still love old fashion knocking boots with no hang ups/fears. Must be down to earth, easy going, financially independent, and wanting to meet & spend time with a quality guy who has a lot to offer. Sounds good and you share my likes, or can live with them, drop me a note. Smoker, light drinker ok. Absolutely no drugs (Well). Please be in terms with your status. No games or one nighters!! (GM-227, Dallas, TX, 02/98) NEW!

GWM, 29, 5'11", 145#, Br/BI
I am an attractive, sincere, honest, caring person who is 95% TOP but, been a bottom before. I like cooking, dining out, watching sports, and just staying home for a quite night. I'm looking for a friend at first, then possible more (much more). You must be GWM, h/w prop., honest, attractive, 26-32 years of age, and someone looking for a possible LTR. Please, no fakes. If you think this sounds like you and I sound like someone you would be interested in please, reply. All letters will be promptly responded to. Photo a plus and, will be returned. Yours gets mine. Hope to hear from you soon... (GM-433, Dallas, TX, 01/97)

GWM, 51, 6", 165#, Lt-Br/Hz
Clean-shaven, slim, average-build, physically fit, financially secure, drug free, light smoker/drinker, loving, caring from-the-heart versatile person. ISO a quite GW/H/A/NA/M, 5'5 +, 120-170 lbs., 28-45 yr., clean shaven, slim, muscular, versatile, physically fit, financially and mentally stable. Light smoker and light drinker OK. No FEMS or individuals involved with drugs or alcohol. No ex-offenders. Must be ready and willing to develop LTR. Send photo. Will return photo with response. Serious replies only! (GM-436, Houston, TX, 01/98)

GWM, 44, 5'10", 175#, Sp/BI
34" waist 42" chest hunky handsome Christian and recently widowed, retired and lonely seeks monogamous life/soul mate. I am stable, devoted and classy. Prefers GWM 35+ small/thin or tall/thin build who is ready to settle and live again. You should be above average

endowed as I, love animals and all the simple pleasures of life. Your pic gets mine (returned) all replies will be answered. Friends or possible roommates also encourage to reply. (GM-457, Dallas, TX, 12/97)

GWM, 38, 5'10", 160#, Bi/Br
H/W prop. Versatile top in DFW area me, Light smoker/drinker clean cut. I enjoy the outdoors. Fishing, camping, and traveling or just relaxing around the house in my shorts. I am E/F secure and young at heart as you should be. All replies will get response lets give it a try. (GM-501, Roanoke, TX, 12/97)

GWM, 36, 6'3", 220, Br/Gr
Me: Average to good-looking, balding and graying. Like to play basketball with friends, love music, staying indoor, and being with nature. You: Good/Kind personality, and below the age of 40. Average to good looking a plus. Any race. I am mostly top, so please be mostly bottom. (GM-519, Dallas, TX, 1/98)

GWM, 40, 5'9", 185#, Sp/BI
Couple looking for fun times and play partners. I have been HIV+ since 1989 and asymptomatic. Partner is HIV- bl/bl 34 smooth body likes to play and meet new friends. Send photo will respond to all. Love to travel retired army. (GM-527, Houston, TX, 1/98)

GBM, 39, 5'9", 145#, Br/Br
Nice looking slender built bottom, mustache, healthy social drinker. Don't smoke or do drugs, interest include movies, TV, video games, reading, walking in the mall, dancing, music: disco, hip hop. ISO versatile male 40 - 50 who is sincere hearted and wants an honest friendship as well as a LTR. No c u s. (GM-536, Greenville, TX, 12/97)

GWM, 37, 6'0", 170#, Au/BI
GBM sought for LTR by Jewish multiple degreed college graduate, Professional, Versatile (GM-559 Dallas, TX, 12/97)

GHM, 36, 5'7", 165#, Br/Br
An attractive, honest, sincere, versatile, affectionate individual positive for 14 years. Asytomatic. ISO a GWM/HM who is emotionally & financially secure like myself. I am an old

fashion romantic. I like flowers, candle light dinners, cuddling, and lots of kisses. If you're a serious masculine man 35-45 lets get together. Facial and body hair plus. Photo appreciated. (GM-561, Houston, TX, 1/98)

GWM, 34, 6'1", 145#, Br/BI
Tall, Thin, handsome and fun loving man. I also have a damm good sense of humor. I consider myself a person of substance and integrity. Looking for fun spiritual minded people for friendship or relationship. Positive attitude essential! Let's meet for cappuccino or cocktail. (GM-577, Dallas, TX, 1/98)

GWM, 28, 5'10", #170, Br/BI
Incarcerated and lonely, I'm honest and real, living with HIV (not dying from) Looking for friend/lover in my quest for happiness. We have about one year to write, visit and get to know each other, and then we have forever. Age unimportant. No games please. (GM-579, Huntsville, TX, 1/98)

GWM, 35, 6'2", 175#, Bi/BI
Need and want an honest man, someone who can respect my feelings. Qualities should include 30-40 something. GWM LTR material, settled, no addicts (drugs/booze), everything else will be approached as is. Me: GWM, 35, 6'2", 175#, blonde, smooth, attractive total bottom, smoker, chemical free, HIV+, intelligent, casual, simple, many things to offer Mr. Right. (GM-594, Dallas, TX, 1/98)

GWM, 30, 5'9", 170#, Br/Br
Hello there let me tell you about myself. I'm a sincere fun loving person on the rebound of losing my lover to AIDS in "95". I'm in good health and would like to meet someone in hopes of building a LTR. Photos for photos. Smile!!! (GM-594, Beaumont, TX, 12/97)

GHM, 40, 5'6", 143#, Br/Br
ME: Casual type of guy. Mature, masculine, versatile/bottom. Nice looking, good person, good sense of humor. I workout, play tennis, sub-teach, volunteer, keep house, care for my dog, have close friends, live a good life. Still I yearn for a Partner/Companion/Lover. YOU: GW/GH, 32-46 years, mature, masculine, attractive, mostly Top/Versatile man with H/W prop., good disposition, conscientious heart and

PERSONAL ADS

dedication.

(GM-610, San Antonio, TX, 01/98)

GBM, 37, 5'7", 160#, Bk/Hz

ISO GBM/GHM, stable, financially secure and versatile. Must be between 24-25 yrs. old with a healthy outlook on life. Looking for friends but possibly could turn into LTR. NO FEMS, H/W prop. Take a chance and drop me a line. I'm waiting to hear from you.

(GM-625, Dallas, TX, 01/98)

GWM, 30, 6', 190#, Br/Hz

GWM, 38, 5'10, 175#, Bl/Bl

Handsome, masculine and versatile GWM couple sporting moustaches, goatees, and hairy chests ISO a third person for a LTR. We take pride in being very down-to-earth, open-minded, open-hearted, and honest. We are romantic and extremely passionate. We have a wide variety of interests, indoors and out. ISO that special third man who is between 25 to 45, versatile, financially and emotionally secure, and handsome inside as well as out. Please reply with photo as well as letter. All replies answered. P.S. We met through Positive Personals

(GM-667, Houston, TX, 9/97)

GWM, 25, 6', 170#, Br/Br

Just relocated to Texas. Good looking, healthy, outgoing versatile guy into movies, music, cooking, and many outdoor activities such as horseback riding and camping. I have been a positive for 6 years. Seeking a similar versatile guy who is a sincere, honest, guy for friendship and to possibly build our dream nights together. Your photo gets mine. Serious only please.

(GM-673, Dallas, TX, 12/97)

GWM, 33, 5'9", 170#, Br/Hz

An average looking man seeking possible LTR. I have a goatee and moderately hairy. Like old movies, and politics. Looking for a masculine man H/W prop., hairy is a plus, but not necessary, 30-45 yrs. old. Must also be into romance. Interest in sports and outdoors also appreciated.

(GM-674, Fort Worth, TX, 12/97)

ON-LINE AD HOLDERS

SM-066 SM-063 GM-227
GM-673 GM-688
GM-631 GM-674 GM-690
GM-662 GM-501 GM-673
GM-674 GM-683 GM-684
GM-688 GM-699 GM-705

GWM, 38, 5'9", 160#, Br/Hz

ISO friendly, possilby LTR. Definitely above average, very good shape, and preppy! You be 20 40 WM/HM very cute, bottom, non-smoker, good shape, and kid at heart. Looking for good friends in life! Maybe more. My interests are Tennis, horses, movies, and many more. No ad-holders. I've tried many in the Personals with no luck. Only non-ad holders respond. Photo re-

GWM, 37, 5'9", 190#, Br/Bl-Gr

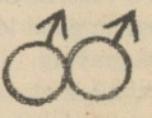
I am a healthy GWM who likes to meet people, I like sports of all kinds, and lifting weights. I am good looking and in TDCJ-ID. I will be up for parole in 4/98. ISO a GWM who would be interested in me and would write me until I get out. Maybe LTR if your right for me. Please write me.

(GM-678, Huntsville, TX, 12/97)

GWM, 43, 5'8", 175#, Sp/Br

Positive Personals'

AD of the MONTH


males
SEEKING
males

GWM, 35, 5'6", 145#, Br/Bl-Gy

Good-looking white male seeking close companion/partner. I am one of those long lost hopeless romantics, long walks on the beach, snuggling on the sofa, breakfast in bed, candlelight dinners. I know there is a special someone out there, life can be so wonderful. I also love to travel, photography, and gardening.

(GM-698 Houston, TX 12/97)

quired! Yours gets mine. All replies answered.

(GM-675, Dallas, TX, 12/97)

GHM, 30, 5'7", 155#, Br/Br

Good looking Hispanic, 30 yrs. old, 5'7", 155 lbs., brown eyes, dark short hair, clean face, and moderately hairy. Attend gym throughout the week, have a nice firm, lean body. Likes movies, dining out, traveling, shopping, and any kind of outdoor activities. Don't care for the bar scene, although I love to dance to techno music. Don't smoke, no drugs, but like to create excitement. I'm too young to stay at home. Looking for my daddy. Tall, blond, slender, handsome, of a good mind and soul, and no baggage please. I'm trying to carry my own. I'm ready to be spoiled, and provide the same. I like living life, and don't care to change any to conform to someone else's, although I am open to for constructive development. A Capricorn awaits, for his prince. P.S. I don't look like a Mexican, my appearance is "white".

(GM-677, Dallas, TX, 12/97)

Couch potato, enjoys movies, dining in and out, playing cards, summer musicals, Cowboys, Rangers, bars occasionally, outdoors, smoker, drinker, healthy, versatile, stable, and straight appearance. ISO GM 25-45, smooth, HW prop., versatile, stable, and no Fems. Your photo gets mine.

(GM-679, Dallas, TX, 12/97)

GWM, 37, 5'10", 152#, Br/Hz

Seeking workout buddy serious about staying in good shape. Weekday mornings 11-1 in my home. I have a weight machine and free weights. Not looking for sex partners, just friends. Serious replies only please.

(GM-680, Dallas, TX, 12/97)

GWM, 37, 5'9", 150#, Br/Bl

Lonely country boy seeking someone to steal my heart and keep it safe. I enjoy outdoor activities, movies, moonlight walks and having fun. Smoker, light drinker. Versatile, enjoy a lot of cuddling, kissing and sex with special someone. ISO honest, sincere, masculine GWMH/W prop., under 40, versatile, who

lives nearby or is willing to relocate for monogamous LTR. Your photo gets mine. Will answer all responses.

(GM-681, Groveton, TX, 12/97)

GWM, 40, 6'0", 210#, Bl/Bl

Muscular leathermen, dominant top. Interests in bodybuilding, motorcycles, hot workouts, and staying healthy. Seeking buddy or possible partner. I am rugged and ready for adventure. No tolerance for alcohol, tobacco or drug abuse. Travel frequently. You should be in shape, healthy, respectful and ready for a serious commitment. Other leathermen or bears are encouraged to apply. Write today!

(GM-682, Austin, TX, 12/97)

GWM, 30, 6'4", 210#, Br/Br

In good shape and good spirits. Seeking someone to enjoy life with. I enjoy the outdoors, traveling, quiet evenings at home, shooting pool, biking and shopping. Versatile and seeking same. If this sounds like you, let's talk. I live in East Texas, but would relocate to the metroplex if I meet the right person.

(GM-683, Texarkana, TX, 12/97)

GWM, 44, 6'1", 220#, Bk/Br

Looking for that wonderful man that will join me in that walk down the path of happiness. He should be 35 - 45, H/W prop. Straight acting, energetic and knows who he is. I prefer manly hairy men (I have a beard), a top or versatile at best, and is someone that is happy at home or out on the town. Let's start that walk together. Your photo gets mine

(GM-684 Dallas, TX, 12/97)

GHM, 33, 5'6", 185#, Bk/Bk

I am a 33 yr old GHM. I've been told that I look like Gilbert Godfried. I have short Bk hr, Bk eyes, weigh 185 lbs and stand 5'6" tall. I've been HIV+ for over 10 yrs. Currently my viral load is undetectable, my T4 is over 400, and I am not taking any medications for my HIV status. My interests including reading, cooking, singing, dancing, doing drag, drawing, going to the movies, listening and talking to friends & I enjoy all types of music. I am also a bottom. I am looking to make new friends within the DFW area, and maybe a LTR, I've been single for over 3 years. I do smoke, I am an oc-

casional drinker, and I don't do illegal drugs. I enjoy most of all watching all types of movies. I am looking for a GM who might have the same or similar interests. If this sounds interesting, write me & send me a picture because it will get mine. NO DOPE ADDICTS AND DEFINATELY NO CRAZIES OR FREAKS. Sincerely and honesty is a major plus.

(GM-685, Fort Worth, TX, 12/97)

GWM, 40, 5'8", 150#, Bl/Bl

Attractive, well-educated, serious, sincere. Enjoy movies, dining out and exercising. Seeking attractive, affectionate top for friendship, dating, possible LTR. Race, age unimportant. Travel frequently to Dallas.

(GM-687 Houston, TX, 12/97)

GWM, 41, 6'5", 210#, Br/Hz

Healthy, masculine, outgoing, versatile BEAR loves to CW dance, ride horses, cook and cuddle! Professional executive relocating to Houston area 8/97 seeking same in friends and a life mate. Any ranchers out there? Send photo and phone number

(GM-688 Houston, TX, 12/97)

GWM, 37, 5'9", 160#, Br/Br

New to area, 37 yr old, balding, average to good looking with mustache. Masculine but tender. 95% bottom. I don't drink or smoke or do drugs. I like walks, riding bike and quiet evenings, cuddling and loving. ISO mature, sincere, independent man 30 - 50, mate or playmate, love or making love.

(GM-689 Arlington, TX, 12/97)

GWM, 45, 5'10", 230, Rd/Br

I am a nice, normal guy. Professional, young looking 45, with a football player build. Enjoy everything from most sports to the theater and quiet evenings at home. I love to travel and yes, I am a hopeless romantic! ISO another nice guy to spend time with and maybe a LTR, 30 to 50 yrs. old. Prefer non-smoker, light drinker. Must have a great sense of humor and a positive outlook on life. If you're interested, why don't we give it a chance?

(GM-690, Houston, TX, 12/97)

GWHN, 34, 5'9", 165#, Bl/Br

Seeks top GWM 25 - 35. I am 5'9" fit and attractive, sincere, stable, spontaneous and fun.

PERSONAL ADS

Looking for that happy medium between home life and friends. Enjoy movies, the beach and dancing.

(GM-691 Houston, TX, 12/97)

GWM, 41, 5'9", 175#, Sp/Hz

Me: poz 8 yrs., healthy, youthful, and active. Semi-retired with simple lifestyle, Lt. smoker/drinker. Considered attractive (you be the judge). Motto: all things in moderation. Interests include the arts, metaphysics, outdoor escapes, being near the water and making love (Esp. with relation to the aforementioned). You: In sync with the above, strong sense of self and an interest in the spiritual. As well as the physical. Live life and play!

(GM-692, Houston, TX, 12/97)

GWM, 29, 6'5", 215#, Br/Br

Caring, loving, clean cut, attractive, affectionate, passionate, and romantic (top guy) ISO friendship and/or LTR. My SSDI application is in progress and I'm temporarily staying out of Dallas (but headed back soon). I have replaced my negative outlook on life with a very positive one. I love quiet times at home, cuddling, TV, movies, dining out, dancing at Village or Brick, and good conversations. I am family-oriented: my 7 yr. old son and 4 yr old daughter live with grandma. I am seeking an attractive, thin young, GW or GHM (smooth, clean-cut, boyish a plus), serious about love and relationships. Let's meet, go out have fun, and see if we are meant for each other.

(GM-693, Avinger, TX, 12/97)

GWM, 46, 6'0", 190#, Br/Hz

Handsome, honest, top: self-employed, enjoy workout, outdoors, travel, and arts. Seeks man with similar interests.

(GM-694, Houston, TX 12/97)

GHM, 30, 5'11", 170#, Br/Br

Very polite, clean-cut, preppy stuck in the 80's. I am looking for GW/GH guys to become friends with my interests include reading, movies, dining out, travel, Fun Ed classes, sky-diving on occasion, and just hanging out. I pretty much like going anywhere whether it's a dance club, or a library or a cup of coffee, whatever. Age or looks who cares. Pet Pals that's cool too.

(GM-695, Dallas, TX, 1/98)

GWM, 22, 5'8", 160#, BI/BI

I enjoy romance and have a variety of interest. I am H/W prop. I am searching for a cross gender man, race and age not important. Who has a variety of interests and loves romance as well. Please no head or heart games. Will respond to all.

(GM-696, Lovelady, TX, 12/97)

GWM, 35, 6'1", 158#, Br/Br

I am a healthy, attractive professional seeking a LTR with someone 25-40 who has a slender to medium build. My interests include music, movies, sports, Vegas, occasional dancing and relaxation at home. Occasional drinker/smoker ok. Well, what are you waiting for? Ante up with a photo/letter a pair wins this hand!

(GW-697, Dallas, TX, 12/97)

GWM, 35, 5'6", 145#, Br/BI-Gy

Good-looking white male seeking close companion/partner. I am one of those long lost hopeless romantics, long walks on the beach, snuggling on the sofa, breakfast in bed, candlelight dinners. I know there is a special someone out there, life can be so wonderful. I also love to travel, photography, and gardening.

(GM-698, Houston, TX, 12/97)

GBM, 40, 157#, 5'6", BI/Br

A bit shy, enjoys meeting people and making new friends, like bowling, movies, TV, quiet times. Some traveling and taking care of myself are also liked. Seeking penpals, friends, or whatever happens race and age unimportant. It is what's inside that counts.

(GM-699, Lafayette, LA 12/97)

GM, 24, 6'1", 188#, Br/Gy

Amateur Bodybuilder, very lonely versatile. I'm into art, all types of sports, and all types of music. I like erotica and must have attention/affection. I'm looking for a long-term partner in life, who enjoys working out and appreciates artwork. Anyone is welcome to respond to me.

(GM-700, Beaumont, TX 12/97)

GWM, 30, 5'9", 170#, Bk/Hz

Are you looking for a cute and sexy a guy like actor Matthew Broderick? Let's face it. We all want to be a hot guy don't we. Look no further. I am muscular/masculine and ISO the same. Al-

though my name is Matt, you would have a guy with his looks and a life more than a fantasy. Send a photo and I will do the same!

(GM-701, Port Aurther, TX, 12/97)

GWM, 52, 6'3", 220#, Gy-BI/BI

Attractive (inside and out), good-hearted, compulsive gardner both in Houston and my country place, hairy eccentric collector, Raconteur. ex world traveler, merry widower - 17 years together 5 years widower good caregiver to elderly parents, farm friendly, loves dancing. Seeking companionship. I am 22yrs sober, no republicans please. Friendship valued - All responses answered.

(GM-702, Houston, TX 12/97)

GWM, 42, 5'10", 155#

Nice looking and professional. I am clean shaven, easy going, laid back and sexually versatile with right guy. Not really into the bars, but I do go out occasionally. Undetectable viral load for over 3yrs, very healthy. Seeking very open-minded GWM 25-38 ht/wt prop. and e/f secure as I am. Hoping to build a LTR the right man. Like all the usual dining out, movies, home cooking, and my dog. Light drinker or smokers are okay. Please be serious and your letters will be repoded to.

(GM-703, Dallas, TX 12/97)

GWM, 35, 6'0", 200#, Lt-Rd/Hz

WBFP, 2 BDRM, 2.5 Baths, Covered parking and hot tub. (Love me/love my condo!) Looking to get back into life after husband died 2 years ago. I'm a shy, quiet homebody, but happy to step out of my shell with the right person. I'm looking for friends, sex partners and husband material. In short, ANYBODY (but prefer non-smoker, H/W close to proportional, 20-50). Help me find out what my interests are. I need to get a life and you can't buy one on the home-shopping network.

(GM-704, Richardson, TX 1/98)

GWM, 52, 5'10" 160#, Br/BI

Attractive, older man seeking friends, love, and hot fun. (Not necessarily in that order either!) For too long now, I have denied myself the change of finding someone with whom to share my life and times. Only recently tested positive and am presently working out the details on medi-

cation with my doctor. Surprisingly enough, I am not depressed at all. I guess finally taking control has settled my anxieties a bit. I have become a bit of a hermit lately and need to get out of that mode. Help me? Sexually, I am 100% a bottom man, although I have found that I can be a "master" in leather scenes and still be passive. Leather is only one side me, but I am learning to like too. Not a requirement, so don't let it scare ya away! No real preferences in my men, just be h/w prop., reasonably attractive, employed, stable, and of course, a TOP! Somewhat of a chicken hawk, I am not opposed to younger men, but not exclusive in the area. Just be a man. Someone who is confident, caring, loving, with a bit of evil humor thrown in for a good measure. I live and work in Irving. Masters degree, employed, and stable. Smoker. Moderate drinker. likes movies, sex, hanging around the apt. sex, good conversation, sex, dining out, sex and other activities. Did I mention sex? You may also reach me through my email directly at texcb@airmail.net. Looking forward to hearing from you. Good health to all.

(GM-705, Irving, TX 1/98)

GWM, 36, 5'10", 180#, Bk/Br

Fun-loving, life-living, health conscience Romeo at heart. Seeking someone h/w/ prop. with interest in video games, garage/estate sales and movies, family man ISO possible LTR with priority in having a good time, sharing special moments and emphasizing the positive in life- Photo appreciated.

(GM-706, Balch Springs, TX, 1/98)

GWM, 34, 5'7", 145#, Br/Hz

Sexy, attractive, in shape, down to earth guy looking for friends, or possible relationship. Interests include; spending time getting to know people (weather friends or possible LTR), exercise, swimming, outdoors, strolls in the park on a nice day, setting positive yet attainable goals, very positive outlook on life and wanting to meet someone I can share my life. Looking for healthy, stable, H/W proportionate, GM who can be supportive and complete my life. I don't think anybody is meant to be alone. I'm a non-drinker, light smoker who likes to live life.

(GM-707, Dallas, TX, 01/98)

GWM, 40, 5'10", 165#, BI/BI

I'm down to earth, spiritual, physical and emotionally healthy. Enjoy deep conversations, art, travel, and massages. I raise Brangus Cattle. I've been in the real estate business for 10 yrs. Looking for GWM/30-42yr., h/w-prop., physically/emotionally healthy.

(GM-708, Ft.Worth, TX, 01/98)

GWM, 26, 6', 185#, BI/BI

Attractive HIV+ cowboy, masculine, versatile top. Seeking stable-minded financially stable, masculine HIV+ guy for dating and maybe more.

(GM-710, Arlington, TX, 02/98) NEW!

GWM, 28, 5'6", 150#, Br/Br

I'm looking for a nice person who is healthy and muscular that want to have fun. I have a hairy chest and somewhat muscular, people call me a Pretty Boy, please, send photo with response. Who knows you might be the One.

(GWM-710, Dallas, TX, 01/98)

GWM, 32, 5'8", 150, Br/BI

GWM ISO GBM, top, who enjoys quiet times at home as well as a night on the town. Interests include sports, movies, theatre & long walks. Should have positive outlook and enthusiasm towards life.

(GM-711, Dallas, TX, 02/98) NEW!

GWM, 23, 5'9", 150#, Br/Hz-Gr

I am good-looking, honest, top guy. ISO LTR with a good-hearted young person. I like all types of music, I am a writer, cook. I am looking for honest person - close to my age - looks not important, someone that has a good outlook on life. We starts as friends and see what happens

(GM-712, Irving, TX, 02/98) NEW!

GWM, 43, 5'10", 160#, Br/Gr.

GWM 43, good-looking, masculine, adventurous, youthful, fun-loving and healthy. I'm versatile, trim, E/F secure, professional and fit @ 5'10" & 160 lbs. I enjoy travel, dancing, movies, skiing, concerts, camping, working out, and quiet romantic evenings. You: 25-40, attractive, healthy fit vesatile /top, and employed. I'm a good catch and so are you.

(GM-713, Dallas, TX, 02/98) NEW!

GNAM, 40, 5'10", 185#, Br/BI

Considered very handsome by

PERSONAL ADS

**Respect
Yourself!
and still
Protect
Yourself!**

most. Hiv+ for 2 1/2 years. Active in ASO. Latest test results are healthy. ISO GWM/GHM35-45. Must be attractive. You top me bottom. I'm very warm caring and honest. You be same. Social drinker and smoker ok. Your photo gets mine.
(GM-714, North Central Texas, 02/98) NEW!

GHM, 39, 5'7", 169#, Br/Br
I wear a patch over left eye, due to HIV, other wise very healthy. I've become a hermit, simply because I'm self-conscious. Others find my patch very attractive. I like working out, gym. I push my own weight. I'm fun and outgoing. Feel free to respond.
(GM-715, Carrollton, TX, 02/98) NEW!

GWM, 35, 5'9", 162#, B/B
Above average and seeking the same. Where are the GWM, 32-38 yr.old, HIV+, energetic, fun, happy, handsome men? I know you're out there, but how do we meet? We pass each other at restaurants, health club, shopping, post office, White Rock Lake, and occasionally the bars; but without a "Scarlet" letter to identify each other we don't realize our common bond. I'm the guy with the great attitude, the well-built body, a creative & caring mind and a sensuous soul. I'm looking for the same, and won't settle until I find him. You should be emotionally & financially secure, have a normal work schedule, good values, self respect & respect for others, no baggage from previous relationships, non-smoker and seeking LTR. Photo appreciated, but not required. Before you respond, read this ad one more time.
(GM-716, Dallas, TX, 02/98) NEW!

GWM, 36, 5'11", 154#, Br/Br
Zest for life. Is there a honest guy left? Sincere, honest, very single, GM, excellent HIV+ physical condition. Slim and trim Italian/Irish, masculine, attractive, and versatile. Seeking sincere, very single, versatile

GM in excellent HIV+ physical condition for 1-1 committed relationship. I'm into concerts, amusement parks, swimming, biking, race unimportant-maturity is. Hispanic's a plus - no fats, fems. Picture with letter gets mine. Invest 32 cents - see what it gets you.
(GM-717, Austin, TX, 02/98) NEW!

GNAM, 40, 6'1" 190#, Br/Gr
ISO a Christian Female of any race who is interested in corresponding for friendship first, then hopefully something more in the relationship as God permits. I am Cherokee-Choctaw, love children, outdoors, family gathering, and woman who loves Christ as much as I do.
(GM-718, Beaumont, TX, 02/98) NEW!

GWM, 36, 5'10", 175, B/B
ISO a special person to share my life. Someone who can be committed to someone. Honest is the best quality of the person I am seeking. Communication and Trust is another. I smoke and drink occasionally. I am very oral and a top 95% of the time. I am semi-retired but work part-time in Ft. Worth. Love music, quite times at home, Dallas Cowboy, and animals. I have two cats, two dogs, a rabbit, and a parrot. Prefer having bodies, mustache and a goates, but no beards. Used to live in Dallas, but moved here two years ago to be closer to my parents. If this is you please write. All replies will be answered.
(GM-719, Cleburne, TX, 02/98) NEW!

GWM, 20, 5'10", 150#, Br/B
Lonely, incarcerated, versatile top ISO GW/GH, 26-50 versatile bottom for LTR. Must have great sense of humor and be emotionally and financially secure. I was an exotic dancer in Dallas who made a mistake and got 18 months. We have 10 good months in which to build a solid relationship. I love all types of music, sports and sex. All letters will be answered promptly. Photos are not a must, but would

be great. So if you're looking for someone that will love you for who you are unconditionally, then wait no more! All you've got to do is drop me a line. Who knows we could be a match made in heaven.
(GM-720, Dallas, TX, 02/98) NEW!

GWM, 50, 6'0" 215#, Br/Br
Hopeless romantic, not into bar scene or one night stands, ISO a good friend. Able to listen, laugh, cry, and share, with LTR always a possibility. Enjoy opera, classical music, theatre, movies, and travel, in addition to cozy nights in. Comfortable in tux, tie and jacket, or jeans. You should be versatile, 40-55 E/F secure, stable honest individual. A Churchgoer and cat lover a plus. Will answer all responses.
(GWM-720, Dallas, TX, 02/98) NEW!

GWM, 27, 5'11", 180#, Br/Hz
I'm an intelligent, honest and caring individual seeking a good friend for a LTR. I like movies, music, spending time with friends, spending time alone and occasionally going out to dance. I'm looking for a similar individual between 25-35 for a LTR and to become my best friend.
(GM-722, Dallas, TX, 02/98) NEW!

GWM, 25, 5'11" 150#, B/B
Attractive "boyish type" smooth complexion, affectionate, Passionate, physical fitness a major fact in my life. Currently = incarcerated for probation violation will discharge 5/98, been single 1 1/2 yr. I'm a bottom, social drinker, interest include fitness, quality time at home land family. ISO - mature, sincere, independent top 30-45 desiring a sincere LTR.
(GM-723, Rosharon, TX, 02/98) NEW!

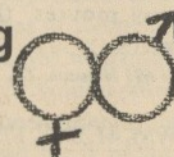
GWM, 33, 6'1", 160#, B/B
HIV/AIDS for 7 1/2 years. I'm very single and sort of looking for someone to date or maybe just maybe a LTR. I live in the Austin area and work in Emer-

gency Medical Services as an EMS Instructor/Trainer. ISO bottom (I'm a top) 21-35 y. o. smoker and no drugs, country music, outdoors, a night out, breakfast/coffee in bed. I took a chance, How about you?
(GM-724, Austin, TX, 02/98) NEW!

GBM, 34, 5'6", 150#, Bk/Br
Fun-loving, HEALTHY, "attractive", DOWN TO EARTH, single man. Looking to meet the same... or close in a GWM 25-30ish. I don't need 12-step programs, counseling or visualization therapy. I do need a friends, possibly a companion and lover. I want to discuss something other than t-cell counts, viral loads, or treatment options. I don't live in denial, I just thing we should try to find more in common that just our HIV status. I'm healthy; mentally, physically, emotionally and spiritually, as well as financially stable. I HATE working out, but I love what it does for me. I enjoy walking my dog, driving with the top down, and enjoying each day as if the next day will be my last. I live a "healthy lifestyle" (no drinking, smoking, or drugs, with lots of exercise and a positive attitude). In friends, I'm looking for someone who is HT/WT prop., "in shape", gainfully employed (just have a job!), masculine, a non-smoker, light drinker and sexually passive. All responses will be answered. No photo is required, but you can send one if you want to.
(GM-725, Dallas, TX, 02/98) NEW!

GHM, 30, 130#, 5'2", Br/Br
My interest are cooking, reading, writing, and drawing. I love romantic evenings, I like going out and having quite evening with that special person. I listen to all types of music. I am a smokers and light drinker. I also enjoy traveling to different places. I am very honest, sincere, caring person. If when possible I like helping others. But young at heart is very important to others and me. I believe that there is a reason for everything to happen.
(GM-726, Rosharon, TX, 02/98) NEW!

females
seeking
males



SWF, 44, 5'8", 125#, Br/B
I'm athletic, attractive, and Asymptomatic. I'm very healthy emotionally and have a positive attitude. I like jazz, rock and R&B, dining out, listening to a good live band, museums, and being outside. ISO WM 35-52 who is emotionally and financially secure and enjoys life and relaxed good times. Must have a good sense of humor.
(SF-38, Houston, TX, 12/97)

SWF, 28, 5'1", 128# Br/Gr
ISO a friend-confidant! Lady of self sufficient and stability, searching for someone to share an everlasting friendship. Please, don't hesitate in responding. No, I'm not looking for Mr. Perfect only some one who's capable of honesty, fidelity, and most important unconditional love... Respond to each letter therefore desiring only serious replies!
(SF-039, Houston, TX, 12/97)

SBF, 34, 5'6", 124#, B/B
Attractive healthy young woman, HIV+, but non-detectable. ISO love, romance and happiness in a LTR. I'm open minded, work-out, go to church and like to have fun. I'm seeking someone to share my life with, to hold me and to make me laugh. You: male, good looking, 30 - 40, 5'11" up, H/W prop, workout, church, educated and have a great sense of humor. No smokers, drugs or alcohol.
(SF-040 Dallas, TX, 12/97)

SHF, 30, 5'9", 170# Br/Br
I'm looking for someone special to have in a future LTR. I don't do drugs, NS, ND, still working, open mind, and love life so much. My likes: cuddling, movies, dinning out, dancing, and all kind of things that keep me active. If you're between 24-36, bilingual, have good attitude for life and want to settle down, then I am the one.
(SF-041, Killeen, TX, 12/97)

SWF, 40, 5'10", 155#, B/B
Statuesque blonde, healthy, in-

**YOU CAN RESPOND TO ADS LISTED ON PAGE 4 IN THE BLACK BOX BY FORWARDING VIA THE INTERNET AT OUR E-MAIL ADDRESS,
reply1@airmail.net**

PERSONAL ADS

Upcoming Socials

December 2, 1997
December 16, 1997
December 30, 1997
January 6, 1998
January 20, 1998

The Brick
4117 Maple Ave

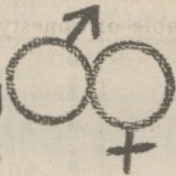
8-12 midnight



telligent, and ROMANCE MINDED! I have a wide range of interests such as camping, going to the beach, watching a good movie, or enjoying Austin's Live Music Scene. Also, an avid reader. ISO that special someone with an upbeat attitude to have fun with, good conversation, and cuddle up to. I'm still here!

(SF-043, Wimberley, TX, 01/98)

males
seeking
females



SWM, 33, 6'0", 183#, Br/Br

Tall, handsome, single, never been married. Asymptomatic, long-term survivor. n/s. n/d. Incarcerated in Permanent lock down. ISO a s/w or s/h female, age and looks unimportant. Honesty, trust, and open-mindedness are. Someone whom would like to get as well as give emotional support. Someone who would

like to build a friendship into a LTR. I'm honest open, trustworthy, up, passionate, loving and versatile. I am an artist and poet. Enjoy Nascar, music, except rap, cooking, working out, BBQ, fishing camping, dance and romantic times. No Games! Let's be friends. Write.

(SM-036, Beaumont, TX, 12/97)

SM, 30, 5'7", 193#, Bk/Bk-Br

Single, Hispanic man. Healthy and in wonderful shape. Am very sincere, respectful and honest. I'm 30 yrs. old, young, looking, for an attractive, sincere, and loyal woman any shape and all nationality acceptable. I'm in search of a friend with heart; anyone is excepted and will receive a true reply with photo for photo. I am incarcerated, but have only a year or two to go. Am into education, am a certified paralegal. I'm HIV+.

(SM-070, Beaumont, TX, 12/97)

SWM, 43, 5'11", 140#, Br/Br

I am very lonely, straight, and good looking guy. Looking for a female friend or possible LTR. I own my own home and car. Have a pretty good job and am in very good health. I also have a phone and am in Fort Worth Book under Your picture gets mine. I'm a pretty decent guy. Give me a call or drop me a line. I will answer all.

(SM-071, Haltom City, TX, 12/97)

SWM, 32, 6'3", #156, Br/Br

I am a lonely man ISO any gwm for LTR to show me the other side of gay life. I need to be loved for once in my life! No head games only serious-minded

need to write. No druggies. smoker ok; light drinker ok. Ages 32 to 45 ok. Let's make each other happy.

(SM-072, Lovelady, TX, 12/97)

SWM, 48, 5'8", 155#, Br/Hz

I do not like the theater or classical music. But I do love being outdoors with real people. I'm an outgoing, fun loving guy. Attractive, very creative and love to laugh. So, if you love the beach, can climb coconut trees and have a sharp machete, write me.

(SM-073, Houston, TX, 12/97)

SWM, 26, 5'10", 220#, Bl/Hz

ISO SWF 18 - 35 for companionship, fun and romance. I am stable, honest and a very caring person. I seek the same in companion. I feel great but I'd feel better with you.

(SM-074, Waco, TX, 12/97)

SWM, 38, 5'8", 230#, Bk/Br

I'm a handsome, black, 38-yr. old man, with no preference of color. I'm sincere and straight forward. I'm in prison way up here in Kansas, but most of my family is in Hooks, TX. I have

fore I'm release.

(SM-075, ElDorado, KS, 12/97)

SBM, 32, 6'0", 200#, Bk/Br

I am a 32 yr. old, healthy black male ISO that special woman with whom to possibly build LTR. Age and Race not important. If you're searching for someone who is dedicated to commitment, then look no further. Drop me a line, and I'll answer all letters. Stop what you're doing and write now. Peace!

(SM-076, Lovelady, TX, 12/97)

SBM, 50, 6'1", 210#, Bk/Br

I am an inmate at the Texas State Correction Facility and I am in need of a female pen pal to help pass the time. Just look for a friend not a lover, but I will answer all letters.

(SM-077, Beaumont, TX, 12/97)

SWM, 5'11", 170#, Br/Br-Gr

Tanned, educated, employed, athletic build with swimmers body, happy. I enjoy meditation, exercising, politics, cooking, and eating, the outdoors, hunting & fishing, kids, the beach and lake, going to bed early. Seeking HIV + females to share my life.

(SM-078, Austin, TX, 12/97)

GBM, 38, 5'9", 175#, Br/Br

I am a man of God (Christian). I like to play basketball and talk about positive things. I enjoy teaching the word of God and I now have my minister's license. I am looking for a woman of any race, age 20 to 38. ISO relationship/friendship. I am incarcerated.

(SM-081, Beaumont, TX, 01/98)

SWM, 34, 140#, Br/Gr.

Attractive, healthy, energetic SWM ISO attractive SWF/25-35. I have my own business, my own home and college education. I am a musician in a working band in Dallas. I love dining out, movies, and outdoor activities. Hoping to build a LTR.

(SM-082, Dallas, TX, 01/98)

SBM, 29, 5'6", 166#, Bl/Br

Attractive, honest, financially secure. Enjoy outdoors, movies, fishing, and quiet evenings at home. ISO a special young lady ages 23-33. Race not important for friendship and/or relationship. Hope to hear from that special person soon. Will provide photo.

(SM-083, Houston, TX, 02/98) NEW!

SWM, 32, 5'10", 185#, Bl/Gr

Ladies, look no further! Very attractive heterosexual male in search of straight or bisexual female to begin a friendship/relationship with. I am disease free and in the best shape of my life.

Only problem is I am currently spending a couple of months vacation with the boys in blue until March 6th 1998; so this gives us plenty of time to get to know one another. I am open and honest and trust me you will love what you see and get! (Take chance)

(SM-084, Dallas, TX, 02/98) NEW!

JOIN TODAY
AND
BECOME A
MEMBER
OF TEXAS'
LEADING
MATCHING SERVICE FOR HIV
INDIVIDUALS.

Positive



Personals

Classifieds

Web Tv \$199, but willing to negotiate. Brand new. Only serious inquiries. 972-252-1104 (C-003, Irving, Tx 12/97)

I'm looking for anyone that can help me find an old boyfriend of mine from Houston. His name is Roger Pruitt Jr.. We dated from 1984 to 1985. He would be in his late 30's. He has strawberry blonde hair, 5'10" to 6' tall approx. 200 lbs. He use to live in the Montrose area. He was on the Houston Bowling league, played pool and frequented the Brazo River Bottom Bar. He drove a 1977 blue Grand Prix and worked for an accounting firm. I have seen or talked to him since 1998. I would like to find

him to see how he is doing, etc. If you have any information on him or know how to contact him please respond to this ad. David from Austin.

(CL-004, Dallas, TX, 02/98) NEW!

Positive
Classifieds

Get
Results!

To Place An Ad
call 214-521-5444
ext 154

Last Word!

Remember, when meeting new friends you should always take appropriate measures to ensure that you don't place yourself in a vulnerable situation. Here are a few of my recommendations:

*Initially meet in public places until you know them better.

*Initially give secondary contact numbers such as a pager number.

*Minimize information about you and your life

These tips will not guarantee a perfect encounter, however they will help minimize your risk of being a target of unwanted attention.

Positive + Personals

how to get *Positive + Personals*

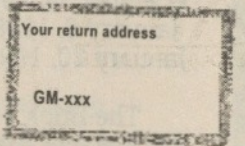
Anyone placing an ad will automatically receive a single copy by mail. For others who would like to receive the newsletter by mail, subscriptions are available. To pick up a copy, distribution sites have been established throughout the state; check with the primary HIV/AIDS service provider in your area.

how to respond to a personal ad

Mail responses to *Positive + Personals* c/o AIDS Resource Center at the address on the form below. (Or hand deliver them to the AIDS Resource Center at 2701 Reagan @ Brown.) Seal them in separate envelopes and **attach postage (a \$0.32 stamp per response)**. Responses without proper postage will not be forwarded. PLEASE be sure your response contains a way for the advertiser to reach you such as a phone number and/or address and then write the ad number you are responding to in the lower left corner (see diagram at the right). We will fill in the advertiser's address and forward it to him or her.

how to place a personal ad

Fill out the form below **COMPLETELY** and send it to us. We require at minimum that you include your name, phone number, address, gender, sexual orientation, and some statistical information to be used in your ad's headline (as indicated in the form below). Please be honest! Honesty and completeness about



your vital statistics is important in establishing trusting relationships. We do not accept ads that do not include the information required in the shaded areas. If you do not wish to provide it. Ads run for 3 months. Should you meet someone and no longer wish to participate, please notify us as soon as possible so we can pull your ad. Each ad is assigned a code number. This code, your city and the ad's expiration date will be printed at the end of your ad. If you are renewing, please indicate so and give us your code ID number. We do not require a donation to run an ad though a \$5.00 donation is encouraged. Please make checks payable to:

**Positive
+
Personals.**

Positive + Personals'		AD SUBMISSION FORM	
Name: _____ *Address: _____ *City: _____ *State: _____ Zip: _____ Home Phone: () _____ Work Phone: () _____ (Optional) E-Mail Address: _____ Location (Check One) ☐North Texas ☐East Texas ☐Gulf Coast/South Texas ☐Central Texas ☐Panhandle/West Texas Our cutoff date for personal ads for February 1998 Issue is noon -January 10, 1998		Internal Use Only (Do not use) ID NO: _____ Staff Initials: _____ Date Recv'd: _____ Donation: _____	
Personal Ad Please fill in shaded areas: *New Ad: ☐ Renewal Ad: ☐ if a renewal, current ID Number (i.e. GM _____) *Sex: Male ☐ Female ☐ Couple ☐ *Sexual Orientation: Gay ☐ Lesbian ☐ Bisexual ☐ Heterosexual ☐ Race: ☐Caucasian ☐African American ☐Hispanic ☐Native American ☐Asian ☐Other: _____ Age: _____ Height: _____ Weight: _____ Hair Color: _____ Eye Color: _____ (50 words or less)		Classified Ad ☐For Sale ☐Help Wanted ☐Roommate Wanted ☐Other _____ Contact Phone: () _____ - _____ For Ad placement Via Fax Call 214.522.4604 (25 words or less)	
Please print or type your personal ad. Be sure to include your name daytime phone number. Please fill out completely. Here is where you can get creative, tell us about yourself and what you are looking for. Due to space limitations please restrict ads to 50 words for personal ads or 25 words for classified ads. Please no negatively charged, sexually explicit, or obscene language. For our gay and bisexual members, we will allow the use of "Top/Bottom/Versatile". Any person placing a personal is identifying themselves as being an HIV+/ARC/AIDS challenged individual, 18 years or over. Any person responding to these personals is aware of that fact. By use of this service, you agree to these guidelines, and with or without your signature, acknowledge that you have read and fully understand as well as agree to them. We are not responsible for any situation that results from your use of this service. *Signature: _____ *Date: _____ 12/97			

• Food for Life! •

A day of talking about what, why, when and how to eat to maintain your health if you are living with HIV



Saturday, Jan 24th, 1998

9:30am to 3:30pm

at the AIDS Resource Center

- 2701 Reagan @ Brown -



- This seminar will include guest speakers that are experts in HIV nutritional needs.
- Representatives from various supplements & pharmaceutical companies will be on hand to answer questions and provide samples
- Opportunities for one-on-one consultations with the experts
- Learn about shopping and planning your meals
- Learn how to schedule your medications to get maximum benefits
- Information on supplements, vitamins and herbs; what to take and when



free seminar!!
lunch included!!

call 214-521-5124 to reserve your space now!

Generously underwritten by BTG Pharmaceuticals and Statscript Pharmacy. (Call for display space.)

Protease Inhibitors

Timing

New Tax Laws

Pricing

SGLI/VGLI

Confidentiality

Knowledge is Power

Every
Question
You Need
To Ask
Before
Selling Your
Life
Insurance
Policy

NWR

2nd Edition
DAVID S. LANDAY



Call Gary Lanham for the Free 1998
Updated Guide at 888-846-0050.
Or visit <http://www.nvrnvr.com>

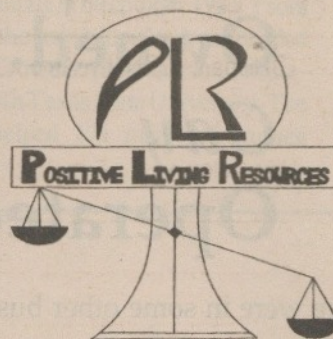
• The following is a plain language summary •

You Can Receive Immediate Cash Through The Sale Of Your Life Insurance Policy

Positive Living Resources represents you, the insured, in the sale of your life insurance policy. We obtain the highest cash payment for you by competitively marketing your policy to our qualified funding sources. Our simplified program requires you to fill out only one application, minimizing the amount of work you have to do, while maximizing the amount of money you will receive.

We are available 24 hours a day, 7 days a week to help you

1-800-398-5177



Tips the Scales in Your Favor

- NO FEES
- No Pressure
- No Obligations
- Strict Confidentiality
- Highest Cash Payments
- Informational Resources
- Any Policy is Considered For Purchase

Now Available From Positive Living Resources

We know that in this trying time, you need more than money to survive. You need the most current information available related to HIV and AIDS. **Positive Living Resources** has made a commitment to the HIV/AIDS Community. We are here to provide you with the information you need to continue leading your life in a healthy and dignified manner.

* **Updated Medical Information:** 1996 has been a revolutionary year in HIV/AIDS treatment. Protease Inhibitors are for the first time giving real hope to a community that has been devastated for so long. **Are you aware of the breakthrough medications and treatments that may be available to you?**

* **Nutritional Information:** The proper diet is critical for a person living with HIV or AIDS. **Are you eating properly?** Please don't go another day without making sure that your diet is the absolute best for you and your body.

* **Social Security Benefits and Rights:** **Are you aware of all of the benefits that you may be eligible for?** It is very important to know what benefits you are entitled to. Being informed allows you to take full advantage of your rights.

Call Positive Living Resources to receive your Free Informational Resource Package

Positive Living Resources donates a portion of all proceeds to associations dedicated to helping people living with a terminal illness, including HIV/AIDS



Free Massage: to clients of the AIDS Resource Center by a Registered Massage Therapist

- Tuesdays from 10am to 3pm
- By Appointment Only

Call Auntjuan Wiley at 214-521-5124,
ext. 151 to schedule an appointment.

**retro
active**
UPSCALE/RESALE

WISH LIST

- Display Racks (for hanging merchandise)
- Clothes hangers (like department stores use)
- Mannequins (male and female)
- Jewelry display cabinet (lockable, preferably)
- Shopping bags (3 cases per month)
- Pick-up Truck
- Volunteers with retail experience
- Volunteers with carpentry or maintenance experience

Please call Deneen Robinson at 214-630-8918 to arrange for any donations or to see where your skills can be used. If you need further information, please call or come by the store at 5464 Denton Dr. Cutoff.

Proceeds benefit the Community Service Programs of the AIDS Resource Center



**Gay
Owned.
Gay
Operated.**

It may not matter as much if we were in some other business, but when you're gay, living with HIV and thinking of selling your life insurance, it's good to know you can consult people who really understand what it's like to be in your shoes. *Linked Viatical Benefits* is the only locally registered viatical company based in Texas that's gay owned and gay operated. We will give you the *one-on-one* attention you deserve and get you the *most* money in the *shortest* time. After all, we believe there's still a *better* quality of life beyond a terminal illness. *It has happened to our clients. Why not you?*

Give Jerry a call today at 1-800-275-3090

3500 Oak Lawn Avenue
Suite 400
Dallas, Texas 75219
214-523-9678



811 Westheimer Road
Suite 280
Houston, Texas 77006
713-528-6777

LINKED VIATICAL BENEFITS

AIDS Daily Summaries

Continued from Page 7.

mission than men. In a review of the epidemiology of HIV/AIDS in women, Susan W. Gaskins—an associate professor at the Capstone College of Nursing at the University of Alabama, Tuscaloosa—notes that a woman's risk of HIV infection is raised by disruption of the vaginal mucosa, which can be caused by trauma during intercourse, inflammation caused by other sexually transmitted diseases, and use of barrier contraceptives. Among African-American women, who experience disproportionately high rates of HIV/AIDS, socioeconomic constraints can result in greater risk of infection and lower access to medical care. According to Gaskins, primary prevention strategies must be implemented—with an emphasis on the social structure of gender relations—in order to stop the steady increase in transmission rates among disenfranchised women in the United States—especially among African-American women. Gaskins notes that vertical HIV transmission in pregnant women and intravenous drug use in sexual partners are also issues of particular significance to the spread of HIV.

"New Challenge to Idea That 'AIDS Is Special'"

New York Times (11/12/97) P. A1; *Stolberg, Sheryl Gay* A number of government programs have been enacted to care for HIV-infected people because of their "special status," in the words of Gay Men's Health Crisis Executive Director Mark Robinson. However, this status is being challenged, not only by advocates of people with other life-threatening diseases, but by advocates of people with AIDS as well. As death rates for the disease continue to fall, people are beginning to say that the money being spent on these programs—which were initially intended as stopgap measures to ease dying peoples' burdens—should be used instead to fund programs to prevent the transmission of HIV in the first place. Furthermore, people—such as Project Inform founder Martin Delaney—are concerned with the lack of similar funding for other diseases, some of which kill a lot more people than AIDS. Delaney is among a growing contingent calling for a complete overhaul of the current health care system to better address all diseases rather than a specific few. While some people call Delaney naive for his desire to level the playing field among diseases, almost all agree that he has broken a taboo by questioning the validity of spending so much money and energy on one disease. Workers at AIDS agencies agree that there is room for change, but no one is certain what direction to take; and critics contend that these groups have become too enmeshed in government politics to be able to reexamine their roles clearly.

"Mexico Approves Device for Early HIV Detection"

Reuters (11/10/97) Mexico's Health Ministry has approved ShiloovTube—a biochemical test that accelerates the develop-

ment of HIV antibodies—for the early detection of HIV, according to Israel's Shiloov Medical Technologies Ltd, the makers of the test. Shiloov plans to begin sales of the test over the next few months to blood banks, clinics, diagnostic laboratories, and hospitals, and expects the recent approval to expedite registration of the ShiloovTube in other countries. The test is currently under regulatory review in Brazil, Israel, South Africa, Kenya, and the United States. Early next year, Shiloov hopes to begin U.S. clinical trials and will seek expedited approval from the Food and Drug Administration.

"The International AIDS Vaccine Initiative"

Journal of the International Association of Physicians in AIDS Care (11/97) Vol. 3, No. 11, P. 30; *Berkley, Seth* The development of a safe and inexpensive HIV vaccine is the only hope of taming the global AIDS epidemic, researchers say. More than 20 vaccines devised to cure viral infections in humans exist, but the development of an HIV vaccine has proved problematic on numerous fronts. One difficulty relates to the fact that HIV is a complex retrovirus that provides researchers with no perfect animal models for study. Also, as the AIDS epidemic has spread, many research dollars have been drawn from vaccine development and devoted to devising better treatments for the disease. The International AIDS Vaccine Initiative (IAVI), however, is trying to refocus the vaccine-development effort, using a "push-pull" strategy. As a "push" measure, the group resolved to advocate the vaccine development cause around the globe, urging activists, scientists, government officials, corporate leaders, and sources of funding to rally around the cause. On the "pull" side, the IAVI hopes to foster the creation of incentives for pharmaceutical companies working on vaccine research. These incentives might include legislation to alleviate drug makers' regulatory and liability problems, and a vaccine purchase fund to ensure vaccine sales in impoverished parts of the world. In the end, the IAVI hopes its efforts will combine the resources of industry, researchers, and government, and lead to the speedy development and implementation of an effective HIV vaccine.

"Communication of Preferences for Care Among Human Immunodeficiency Virus- Infected Patients: Barriers to Informed Decisions?"

Journal of the American Medical Association (11/12/97) Vol. 278, No. 18, P. 1470c In the Archives of Family Medicine, Charles Mouton of the University of Texas Health Science Center and colleagues report a study in which they examined whether terminally ill patients communicated their wishes to their doctors. The cross-sectional survey was conducted among 861 patients with either symptomatic HIV or AIDS, who were participating in the Robert Wood Johnson AIDS Health Services Program in nine cit-

Continued on Page 19.

It Seems Like Yesterday: Ten Years Ago

By Greg Bergeron

The following is a synopsis of the AIDS Update, December 1987 and January 1988.

December 1987: Craig Hess wrote in the column, Food Pantry, a request that is important today as it was ten years ago. "Tis the season for holiday giving and the Food Pantry always benefits from the generosity of a caring community filled with the Holiday Spirit."

In The Media - AIDS Lifeline produced television's first ongoing national AIDS education and prevention campaign. The motto of AIDS Lifeline is "The best defense against AIDS is information." The project originated in 1983 at Group W station KPIX in San Francisco. In 1985, the program expanded to WBZ-TV in Boston.

Actor's Equity creates AIDS funds by asking that all performances during Thanksgiving week be dedicated to the Equity's efforts to fight AIDS.

NBC's daytime serial, **Another World**, began its much talked about AIDS story line. ABC's **All My Children**, and CBS's **As The World Turns** also were considering dealing with this subject. NBC had also announced that it was developing a four-hour mini-series based on Randy Shilt's best-seller, **And the Band Played On: People, Politics and the AIDS Epidemic**.

Dallas County AIDS Study - Dr. Charles E. Haley, Dallas County's Chief epidemiologist, estimated that between 15,000 and

28,000 local people were infected by HIV and that 90 percent of them were not aware of it. As of November 1987, 850 people in Dallas County had been diagnosed with AIDS and 506 of them had died. By 1991, he projected, 5,940 will have been diagnosed. The actual number of cumulative infected persons for 1991 was 4,113. The current figure is 9,672 with 5,222 deaths.

Mosquitoes & AIDS - An article by Dave Lewis to enlighten those who believe that mosquitoes can infect people with HIV.

California Bans Safe Sex Info. - The California Republican Party had called for criminal prosecution of the San Francisco AIDS Foundation and others who distribute explicit AIDS educational materials. The Republicans also called for a state audit of all AIDS educational material and to cut off any funding to any organizations that distributed the banned items. Many areas in California that received their information from San Francisco would be without any type of educational materials to combat the growing number of cases.

According to a "Sound-Off" poll conducted by the Dallas Times Herald, 56% responded that children with AIDS should be allowed to attend school. Those responding no were mostly uninformed on how HIV is spread.

A poll conducted by USA Weekend that received 20,970 responses found that 80% agreed that children should be taught about condoms and AIDS in school.

AIDS Therapies & Treatment - The Linus Pauling Institute of Science and Medicine has recommended to the Presidents Commission on AIDS a study on the possible value of large doses of vitamin C in preventing and treating AIDS.

Legislation - Fall 1987 was a busy time for the Gay/lesbian community. There was legislation pending for the Kennedy-Waxman bill, confirmation hearings of Robert Bork, and the National March on Washington. The National Academy of Sciences recommended for a massive financial effort to fight AIDS by 1990 of one billion dollars. The House of Representatives approved record appropriations for federal AIDS programs of \$970 million for fiscal 1988.

AIDS Legal Hotline - The new state-wide AIDS Legal Hotline was recruiting cooperating attorneys to assist people with AIDS with their legal problems.

AZT Alert - The Texas Department of Health was processing \$1.8 million worth of applications for AZT. The program was for those who do not have insurance and were on Medicaid. This means that everyone on the programs at public hospitals would have to apply for this money. The Lesbian/Gay Lobby and Texas Human Rights Foundation, Legal Services, and others are ready to go to court against the Department of Human Resources to mandate coverage of this drug.

Visitation Committee - The Visitation Committee of the AIDS Resource Center began with a very small nucleus of concerned individuals in December 1985. From its inception, the committee has been headed by Dr. Doug Crowder, professor and administrator at North Texas State University. The Committee helped 271 men and women

with ARC. The Committee held conferences, lectures, seminars, benefits, and concerts for fund-raising. They also developed a subcommittee called The Hospital Visitation Committee to keep in touch with any hospitalized PWAs.

Patti Le Plae Safe's Gossip Column included:

- Beth El Binah sponsored two performances of *As Is* at a benefit for the AIDS Resource Center.
- The Texas Gay Rodeo was at Fair Park.
- The Thirteenth Coronation of Emperor and Empress of the United Court of the Lone Star Empire (whatever that is) was held at Party's.
- Sandy Meyers, owner of Buddies, was helping stock the AIDS Resource Center Food Pantry by collecting donations in her bar.
- Mike Richards of the AIDS Resource Center is leaving and wants to become a beach bum in Hawaii.

January 1988 - Community Honors Mike Richards - More than 100 community leaders honored Mike Richards at a farewell dinner and reception at Cadillac Bar on December 6, 1987. Richards, who has been diagnosed with AIDS has served as the Center's AIDS educator for the past two years, and is a long-term member of the Board of Directors of the DGA. He will be moving to Hawaii with his parents.

Gays with GUTS: A Personal Perspective - This organization was created to raise awareness of homophobia, bigotry, and ignorance, and vigorously respond to them in a nonviolent way. William Hunt writes about a confrontation at DFW airport with the LaRouchies. The GUTS organization had a table set up at the airport to distribute education. Continued on Page 22.

Love And Light



By Mary Franklin

I officially started my holidays in early November. When I get melancholy and sad, my work reminds me to be thankful. One thing I do is listen to holiday music, including one of my favorite Hanukkah songs called *Light One Candle*. The words remind me of why I have been so committed to the work I do. I am thankful that those who have died have entrusted us with their light. When society wants to deny them their rights to exist, lighting a candle honors their pain. For the sacrifice of freedom and justice that they endured, light a candle for the law makers, peace makers, researchers, and health professionals that have created change. Light a candle for all that are with us today. We cannot let the light go out. It has lasted for so many years. It shines through our love and tears. We can look to that candle for strength to carry on. Many of us know that anger will tear us apart and love will keep

us strong. Have a happy holiday and light a candle.

Meal Program:

Will we actually have the promise of no construction for the next year? We are happy to have served our clients and thank our donors for the ongoing support. There is a rumor that we will be getting new chairs for the meal program. We would like to have round tables to go with them, so if Santa has a lot of those around we would love to give them a home. We also would like to replace our freezers and our industrial refrigerators with a new, more efficient variety. I know that "diamonds are a girl's best friend", but I can tell you that this one would love to offer our clients a more variety of foods. Money is what it takes, but we would also love your holiday baked goods. We have desserts every day - that is a lot of cookies.

Food Pantry:

My hope is that when you read this article we are buried under donations. We rely on those donations to make ends meet. We have had our Thanksgiving giveaway and the wait was at least 1 hour. We still want a new building so that we all can be together. We need more donations of products, fresh fruit and frozen meats. We need 2000 hanging files (letter-size) to re-file all of those food pantry files. Once again we love to have money. It's tax time, we could play Santa, make our clients happy and give away butter at least once! Allow more of our current giveaway items to be put to good use.

RetroActive:

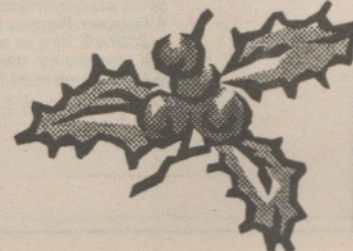
HO! HO! HO! We are crazier than ever! We are helping our clients with dollar "rollovers" from November to December, therefore more items will be needed for

this holiday season. We are making a huge effort to assist families in getting extra for the season. If you have children that have out-grown clothing or toys, please donate them to RetroActive.

Just in case you didn't know, RetroActive is open to the public to keep the program floating. This program is not funded, so you *can* be our SANTA all year round.

Love and Light, Mary **A U**

Mary Franklin is Direct Client Services Manager for the Foundation for Human Understanding.



BRIEF SUMMARY

COMBIVIR™ Tablets (lamivudine/zidovudine tablets)

The following is a brief summary only; see full prescribing information for complete product information.

WARNING: ZIDOVUDINE, ONE OF THE TWO ACTIVE INGREDIENTS IN COMBIVIR, HAS BEEN ASSOCIATED WITH HEMATOLOGIC TOXICITY INCLUDING NEUTROPENIA AND SEVERE ANEMIA, PARTICULARLY IN PATIENTS WITH ADVANCED HIV DISEASE (SEE WARNINGS). PROLONGED USE OF ZIDOVUDINE HAS BEEN ASSOCIATED WITH SYMPTOMATIC MYOPATHY.

LACTIC ACIDOSIS AND SEVERE HEPATOMEGALY WITH STEATOSIS, INCLUDING FATAL CASES, HAVE BEEN REPORTED WITH THE USE OF ANTIRETROVIRAL NUCLEOSIDE ANALOGUES ALONE OR IN COMBINATION, INCLUDING ZIDOVUDINE AND LAMIVUDINE (SEE WARNINGS).

INDICATIONS AND USAGE: COMBIVIR is indicated for the treatment of HIV infection.

Description of Clinical Studies: *COMBIVIR:* There have been no clinical trials conducted with COMBIVIR. See CLINICAL PHARMACOLOGY for information about bioequivalence. One COMBIVIR Tablet given twice a day is an alternative regimen to EPVIR Tablets 150 mg twice a day plus RETROVIR 600 mg per day in divided doses.

Lamivudine Plus Zidovudine: The NUCB3007 (CAESAR) study was conducted using EPVIR 150-mg Tablets (150 mg b.i.d.) and RETROVIR 100-mg Capsules (2 x 100 mg t.i.d.). CAESAR was a multicenter, double-blind, placebo-controlled study comparing continued current therapy (zidovudine alone (62% of patients) or zidovudine with didanosine or zalcitabine (38% of patients)) to the addition of EPVIR or EPVIR plus an investigational non-nucleoside reverse transcriptase inhibitor, randomized 1:2:1. A total of 1,816 HIV-infected adults with 25 to 250 (median 122) CD4 cells/mm³ at baseline were enrolled: median age was 36 years, 87% were male, 84% were nucleoside-experienced, and 16% were therapy-naïve. The median duration on study was 12 months. Results are summarized in Table 3.

Table 3: Number of Patients (%) With At Least One HIV Disease-Progression Event or Death

Endpoint	Current Therapy (n = 460)	EPVIR plus Current Therapy (n = 896)	EPVIR plus a NNRTI* plus Current Therapy (n = 460)
HIV progression or death	90 (19.6%)	86 (9.6%)	41 (8.9%)
Death	27 (5.9%)	23 (2.6%)	14 (3.0%)

*An investigational non-nucleoside reverse transcriptase inhibitor not approved in the United States.

CONTRAINDICATIONS: COMBIVIR Tablets are contraindicated in patients with previously demonstrated clinically significant hypersensitivity to any of the components of the product.

WARNINGS: COMBIVIR is a fixed-dose combination of lamivudine and zidovudine. Ordinarily, COMBIVIR should not be administered concomitantly with either lamivudine or zidovudine.

The complete prescribing information for all agents being considered for use with COMBIVIR should be consulted before combination therapy with COMBIVIR is initiated.

Bone Marrow Suppression: COMBIVIR should be used with caution in patients who have bone marrow compromise evidenced by granulocyte count <1,000 cells/mm³ or hemoglobin <9.5 g/dL (see ADVERSE REACTIONS).

Frequent blood counts are strongly recommended in patients with advanced HIV disease who are treated with COMBIVIR. For HIV-infected individuals and patients with asymptomatic or early HIV disease, periodic blood counts are recommended.

Lactic Acidosis/Severe Hepatomegaly with Steatosis: Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of antiretroviral nucleoside analogues alone or in combination, including zidovudine and lamivudine. A majority of these cases have been in women. Caution should be exercised when administering COMBIVIR to any patient, and particularly to those with known risk factors for liver disease. Treatment with COMBIVIR should be suspended in any patient who develops clinical or laboratory findings suggestive of lactic acidosis or hepatotoxicity. **Myopathy:** Myopathy and myositis, with pathological changes similar to that produced by HIV disease, have been associated with prolonged use of zidovudine and therefore may occur with therapy with COMBIVIR.

PRECAUTIONS:

General: Reduction of doses of lamivudine is recommended for patients with low body weight (less than 50 kg or 110 lb); therefore patients with low body weight should not receive COMBIVIR.

Patients With HIV and Hepatitis B Virus Coinfection: In clinical trials and postmarketing experience, some patients with HIV infection who have chronic liver disease due to hepatitis B virus infection experienced clinical or laboratory evidence of recurrent hepatitis upon discontinuation of lamivudine. Consequences may be more severe in patients with decompensated liver disease.

Patients With Impaired Renal Function: Reduction of the dosages of lamivudine and zidovudine is recommended for patients with impaired renal function. Patients with creatinine clearance ≤50 mL/min should not receive COMBIVIR.

Information for Patients: COMBIVIR is not a cure for HIV infection and patients may continue to experience illnesses associated with HIV infection, including opportunistic infections. Patients should be advised that the use of COMBIVIR has not been shown to reduce the risk of transmission of HIV to others through sexual contact or blood contamination. Patients should be informed that the major toxicities of COMBIVIR are neutropenia and/or anemia. They should be told of the extreme importance of having their blood counts followed closely while on therapy, especially for patients with advanced HIV disease. Patients should be advised of the importance of taking COMBIVIR as it is prescribed.

Drug Interactions: Coadministration of ganciclovir, interferon-alpha, and other bone marrow suppressive or cytotoxic agents may increase the hematologic toxicity of zidovudine (see CLINICAL PHARMACOLOGY section of full prescribing information).

Carcinogenesis, Mutagenesis, and Impairment of Fertility: Carcinogenicity:

Lamivudine: Lamivudine long-term carcinogenicity studies in mice and rats showed no evidence of carcinogenic potential at exposures up to 10 times (mice) and 58 times (rats) those observed in humans at the recommended therapeutic dose.

Zidovudine: Zidovudine was administered orally at three dosage levels to separate groups of mice and rats (60 females and 60 males in each group). Initial single daily doses were 30, 60, and 120 mg/kg per day in mice and 80, 220, and 600 mg/kg per day in rats. The doses in mice were reduced to 20, 30, and 40 mg/kg per day after day 90 because of treatment-related anemia, whereas in rats only the high dose was reduced to 450 mg/kg per day on day 91 and then to 300 mg/kg per day on day 279.

In mice, seven late-appearing (after 19 months) vaginal neoplasms (five non-metastasizing squamous cell carcinomas, one squamous cell papilloma, and one squamous polyp) occurred in animals given the highest dose. One late-appearing squamous cell papilloma occurred in the vagina of a middle-dose animal. No vaginal tumors were found at the lowest dose.

In rats, two late-appearing (after 20 months), non-metastasizing vaginal squamous cell carcinomas occurred in animals given the highest dose. No vaginal tumors occurred at the low or middle dose in rats. No other drug-related tumors were observed in either sex of either species.

At doses that produced tumors in mice and rats, the estimated drug exposure (as measured by AUC) was approximately three times (mouse) and 24 times (rat) the estimated human exposure at the recommended therapeutic dose of 100 mg every 4 hours.

Two transplacental carcinogenicity studies were conducted in mice. One study administered zidovudine at doses of 20 mg/kg per day or 40 mg/kg per day from gestation day 10 through parturition and lactation with dosing continuing in offspring for 24 months postnatally. The doses of zidovudine employed in this study produced zidovudine exposures approximately three times the estimated human exposure at recommended doses. After 24 months, at the highest dose, an increase in incidence of vaginal tumors was noted with no increase in tumors in the liver or lung or any other organ in either gender. These findings are consistent with results of the standard oral carcinogenicity study in mice, as described earlier. A second study administered zidovudine at maximum tolerated doses of 12.5 mg/day or 25 mg/day (~1,000 mg/kg nonpregnant body weight or ~450 mg/kg of term body weight) to pregnant mice from days 12 through 18 of gestation. There was an increase in the number of tumors in the lung, liver, and female reproductive tracts in the offspring of mice receiving the higher dose level of zidovudine.

It is not known how predictive the results of rodent carcinogenicity studies may be for humans.

Mutagenicity: Lamivudine: Lamivudine was negative in a microbial mutagenicity screen, in an in vitro cell transformation assay, in a rat micronucleus test, in a rat bone marrow cytogenetic assay, and in an assay for unscheduled DNA synthesis in rat liver. It was mutagenic in a L5178Y/TK⁺ mouse lymphoma assay and clastogenic in a cytogenetic assay using cultured human lymphocytes.

Zidovudine: Zidovudine was mutagenic in a L5178Y/TK⁺ mouse lymphoma assay, positive in an in vitro cell transformation assay, clastogenic in a cytogenetic assay using cultured human lymphocytes, and positive in mouse and rat micronucleus tests after repeated doses. It was negative in a cytogenetic study in rats given a single dose.

Impairment of Fertility: Lamivudine: In a study of reproductive performance, lamivudine, administered to male and female rats at doses up to 130 times the usual adult dose based on body surface area considerations, revealed no evidence of impaired fertility (judged by conception rates) and no effect on the survival, growth, and development to weaning of the offspring.

Zidovudine: Zidovudine, administered to male and female rats at doses up to 7 times the usual adult dose based on body surface area considerations, had no effect on fertility judged by conception rates.

Pregnancy: Pregnancy Category C.

COMBIVIR: There are no adequate and well-controlled studies of COMBIVIR in pregnant women. Reproduction studies with lamivudine and zidovudine have been performed in animals (see Lamivudine and Zidovudine sections below). COMBIVIR should be used during pregnancy only if the potential benefits outweigh the risks.

Lamivudine: Reproduction studies with orally administered lamivudine have been performed in rats and rabbits at 130 and 60 times, respectively, the usual adult dose (based on relative body surface area) and have revealed no evidence of teratogenicity. Some evidence of early embryolethality was seen in the rabbit at doses similar to those produced by the usual adult dose and higher, but there was no indication of this effect in the rat at orally administered doses up to 130 times the usual adult dose. Studies in pregnant rats and rabbits showed that lamivudine is transferred to the fetus through the placenta.

Zidovudine: Reproduction studies with orally administered zidovudine in the rat and in the rabbit at doses up to 500 mg/kg per day revealed no evidence of teratogenicity with zidovudine. Zidovudine treatment resulted in embryo/fetal toxicity as evidenced by an increase in the incidence of fetal resorptions in rats given 150 or 450 mg/kg per day and rabbits given 500 mg/kg per day. The doses used in the teratology studies resulted in peak zidovudine plasma concentrations (after one-half of the daily dose) in rats 66 to 226 times, and in rabbits 12 to 87 times, mean steady-state peak human plasma concentrations (after one-sixth of the daily dose) achieved with the recommended daily dose (100 mg every 4 hours). In an additional teratology study in rats, a dose of 3,000 mg/kg per day (very near the oral median lethal dose in rats of 3,683 mg/kg) caused marked maternal toxicity and an increase in the incidence of fetal malformations. This dose resulted in peak zidovudine plasma concentrations 350 times peak human plasma concentrations. No evidence of teratogenicity was seen in this experiment at doses of 600 mg/kg per day or less. Two rodent carcinogenicity studies were conducted (see Carcinogenesis, Mutagenesis, Impairment of Fertility).

Antiretroviral Pregnancy Registry: To monitor maternal-fetal outcomes of pregnant women exposed to COMBIVIR™ Tablets (lamivudine/zidovudine tablets) and other antiretroviral agents, an Antiretroviral Pregnancy Registry has been established. Physicians are encouraged to register patients by calling (800) 722-9292, ext. 39437.

Nursing Mothers: The Centers for Disease Control and Prevention recommend that HIV-infected mothers not breast-feed their infants to avoid risking postnatal transmission of HIV infection.

COMBIVIR: Zidovudine is excreted in breast milk (see CLINICAL PHARMACOLOGY: Pharmacokinetics: Nursing Mothers section of full prescribing information); however, no data are available on COMBIVIR or lamivudine. Therefore, there is a potential for adverse effects in nursing infants. **Mothers should be instructed not to breast-feed if they are receiving COMBIVIR.**

Pediatric Use: COMBIVIR should not be administered to pediatric patients less than 12 years of age because it is a fixed-dose combination that cannot be adjusted for this patient population.

ADVERSE REACTIONS:

Lamivudine Plus Zidovudine Administered As Separate Formulations: In four randomized, controlled trials of EPVIR 300 mg per day plus RETROVIR 600 mg per day, the following selected clinical and laboratory adverse events were observed (see Tables 2 and 3).

Table 2: Selected Clinical Adverse Events (≥5% Frequency) in Four Controlled Clinical Trials With EPVIR 300 mg/day and RETROVIR 600 mg/day

Adverse Event		EPVIR plus RETROVIR (n = 251)
Body as a whole	Headache	35%
	Malaise & fatigue	27%
	Fever or chills	10%
Digestive	Nausea	33%
	Diarrhea	18%
	Nausea & vomiting	13%
	Anorexia and/or decreased appetite	10%
	Abdominal pain	9%
	Abdominal cramps	6%
Nervous system	Dyspepsia	5%
	Neuropathy	12%
	Insomnia & other sleep disorders	11%
Respiratory	Dizziness	10%
	Depressive disorders	9%
Skin	Nasal signs & symptoms	20%
	Cough	18%
Musculoskeletal	Skin rashes	9%
	Musculoskeletal pain	12%
	Myalgia	8%
	Arthralgia	5%

Pancreatitis was observed in three of the 656 adult patients (<0.5%) who received EPVIR in controlled clinical trials. Selected laboratory abnormalities observed during therapy are listed in Table 3.

Table 3: Frequencies of Selected Laboratory Abnormalities Among Adults in Four Controlled Clinical Trials of EPVIR 300 mg/day plus RETROVIR 600 mg/day*

Test (Abnormal Level)	EPVIR plus RETROVIR % (n)
Neutropenia (ANC<750/mm ³)	7.2% (237)
Anemia (Hgb<8.0 g/dL)	2.9% (241)
Thrombocytopenia (platelets<50,000/mm ³)	0.4% (240)
ALT (>5.0 x ULN)	3.7% (241)
AST (>5.0 x ULN)	1.7% (241)
Bilirubin (>2.5 x ULN)	0.8% (241)
Amylase (>2.0 x ULN)	4.2% (72)

ULN = Upper limit of normal.

ANC = Absolute neutrophil count.

n = Number of patients assessed.

*Frequencies of these laboratory abnormalities were higher in patients with mild laboratory abnormalities at baseline.

Observed During Clinical Practice: The following events have been identified during post-approval use of EPVIR and/or RETROVIR. Because they are reported voluntarily from a population of unknown size, estimates of frequency cannot be made. These events have been chosen for inclusion due to their seriousness, frequency of reporting, causal connection to EPVIR and/or RETROVIR, or a combination of these factors.

Alopecia, erythema multiforme, hyperglycemia, lactic acidosis and hepatic steatosis (see WARNINGS), pancreatitis, seizures, sensitization reactions (including anaphylaxis), Stevens-Johnson syndrome, urticaria, and vasculitis.

OVERDOSAGE:

COMBIVIR: There is no known antidote for COMBIVIR.

Lamivudine: One case of an adult ingesting 6 grams of lamivudine was reported; there were no clinical signs or symptoms noted and hematologic tests remained normal. It is not known whether lamivudine can be removed by peritoneal dialysis or hemodialysis.

Zidovudine: Acute overdoses of zidovudine have been reported in pediatric patients and adults. These involved exposures up to 50 grams. The only consistent findings were nausea and vomiting. Other reported occurrences included headache, dizziness, drowsiness, lethargy, confusion, and one report of a grand mal seizure. Hematologic changes were transient. All patients recovered. Hemodialysis and peritoneal dialysis appear to have a negligible effect on the removal of zidovudine while elimination of its primary metabolite, 3'-azido-3'-deoxy-5'-O-β-D-glucopyranuronosylthymidine (GZDV), is enhanced.

DOSAGE AND ADMINISTRATION: The recommended oral dose of COMBIVIR for adults and adolescents (at least 12 years of age) is one tablet (containing 150 mg of lamivudine and 300 mg of zidovudine) twice daily.

Dose Adjustment: Because it is a fixed-dose combination, COMBIVIR should not be prescribed for patients requiring dosage adjustment such as those with reduced renal function (creatinine clearance ≤50 mL/min), those with low body weight (<50 kg or 110 lb), or those experiencing dose-limiting adverse events.

U.S. Patent Nos. 5,047,407; 4,818,538; 4,828,838; 4,724,232; 4,833,130; and 4,837,208

GlaxoWellcome

Glaxo Wellcome Inc.
Research Triangle Park, NC 27709

Reference: 1. Hammer SM, Squires KE, Hughes MD, et al. A controlled trial of two nucleoside analogues plus indinavir in persons with human immunodeficiency virus infection and CD4 cell counts of 200 per cubic millimeter or less. *N Engl J Med.* 1997;337:725-733.

Lamivudine is manufactured under agreement from Biochem Pharma Inc.
Laval, Quebec, Canada

September 1997/RL-466

**NEW
FOR
HIV**



The Power of Two

The Simplicity of One

Combivir™
lamivudine¹⁵⁰mg/zidovudine³⁰⁰mg
ONE TABLET TWICE A DAY

**Now two proven HIV therapies
are in one tablet**

- One Epi[®] (lamivudine; 3TC) Tablet 150 mg + one Retrovir[®] (zidovudine; AZT) Tablet 300 mg = Combivir
- One Combivir Tablet morning and night, with or without food
- Studies have shown that Epi[®] (3TC) + Retrovir (AZT) as part of potent antiretroviral regimens can help you live a longer, healthier life*
- If you're on antiretroviral therapy—or if you're about to start—new Combivir may be right for you

The safety profile of Combivir should be the same as that of Epi[®] + Retrovir. The most frequent side effects associated with Epi[®] + Retrovir taken together are headache, upset stomach, malaise or fatigue, and runny nose. People taking antiretroviral drugs, including lamivudine and zidovudine, should see their doctors regularly because serious problems have occurred in some patients. See important information about Combivir on the following page.

Combivir is indicated for the treatment of HIV infection.

Ask your doctor for new Combivir
Call 1-888-TREAT HIV ext. 107 for more information

See important information about Combivir on following page.

**Smarter
Together**
www.treatshiv.com

©1997 Glaxo Wellcome Inc. All rights reserved.

Printed in USA.

CBV007R0

October 1997

Update

Glaxo Wellcome
Oncotherapy/HIV
A Division of Glaxo Wellcome Inc.
Research Triangle Park, NC 27709
P.O. Box 200000, Research Triangle Park, NC 27709

Food Pantry Wish List

Canned Goods

Vegetables
Corn
Peas
Tomatoes
Tomato Paste & Sauce
Carrots
Spinach
Lima Beans

Canned Meats

Tuna
Chicken
Salmon
Chili
Beef Stew
Ravioli
Microwavable Lunches
Spam

Canned Fruits

Fruit Cocktail
Peaches
Pears
Pineapple

Frozen Meats

Dry Staples

Rice Dishes
Macaroni & Cheese
Potato Dishes
Pasta Mixes
Rice
Beans (Navy, Pinto, etc.)
Hamburger Helper

Paper & Grooming Goods

Shaving Cream
Disposable Razors
Shampoo
Toilet Paper
Paper Towels
Kleenex
Bar Soap
Toothpaste
Tooth Brushes

Fresh Produce

Fruits
Vegetables

All donations can be dropped off at the AIDS Resource Center's *Food Pantry*. After 6:00 PM, non-perishable items can be dropped off at TapeLenders on Cedar Springs. Please call 214-521-3390 for more information.

3922-B Cedar Springs
(entrance in rear of building)
P.O. Box 190869
Dallas, Texas 75219-0869.

Hours: Monday
Noon-8:30
Tuesday-Friday
Noon-6:00
214-521-3390

AIDS Resource Center
**f o o d
p a n t r y**

Give Them a Piece of Your Mind!

Your elected officials love to hear from you.
The following is provided for your convenience.
(Names, addresses, and phone numbers may change without notice.)

City of Dallas

1500 Marilla Avenue, Dallas, Texas 75201
City Council 214-670-4050
Mayor's Office 214-670-4054
City Secretary's Office 214-670-3738

Dallas City Mayor and Council Members

Ron Kirk - Mayor	Don Hicks - District 5	Alan Walne - District 10
Steve Salazar - District 1	Barbara Mallory - District 6	Lois Finkleman - District 11
John Loza - District 2	Charlotte Mayes - District 7	Sandy Greyson - District 12
Bob Stimson - District 3	Al Lipscomb - District 8	Donna Blumer - District 13
Larry Duncan - District 4	Mary Poss - District 9	Veletta Lill - District 14

Dallas County Commissioners Court 214-653-7361
411 Elm Street, Dallas, Texas 75201

Lee Jackson - County Judge 214-653-7361
John Wiley Price - District 3 214-653-6671
Jim Jackson - District 1 214-653-7552
Ken Mayfield - District 4 214-653-6670
Mike Cantrell - District 2 972-240-1740

Texas State Representatives

Texas House of Representatives, Capitol Station, P.O. Box 2910, Austin, TX 78711

Texas State Senators

Texas Senate gopher://capitol.tlc.texas.gov
Capitol Station, P.O. Box 12068, Austin, TX 78711

• **NOTE:** For the name and the local address of your State Representative or Senator, call the Dallas County Voter Registrar's office at 214-653-7871

Texas Attorney General 512-463-2100
Dan Morales, P.O. Box 13528, Austin, TX 78711

Texas Lieutenant Governor 512-463-0001
Bob Bullock, P.O. Box 12068, Austin, TX 78711

Texas Governor 512-463-2000
George W. Bush, P.O. Box 12428, Austin, TX 78711

Texas Supreme Court 512-463-1312
Supreme Court of Texas, P.O. Box 12248, Austin, TX 78711

U.S. Representatives (for Dallas Area)

U.S. House of Representatives, Washington, DC 20515
Dick Arney (Dist. 26) 972-556-2500/202-225-7771
9901 E. Valley Ranch Pkwy, #3050, Irving, TX 75063 <http://www.house.gov/armey>

Sam Johnson (Dist. 3) 214-739-0183/202-225-4201
9400 N. Central Expwy., Dallas, TX 75231 sam03tx@hr.house.gov

Pete Sessions (Dist. 5) 214-767-6554/202-225-2231
8035 E. R.L. Thornton, #518, Dallas, TX 75228

Martin Frost (Dist. 24) 214-767-2816/202-225-3605
400 S. Zang, #1319, Dallas, TX 75208 frost@hr.house.gov

Eddie Bemice Johnson, (Dist. 30) 214-922-8885/202-225-8885
2515 McKinney, #1565, Dallas, TX 75201 ejohnson@hr.house.gov

U.S. Senators (for Texas)

U.S. Senate, Washington, DC 20510
Kay Bailey Hutchison 214-361-3500/202-224-5922
10440 N Central Expwy #1160, Dallas, TX 75231 senator@hutchison.senate.gov
In D.C. - Senate Office Bldg., 283 Russell, Washington, DC 20510

Phil Gramm 214-767-3000/202-224-2934
2323 Bryan St., #1500, Dallas, TX 75201

U.S. President

Bill Clinton Comment Line 202-456-1111
The White House 202-456-1414 (Fax 202-456-2461)
1600 Pennsylvania Avenue, Washington, DC 20500 president@whitehouse.gov

National AIDS Policy Coordinator

Sandra Thurman Comment Line 202-632-1090

FREE lunch for AIDS Resouce Center Clients

When

Monday - Friday

Time

11:30AM -1PM

Where

AIDS Resource Center
Activities Building
2701 Reagan
Dallas, Texas

How

All AIDS Resource
Center clients are
welcome each day.

Anyone who presents
his or her valid client
card may have lunch
on us!

HIV+ PATIENTS

NEEDED for Special Studies in the Treatment of Skin Disorders

Purposes of the Study:

1. Compare the effectiveness of different treatments for the following skin disorders:

- Facial seborrheic dermatitis
- Facial molluscum contagiosum
- Eosinophilic folliculitis
- Psoriasis

2. Determine whether weekly skin applications of contact agents DNCB or SLS slow progression to AIDS; and to track immunologic parameters in order to identify markers that predict treatment response. Patients are needed WITHOUT skin disease as well as persons who have previously experienced Opportunistic Infections.

Benefits to the Patient:

1. Diagnosis and treatment of selected skin disorders.
2. Laboratory evaluations provided at no cost:
 - CBC, Chemistry Panels
 - HIV-RNA (Viral Load)
 - T-cell counts including CD4 & CD8

3. Payment of \$100.00 for FULL PARTICIPATION.

If you are interested or have questions

Please call (214) 648-7274

AIDS Daily Summaries

Continued from Page 14.

ies across the United States. Of those people, all 861 said they did have a treatment preference for either extending life or extending comfort, even at the expense of shortening life. However, only 35.8 percent had told their physician their preference. African American patients were only half as likely to have spoken to their doctor, even after adjusting for age, income, and other similar factors. They were also only half as likely to prefer the comfort-based approach. The study also found that people who were less able to function, who faced daily symptoms, and/or who were college educated were more likely to express their wishes to their physicians. The researchers concluded that most symptomatic HIV patients have neglected to speak to their doctors regarding their future care, and the proportion of African Americans who have done so is even lower.

"New Studies Offer Hope and Caution on AIDS Therapies"

New York Times (11/14/97) P. A1; Grady, Denise Three new studies reveal that the potent new AIDS therapies do not entirely eliminate HIV from the body; however, they also suggest that the virus is not developing resistance to the drugs. Two of the three studies, which were conducted independently, are published in the current issue of the journal *Science*, while the third will be

published in the Nov. 25 issue of the Proceedings of the National Academy of Sciences. Scientists found that the AIDS cocktails banish HIV to certain immune system cells and render the virus dormant, making it likely that AIDS patients taking the costly drugs must continue to take them indefinitely. However, the researchers also found that the banished HIV occupies very few cells, and even after two years of therapy, had not developed resistance to the AIDS medications. "This shows that the drugs are really quite good, and are doing what they're supposed to," said David Ho, author of one of the two *Science* studies and head of the Aaron Diamond Research Center in New York. Related Story: Wall Street Journal (11/14) P. B1

"Canadian University Unveils 'Invisible Condom'"

Reuters (11/13/97) The Infectious Diseases Research Center of Canada's Laval University has developed a prototype for an "invisible condom," which is actually a non-toxic polymer-based liquid that solidifies into a gel when applied to the body. Tests reveal that the gel, which forms a water-proof film, reduced transmission of both HIV and the virus responsible for genital herpes. The center plans to conduct human clinical tests within two years and hopes to market the product commercially upon regulatory approval in the United States and Canada.

Continued on Page 22.



How do you know you are getting the best possible price for your life insurance policy?

Because you called

Life...Today!

A Viatical Settlement Company for financial relief.

At no cost to you, we present your application to a world of funding sources to find the best price possible, confidentially and with no hassle to you.

1 (800) 554-2104 *Confidential*

AIDS
RESOURCE CENTER

F.Y.I.

Client Services, Education
and FHU Administration Office

AIDS Resource Center
214-521-5124

Gay & Lesbian Community Center
214-528-9254

2701 Reagan at Brown

Monday - Friday 9:00AM - 9:00PM
Saturday 9:00AM - 5:00PM
Sunday NOON - 5:00PM
(CLOSED HOLIDAYS)

Food Pantry
214-521-3390

3922-B (Rear) Cedar Springs Road
Monday NOON - 8:30PM
Tuesday-Friday NOON - 6:00PM

Nelson-Tebedo Community Clinic
214-528-2336
4012 Cedar Springs Road
Monday - Thursday 9:00AM - 6:00PM
Friday 9:00AM - 4:00PM

RetroActive Upscale Resale
214-630-8918
5464 Denton Drive Cutoff
Tuesday - Saturday .. 11:00AM - 6:00PM

Foundation for Human
Understanding
P.O. Box 190869 • 2701 Reagan
Dallas, TX 75219-0869

Fact Sheets on Alternative/Complementary Therapies from the Treatment Education Program of AIDS Project Los Angeles

- Jon Greenburg Library
of Alternative Therapies
for HIV/AIDS — Volume I:
1. Aloe Vera/Acemannan
 2. Antineoplastons
 3. Astragalus
 4. Bitter Melon
 5. CanCell
 6. Colloidal Silver
 7. Curcumin
 8. DNCB
 9. Essiac
 10. Hypericin
 11. Kemron (Immunex)
 12. NAC (N-Acetyl Cysteine)
 13. Ozone/Oxygen
 14. PCM-4
 15. Traditional Chinese Medicine
 16. Vitamins

To receive the fact sheets, call Amy Hardin at 214-521-5342, ext. 135, and leave a message specifying:

- ☐ Which fact sheet you want. Specify "Complete Package" if you want them all.
- ☐ Your name (please spell) or initials.
- ☐ Your phone number.
- ☐ Your address (please spell) including city, state, and zip.

Social Security Information Meetings

When:
Third Wednesday of Each Month
3:00 p.m.

Where:
AIDS Resource Center
Client Services Office
2701 Reagan

What:
Social Security information for those who:

- are HIV+
- want to learn about how to apply
- have questions about Social Security
- are planning to apply for SSI and/or SSDI

Application packets and printed handouts are available.

Next Meetings:
Wednesday, December 17th and
Wednesday, January 21st.
Call 214-521-5444 for more information.

These monthly meetings are a result of ongoing collaboration between the AIDS Resource Center and the Social Security Administration.

Insurance Assistance Available

- ✓ Are you currently making your own payments toward your COBRA insurance?
- ✓ Have you recently lost your job and don't know how you are going to pay your COBRA Insurance payments?
- ✓ Are you an HIV-positive individual?
- ✓ Are you permanently unemployed?
- ✓ Do you live in one of the following Counties: Collin, Dallas, Denton, Ellis, Henderson, Hunt, Kaufman, Rockwall?

The **INSURANCE ASSISTANCE PROGRAM** may be able to assist you in making your monthly insurance premium payment up to \$350, based on your unearned income not to exceed \$1867.00 and grant guidelines.



Nelson-Tebedo Community Clinic Report of Community Clinical Trials

As a service to the community, the following is a summary of drug trials which are currently being offered in the Dallas/Fort Worth metroplex area. For more information, please contact the individual physicians and research assistants listed below.

Community Trials Listing as of October 12, 1997

141W94 (Protease Inhibitor)	CD4 $\geq$ 200 HIV RNA $\geq$ 10,000 Prior Treatment $\leq$ 4 weeks	Dr. Morrow (PI) Dr. Davis Dr. Henderson Dr. Levi Dr. Pate Dr. Tomayko	Open
1592-U89 (Glaxo-Wellcome) Open Label	CD4 $<$ 100 HIV RNA $\geq$ 30,000	Dr. Morrow (PI) Dr. Davis Dr. Henderson Dr. Levi Dr. Pate Dr. Tomayko	Open
1592U89 (nucleoside reverse transcriptase inhibitor) + Efavir (3TC) + Zidovudine (AZT)	CD4 $\geq$ 100 No previous antiretroviral treatment	Dr. Bellos	Open
Adefovir dipivoxil added to standard HIV therapy - randomized, double-blind	CD4 $\geq$ 200 must continue current therapy for 24 weeks	Dr. Keiser Dianna Turner (Dallas VA)	Open Open
Bactrim Allergy, desensitization	Any patient w/ history of Bactrim allergy	Dr. Skiest	Open
CMV Prevention in HIV+ w/ asymptomatic CMV viraemia - Ganciclovir Prodrug vs. placebo	CD4 $<$ 100	Dr. Brand	Open
CMV retinitis- peripheral Ganciclovir Prodrug vs. placebo, randomized	Newly diagnosed peripheral CMV retinitis	Dr. Brand	Open
CNS Mass Lesions Pilot study to test SPECT scanning vs. thallium-201 for diagnosis	Newly diagnosed CNS mass lesions on CT or MRI	Dr. Skiest	Open
Comparative Study, Open Label Randomized - Zert + Videx + Crixivan vs. Retrovir + Efavir + Crixivan	CD4 $\geq$ 200, Viral Load $\geq$ 10,000 No previous antiretroviral therapy	Dr. Bellos Claudia Quittner (Parkland)	Open Open
Comparative Study, Randomized, double-blind, delavirdine + AZT + 3TC vs. delavirdine + AZT vs. AZT + 3TC	CD4 200-500 $\leq$ 6 months of prior AZT use No prior use of ddC, d4T, 3TC, ddI, or non-nucleoside reverse transcriptase inhibitors	Dr. Skiest Dianna Turner (Dallas VA)	Open Open
Comparative Study, Randomized, Open Label - DMP266 + indinavir vs. DMP266 + AZT + 3TC vs. AZT + 3TC + indinavir	CD5 $>$ 50 Viral Load $>$ 10,000 No prior DMP266, 3TC non-nucleoside reverse transcriptase inhibitors, or protease inhibitor usage.	Dr. Skiest	Open
Comparative Study, randomized, indinavir + d4T + ddI vs. d4T + ddI + placebo vs. ddI + placebo	CD4 $\geq$ 50 Viral Load $>$ 10,000 No prior antiretroviral use	Robert Barber (Parkland)	Open
Cryptosporidiosis, Randomized - Bovine Immune Concentrate	Positive for cryptosporidiosis CD4 $\leq$ 180	Dr. Brand Robert Barber (Parkland)	Open Open
Cryptosporidiosis, Open-label, compassionate use of nitazoxanide (NTZ)	Positive for cryptosporidiosis Requires frequent office visits.	Dr. Watson	Open
Delavirdine + AZT, randomized, double-blind	CD4 200-500 Less than 6 months prior AZT use No prior antiretrovirals except AZT	Dr. Daly	Open
GCSF for bacteremia, open label study to reduce bacterial infections	Discharged from hospital within two weeks prior study for an AIDS defined bacterial infection. Absolute neutrophil count $>$ 1000	Dr. Keiser	Open
GEM-91, antiretroviral drug, randomized	CD4 50 - 350 Viral load $>$ 50,000 Must stop using antiretrovirals 2 weeks prior to study Hepatitis B antigen negative	Sandy Tanksley (Parkland)	Open

Community Trials Listing (continued)

Gene Therapy (Chiron - HIV-IT)	CD4 $\geq$ 100 Viral load 1000 - 10,000 Stable combo antiretroviral use 6 month trial	Dr. Davis (PI) Dr. Henderson Dr. Levi Dr. Morrow Dr. Pate Dr. Tomayko	Open Open Open Open
GM -Colony Simulating Factor for HIV, randomized	CD4 $<$ 100 Stable antiretroviral use $>$ 28 days	Dr. Brand Sandy Tanksley (Parkland)	Open Open
Herpes Simplex - genital/perianal, Zovirax + topical gel vs. Zovirax + placebo	AIDS diagnosis No prophylaxis or treatment for herpes for 5 days before study	Dr. Brand	Open
Kaposi's Sarcoma or other HIV Malignancy - to take biopsies for NIH study use	HIV+ KS or other malignancy suspected or confirmed \$100 compensation	Claudia Quittner (Parkland)	Open
Kaposi's Sarcoma - topical 9-cis-Retinoic Acid Gel (alit1057), randomized, double-blind	HIV+ 3 topical lesions for McNulty, 6 topical lesions for Cockerell No systemic treatment for KS	Dr. McNulty Dr. Cockerell	Open Open
Mycobacterium Avium Complex (MAC), randomized, double-blind, azithromycin vs. clarithromycin in combination w/ ethambutol	Positive blood culture for MAC within last 2 months No MAC therapy from positive culture to study entry	Dr. Keiser	Open
Nevirapine in combination w/3TC and other stable nucleoside therapies	CD4 $\leq$ 100 No previous nevirapine or delavirdine use. May be on protease inhibitors	Dr. Pounders Claudia Quittner (Parkland) Dr. Gaman	Open Open Open
Neupogen (G-CSF)	Recent documented bacterial Absolute neutrophil count $\geq$ 1000 12 month trial	Dr. Morrow (PI) Dr. Davis Dr. Henderson Dr. Levi Dr. Pate Dr. Tomayko	Open Open Open Open Open
Oral Thrush, Diflucan Resistant - Lamisil	Need to have failed 200mg/day diflucan for 10 days	Dr. Brand	Open
Oxandrolone - Wasting Syndrome, randomized, double-blind	10 - 20 % unintentional weight loss	Dr. Skiest	Open
Remune Vaccine (Salk Vaccine)	CD4 300 - 549 All approved therapies allowed	Dr. Bellos	Open

Clinical Trials Phone Numbers and research assistants:

Dr. Bellos	214-890-7943
Dr. Brand	214-520-1810
Dr. Daly	214-526-3566
Dr. Gaman	972-257-3724
Drs. Keiser, Skiest & Cockerell	214-648-3877
Dr. McNulty	214-528-9155
Drs. Morrow, Pate, Davis, Levi, Henderson & Tomayko (contact Durward Watson, PA)	214-879-2387
Dr. Pounders	214-520-8833
Dr. Watson	214-520-7200
Robert Barber	214-648-2788
Claudia Quittner	214-648-9296
Sandy Tanksley	214-648-7654
Dianna Turner	214-376-5451 ext. 5667

Not all of the trials listed above are conducted at the Nelson-Tebedo Community Clinic. Call the individual physician's office for enrollment to clinical trials. Clinical trials conducted at the Nelson-Tebedo Community Clinic are listed on page 21.



Nelson-Tebedo Community Clinic

The Nelson-Tebedo Community Clinic for AIDS Research offers a continuum of care. Health screening services are available in the form of HIV counseling and testing, PAP smears, and CMV screening. Health maintenance services include laboratory monitoring (blood work), and a wellness program.

The following is a summary of the services which are currently offered at the Clinic. For information or appointment, call the Nelson-Tebedo Community Clinic at 214-528-2336.

• Health Screening •

HIV Counseling and Testing

- ◆ Mondays, 11:30AM & 4:00PM - General HIV counseling and testing by appointment.
- ◆ Wednesday mornings, 10:30AM - General HIV counseling and testing by appointment.
- ◆ Wednesday evenings, 5:00 & 6:00PM - General HIV counseling and testing by appointment.
- ◆ Thursday evenings, 5:00 & 6:00PM - General HIV counseling and testing by appointment.

Dental Clinic

- ◆ Monday thru Friday, for HIV+ individuals, by appointment only.

CMV Retinitis Screening

- ◆ By appointment only. Done on a monthly basis. Call for next screening and appointment.

• Health Maintenance •

Laboratory Monitoring

- ◆ Wednesdays, 11AM to 2PM - Physician's orders for lab work is required.
- ◆ Thursdays, 5PM to 7PM - Physician's orders for lab work is required.

Wellness Program

- ◆ Monday evenings, 6PM to 8PM - For newly diagnosed HIV positive or non-progressive people. Enrollment is by referral of one or more of the following: physician, County Health system, Early Intervention Specialist, or Nelson-Tebedo staff.

Nutritional Counseling

- ◆ By appointment only. Nutritional assessments, provide guidelines for healthy eating and suggestions for dealing with HIV/AIDS related nutritional problems.

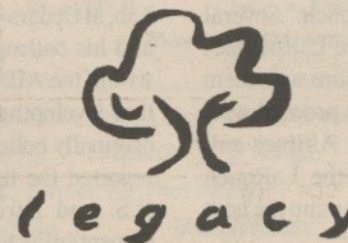
Questions about these or other programs are welcome.
4012 Cedar Springs • Dallas, Texas 75219 • 214-528-2336

"People living with HIV/AIDS are now facing a period of rapid change marked by more hope, opportunities and options but also with more uncertainty and stress."

Anthony Fauci, M.D.
Director, NIAID

Need someone to talk to?

Call 214-520-6308
For
Individual Therapy
Couples & Family Therapy
Support Groups



LEGACY COUNSELING CENTER
4054 MCKINNEY AVE., SUITE 212 DALLAS, TEXAS 75204



Nelson-Tebedo Community Clinic

• Current Clinical Studies •

Speak with your physician if you are interested in participating in any of the following studies.

•Rescriptor® Delavirdine

A Clinical Research Study is available for people with HIV. This is an open label randomized study of Rescriptor® Delavirdine (DLV) in triple and quadruple combinations with Retrovir (AZT), Crixivan (IDV), and Efavir (3TC).

Principal Investigator: Dr. Patrick Daly.

Sub-investigators: Dr. Gil Scarnati and Dr. Jamie Vasquez.

Eligibility Criteria:

- 1 HIV-1 infected
- 2 14 years or older
- 3 CD4 counts greater than 50
- 4 HIV-1 RNA PCR (viral load) greater than 20,000
- 5 No prior experience with Crixivan, Efavir (3TC)
- 6 No more than 6 months use of AZT
- 7 No prior use of Protease Inhibitors (PIs) or Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)

•Rescriptor® Delavirdine

This study is an Open-Label Randomized study of Rescriptor® Delavirdine plus Nelfinavir (NFV), Videx (ddI), and Zidovudine (ZDV) in triple and quadruple combinations.

Investigator: Dr. David Donnell. Sub-investigator: Dr. Chris McNulty.

Eligibility Criteria:

- 1 HIV-1 Infected
- 2 14 years or older
- 3 CD4 count of greater than 50 cells/mm³
- 4 HIV-RNA (viral load) greater than 20,000 copies/ml
- 3 No prior use of Nelfinavir, Zidovudine (ZDV)
- 4 No more than 6 months use of Videx (ddI)
- 5 No prior use of Protease Inhibitors (PI's) or Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)

If you qualify to participate in either of the above studies you will receive:

- Free study medication
- Free study related laboratory test
- Free study related medical assessments

Contact Dona Parks, RN Research Manager for additional information.
4012 Cedar Springs • Dallas, Texas 75219 • 214-528-2336



an ID associates update

ID Associates Announces It's New, Expanded Offices at Presbyterian Medical Center



Left, Gebre Tsengay, MD
Center, Eliane Haron, MD
Edward Goodman, MD

To serve you better,
ID Associates

announces the expansion of its Presbyterian Medical Center offices.

At our Presbyterian office, we offer multi-disciplinary services

including infectious disease and HIV medicine.

So, for your medical care needs, consider the staff and services of ID Associates at our expanded Presbyterian Medical Center office.



From left to right: Eliane Haron, MD and Kay Betts, RN



ID ASSOCIATES

At Presbyterian Medical Center



Joint Commission
on Accreditation of Healthcare Organizations

Office locations:

Presbyterian Medical Center • 8230 Walnut Hill Lane, Suite 300 • Dallas, Texas 75231 • 214-691-8306
St. Paul Medical Center • 5939 Harry Hines Blvd., Suite 800 • Dallas, Texas 75235 • 214-879-2387
Irving Medical Center • 2001 N. MacArthur Blvd., Suite 650 • Irving, Texas 75061 • 972-253-1288
Medical City • 7777 Forest Lane, Building D, Suite 220 • Dallas, Texas 75230 • 972-661-5550

AIDS Daily Summaries

Continued from Page 19.

"HIV Persists and Can Replicate Despite Prolonged Combination Therapy"

National Institute of Health and Infectious Diseases (11/13/97) New research published in the Nov. 25 issue of the Proceedings of the National Academy of Sciences suggests that HIV remains and can replicate in the immune system cells of patients who have no detectable virus in their blood as a result of antiretroviral treatment. Researchers from the National Institute of Allergy and Infectious Dis-

eases studied 12 HIV-infected patients who were taking three-drug antiretroviral regimens containing a protease inhibitor and two nucleoside analogues. The study group also included a thirteenth patient who was taking two protease inhibitors combined with two nucleoside analogues, as well as four HIV-infected patients receiving no therapy and one taking only 3TC. The researchers, led by Tae-Wook Chun of NIAID's Laboratory of Immunoregulation, found that nine of the patients receiving highly active antiretroviral therapy (HAART) had levels of HIV RNA in their plasma below 500 copies/cubic milliliter. The team also found integrated HIV DNA in all 18 patients studied. Senior author Anthony S. Fauci,

director of NIAID, noted that the discovery of unintegrated DNA in all patients' cells indicated that a low level of viral replication may be continuing even while the patients were taking the drugs. "In HAART-treated patients, we found that levels of unintegrated HIV DNA were 28 times higher than integrated HIV DNA levels. This suggests that even when HIV is undetectable in the plasma, a low degree of viral replication contributed to the maintenance of a reservoir of HIV-infected CD4 T cells," Fauci explained.

"Zambians Review Locally Invented [AIDS Drug]"

PANA Wire Service (11/15/97); Mulenga, Mildred Health experts gathered Saturday

in Lusaka, Zambia, to discuss the use of herbiron tinasiferon—a locally developed drug—for the treatment of AIDS. In February, the government banned the use and sale of the drug until it had been assessed by international medical institutions. Since that time, the drug has been reviewed by Dr. Patrick Chikusa of the University of Zambia's Pharmacology School of Medicine and a pharmacology consultant with the World Health Organization, who found that herbiron tinasiferon reverses trends that encourage the efficient movement of HIV from cell to cell. The inventor of drug, Professor Mulenga Lukwesa, said he hoped the new data would help the government give marketing approval to the therapy.

A U

Ten Years Ago

Continued from Page 15.

tional AIDS information and a pamphlet called "The Truth About LaRouch." Several GUTS members followed the LaRouchies around carrying on conversations with them and inhibiting their ability to proceed with business as usual. American Airlines employees who were tired of the LaRouch presence said they would back us up the next time we came out.

San Francisco Successfully Reduces HIV Infection Rate - "A dramatic decline in the rate of HIV infection in San Francisco is a stunning success story for public health," a city health official said. Educational programs "are the most likely the explanation" according to Merle Sande, MD, Chief of Medical Services at San Francisco General Hospital. Despite the decline San Francisco hardly has the AIDS epidemic under control. An estimated 35,000 people are believed to be infected with HIV. In October, Jesse Helms introduced an amendment to the Federal AIDS Appropriation Bill that threatens the funding of educational agencies. Such legislation would make it difficult for other cities to follow San Francisco's lead in reducing the number of new HIV infections.

AIDS Research - Researchers at the National Cancer Institute have found a virus, bovine immunodeficiency virus, which produces an AIDS like disease in cows. This discovery could lead to the preliminary testing of AIDS drugs and vaccines in cattle rather than scarce, expensive monkeys.

According to a report in the New England Journal of Medicine, researchers believe they have found a genetic "off-switch" that keeps the herpes virus dormant—a discovery that could lead to strategies for controlling several viruses including HIV.

AIDS Therapy and Treatment - Federal Officials have accelerated the development of a drug to compete with AZT, cyanothymidine, which works like AZT with lower toxicity. Two other drugs are also being investigated: dideoxycytidine and amphotigen.

Dr. David Ho, Director of AIDS Virology Lab, at Cedars-Sinai Medical Center said he and his colleagues have found weak spots within the AIDS virus. Ho's study indicates that developing a vaccine may be easier than originally believed. Other researchers have reported the link between gay men in the U.S. and African heterosexuals and the susceptibility to AIDS may be chronic exposure to common infections that keep the immune system in a constant state of flux.

AIDS Testing for Organ Donors - Federal health officials recommend that potential organ donors who have received blood transfusions should be tested for the AIDS virus.

This announcement is the result of an incident in which transplanted organs taken from a donor who had been exposed to the virus infected two people who received the organs.

Quilt Getting Ready for Tour - The National AIDS Memorial Quilt is returning home from its inaugural showing in Washington, D.C. The quilt will arrive in Dallas as part of its national tour in May of 1988.

AIDS Cases World-Wide as of October 1, 1987 - 60,653 cases of AIDS reported in 124 countries. The U.S. reported 41,825.

AIDS Dormancy - Researcher Malcolm Rees, an economist studying the cost of AIDS for the British Government, has estimated that HIV may be dormant for 15 years. His calculations that two-thirds of AIDS cases will occur in ten to twenty years. A study released in November indicates that 15% of persons with AIDS survive more than 5 years. Another study indicates that 98% die less than 3 years after diagnosis.

The following were topics in Patti Le Plae Safe's Gossip Column

- Money was raised for the PWA Coalition and the AIDS Resource Center from the Eagle Creek Christmas Show.
- The Meadows Foundation donated \$47,884 to the Food Pantry. **A U**

Greg Bergeron is a volunteer at the Phil Johnson Research Library of the AIDS Resource Center.

AIDS Resource Center Holiday Wish List

Library:

30", 5 drawer, lateral file cabinet
HP92274A toner cartridges
Call Amy Hardin
(214-521-5124)

AIDS Education:

Transparencies for copier
Flip chart pads
Call Jerry Calumn
(214-528-2336)

Food Pantry:

Thanks to Jeff Honeycut for the file cabinets we've needed for so long!
Security mirrors
Call Mary Franklin (214-521-5124)

Clinic:

Fine line rolling ball pens
Standard black pens
HP9227A toner cartridges
Call Dona Parks
(214-528-2336)

Client Services:

Pocket folders for clients
White-out (liquid and dry-line)
HP92275A toner cartridges
Call Craig Hess
(214-521-5124)

Meal Program:

Cuisinart
Drinking glasses (150)
Flatware (100)
Paper dinner napkins
40 gal trash bags
Coffee and tea
Call Mary Franklin
(214-521-5124)

Accounting and Development:

Document storage boxes
Blue highlighters
Fine line pens (red & black)
HP C3903 toner cartridges
Call Sandy Lynn
(214-528-0144)

Publications:

Table model light box, Digital camera and Adobe Illustrator software
Call Kelly Kawnak
(214-528-0144)

General Office Needs:

Manila folders (letter and legal), multi-fold paper towels, antibacterial hand soap, legal tablets, post-it notes, copy paper, trash bags, mailing labels (3 1/2" x 15/16" single roll), and TOILET PAPER!
Call Laz Carter (214-521-5124)

We can't do it without you!

All donations can be dropped off at
2701 Reagan at Brown • Dallas, Texas 75219

Hours: Monday - Thursday from 9am - 9pm
Friday from 9am - 6pm
Saturday from 9am - 5pm
Sunday from Noon - 5pm

AIDS
RESOURCE CENTER

Update

Have Your Lab Work Done By Us!

Nelson-Tebedo Community Clinic
4012 Cedar Springs • 214-528-2336



We can draw lab work ordered by your private physician. Many charges at reduced rates.

Monday, Wednesday, & Thursdays 9am-6pm

No appointment necessary during these times.

Anonymous and Confidential HIV testing and counseling - \$15.00

(No physician order necessary)

Monday..... 4 pm

Wednesday..... 10:30am, 5 & 6 pm

Thursday..... 4:15, 5:30 and 6:15

*** We cannot file your insurance. But we do now take credit cards!**

Research Survey at Nelson-Tebedo

Enroll now in the Nelson-Tebedo Community Clinic Hal Reeder Research Database Program. This Program will provide information about clinical trials to interested HIV/AIDS individuals. This information will consist of current and future studies in the Dallas/Ft. Worth/North Texas area.

Possible benefits by participating in clinical trials may include:

- Access to promising new experimental drugs
- Free physical examinations
- Free laboratory tests (including T-cell panel)
- Gain the knowledge that you're contributing to the fight against AIDS

If you are interested in participating or being contacted regarding clinical trials, or if you have any questions, feel free to call or come by and talk to the Research Database Coordinator at 214-528-2336.

**PCR HIV-1 RNA Test
New Times, Lower Cost**

The Nelson-Tebedo Community Clinic is offering the Roche PCR HIV-1 RNA Quantitative test. This is the test that gives measurement of viral load.

The test is available on Mon, Weds & Thurs, 9am to 6pm. A physician's order is required. Now available at \$120.00. Call 528-2336 for information.

Update SUBSCRIPTIONS

Individual Issue Subscriber \$12.00 per year

Bulk Subscriber (10 issues per month*) \$60.00 per year

** includes mailing costs*

Please send subscription information and payment to:

AIDS Update Subscriptions

c/o AIDS Resource Center • PO Box 190869 • Dallas, Texas 75219-0869

Or call 214-521-5342 ext 105 and leave pertinent information

Clients, active volunteers, advertisers and community center members receive AIDS Update at no charge. AIDS Update is also available free from various AIDS service agencies, area businesses and all offices of the AIDS Resource Center.

** additional bulk copies rates are available*

PRICES EFFECTIVE MARCH 1, 1995

ADVERTISE IN

Update

Size	1-Month	3-Months	1-Year
Personal Ad	N/A	\$65	\$165
1/8 Page	\$55	\$140	\$550
1/4 Page	\$110	\$275	\$1100
1/2 Page	\$175	\$445	\$1650
Full Page	\$350	\$890	\$3300
Back Cover (2 color)	\$230	\$580	\$2320

Add \$100 a month to these prices for an additional ink color. Quoted prices are for camera-ready art.

Graphics preparation services are available for a minimum of \$50.

Deadline for payment and advertising copy is the 1st of the month.

Call 214-521-5342 for info
Kelly Kawnak ext 120

Name: _____ S.S.#: _____/_____/_____

Address: _____

Street/PO Box City State Zip

Home Phone: (____) _____ May we leave a message: Yes ___ No ___

May we contact you by mail: Yes ___ No ___

Age: _____ DOB: ____/____/____ Gender: Male ___ Female ___

Race: African American ___ Hispanic ___ Anglo ___ Other ___

Primary Risk Factors: (Check All That Apply)

Sexual Contact: Man/Man ___ Man/Woman ___ Woman/Woman ___

Sex with IV Drug User ___

IV Drug Use ___ Transfusion ___ Hemophilia ___ Other ___

Date of 1st Positive Test: ____/____/____

Have you been diagnosed with AIDS? Yes ___ No ___

Date of diagnosis: _____ AIDS Defining Illness _____

Antiviral Drugs: Past Use Current Use

3TC _____ 3TC _____

AZT _____ AZT _____

ddC _____ ddC _____

ddl _____ ddl _____

d4T _____ d4T _____

Clinical Trials _____ Clinical Trials _____

Other _____ Other _____

None _____ None _____

Current CD4
(T-cell) Count:

I agree to have my name and information entered into the database for the purpose of being contacted by the clinic research staff for future study programs. I understand this information will be kept strictly confidential and will be used solely for obtaining statistical information and for contacting me regarding studies for which I may be eligible to enroll. I understand I may withdraw from participation in the database at any time by contacting coordinator at the clinic.

Participants Signature _____ **Date** _____

Please mail completed form to:

Nelson-Tebedo Community Clinic, Attn: Database Coordinator

P.O. Box 190869 • Dallas, Texas 75219.

Or drop this completed form by the clinic at: 4012 Cedar Springs Rd., Dallas.

For questions regarding this Database, contact the Database Coordinator at 214-528-2336.

ATTENTION**DATABASE PARTICIPANTS:**

• If you are enrolled in the HAL REEDER RESEARCH DATABASE PROGRAM of the Nelson-Tebedo Community Clinic and have not heard from the coordinator in the past year to update your record, it is possible that you have moved, changed your phone number, or we have otherwise been unable to reach you.

• Please contact the Research Database Coordinator at 214-528-2336 so we may update our records.

• Your input is important to the success of this program. Thank you for your participation in the Hal Reeder Research Database Program of the Nelson-Tebedo Community Clinic.

4012 Cedar Springs • Dallas, Texas 75219 • 214-528-2336

Graffiti That Gives — Lucky's Names Names

Don't have your name on the wall of the most "in" corner eatery in Oak Lawn yet??? For a mere \$20 (donated to the AIDS Resource Center), you too can have immortality. By signing your name in Graffiti on a wall, you can exhibit your pride, love, and caring for the work of the Resource Center and those you love. Visit Lucky's on Oak Lawn at Bowser for your next breakfast, lunch, or coffee klatch.



Client Services Ticket Line

Tickets to various places and events in the Metroplex are now available for AIDS Resource Center clients. For example, at publication time, tickets to tour Southfork Ranch or for the Dallas Arboretum and Botanical Garden were available. For up-to-the minute ticket availability call the Ticket Line at 214-521-5342, extension 305. You will receive a recorded message of what's available, and be given the opportunity to leave your request for tickets. Or contact Auntjuan Wiley in Client Services, 214-521-5124, ext. 151.

Looking For work?

The Love Field office of *Manpower* is working with Client Services to help our

clients who wish to return to work. Any client interested in more information should contact Craig Hess in Client Services.

Food For Life

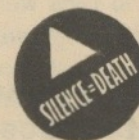
Have questions about nutrition? What to eat? What foods are not good for you? What kind of nutritional supplements should you take? What kind of food to eat when you run out of energy?

You are invited to join a free Nutritional Seminar. Free nutrition information, supplement tasting and samples to take home, weight maintenance and weight gaining tips, quick and tasty recipes, counseling and education materials available.

Call 214-521-5124. Informal group led by registered dietitians who are specialists in HIV. See ad on page 12 for more info.

AIDS 101: The Truth About AIDS

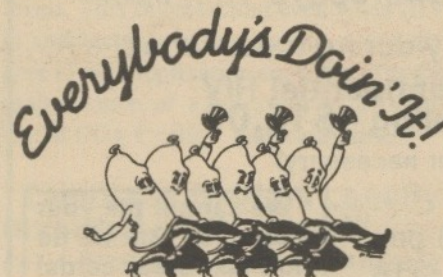
This is a 5 hour course covering how the virus works, testing, progression, stages, treatment, transmission and safe sex. Recommended for HIV+ people, caregivers, or anyone needing HIV information. We are approved for and offer CEU's for nursing and TCADA. Classes are held the 1st and 3rd consecutive Wednesday and Thursday of every month, 6:30-9:00pm (both nights) and the first Saturday, 10:00am-3:30pm. Call 214-521-5124 to register.



Educate Yourself!

Get Active!

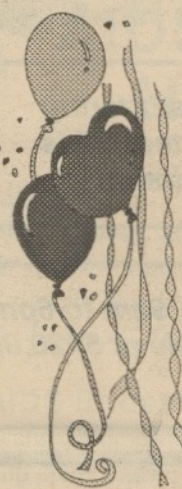
Do Something!



Safer Sex Saves Lives!

To learn more about Safer Sex and different ways the HIV virus is transmitted attend the **AIDS 101** and the **Living Well With HIV** classes held at the AIDS Resource Center several times each month.

Call 214-521-5124 for times and to register.



Social Group for HIV+ Positive Heterosexuals

For more information or a calendar of upcoming events call Billy or Richard at 214-521-5342 ext. 291

Confidential, discreet and a whole lot of fun!

POSITIVE + PERSONALS

The Texas Lifestyles Connection For HIV-Positive People Regardless Of Sexual Orientation

The Positive + Personals program features monthly social gatherings as well as publishing personal ads on a monthly basis. Positive + Personals' monthly personals ads are inside this *AIDS Update*. Don't miss them!

Upcoming Socials

December 2, 16, and 30, 1997
— 8 to 12pm

January 6 and 29, 1998
— 8 to 12pm
The Brick Bar
4117 Maple Ave

All HIV+positive individuals and couples are invited to attend. HIV and AIDS related services on site. Social, educational, food, entertainment! Great people and great music by DJ Chet Green.

Don't Miss Out!

These social gatherings are made possible, in part, by The Brick Bar.

You may see *him* or *her* at the next Social!

You may find *him* or *her* in the Positive Personals ads!

For more information about this innovative, life-empowering program, call

Positive Personals
214-521-5124 ext 153.

For volunteer opportunities, see page 18!

Positive + Personals is a confidential, empowering service by and for all HIV-positive people - Gay, Lesbian, Bisexual and Straight, and is a program of the AIDS Resource Center.

The best place to start.

1-800-924-AIDS



North Texas HIV AIDS Resources
Información en Español.

WE NEED YOU!

to scrutinize, analyze, and determine the direction of state and federal funds spending for the AIDS services in the Dallas area.

JOIN US AIDS Resource Center, 2701 Reagan at Brown meeting afterward in Conference Rm. 10

HIV+ CAUCUS
(HIV SERVICES FOR THE DALLAS METROPOLITAN AREA)

FOR MORE INFORMATION, CONTACT:
SUE GIBSON
at 214-339-7973
or SKIP BARNES at
972-889-2437