

PREMIER ISSUE

OCTOBER 2006

Q MONTHLY MAGAZINE

THE FACE OF AUSTIN'S GAY COMMUNITY





features

october 2006

learn

17

aids awareness month

21

**breast cancer awareness
month**

act

18

aids walk austin
sunday, 15 october 2006

19

race for the cure
sunday, 5 november 2006

on the cover and above:
photographed by
michael thad carter

talk

from the publisher

I would like to personally thank everyone that has contributed and offered their support. I have personally spoken to dozens of people and have seen their excitement as I describe my vision of what I am trying to create. As we develop the magazine, we invite all of you give your ideas on how we can make this magazine a success. Send your ideas to editor@qmonthlymagazine.com

CHASE

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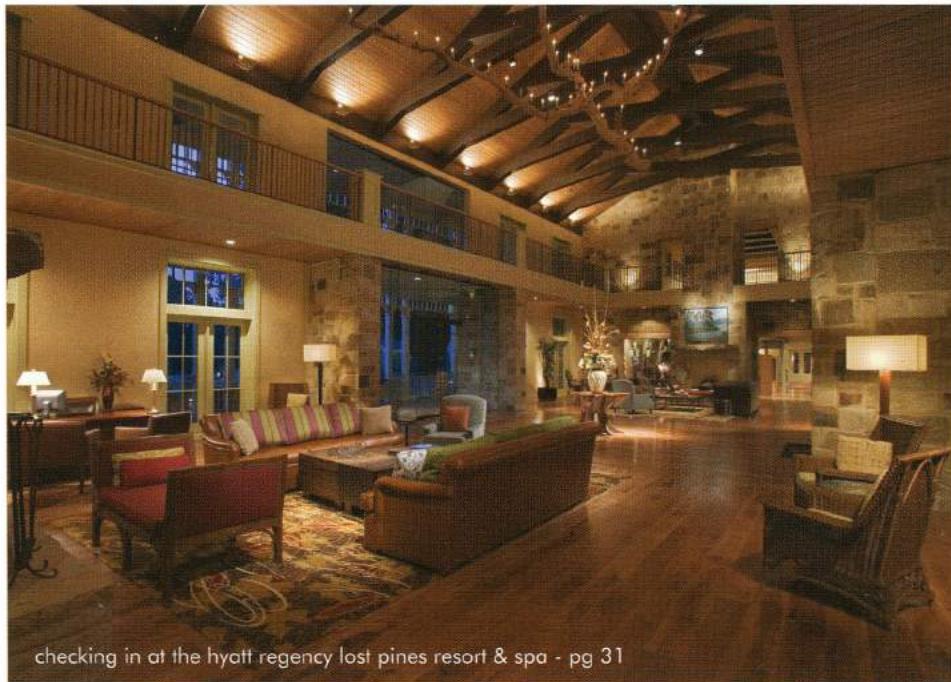
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departments

october 2006



checking in at the hyatt regency lost pines resort & spa - pg 31



bobby cook serves it up - pg 42

do

7

calendar of events
october 2006

live

22

the lost art of relaxation
stress-free ways to reduce stress
by c j campbell

play

25

dj rob harris
soakin' wet - volume 3
by duane wells

evanescence
the open door
by dj red hot

justin timberlake
futuresex/lovesounds
by dj red hot

27

dante's cove recap
season two : episode two
by ross van metzke

29

long live the queens
an interview with carmen maura

30

shortbus
by ross van metzke

explore

31

getting lost east of austin
a day trip to the hyatt regency lost
pines resort & spa
by joseph dane

33

**gay-friendly destinations top
orbitz insider index**
orbitz insider index reveals top food
& wine getaways

eat

35

dining guide

drink

40

bar guide

shine

42

bobby cook
one bartender who can sure make a
stiff one

Telecommunicating
across the **Universe**

The
OUTer
Gay and Lesbian
Sci Fi / Fantasy
Film Festival
2K6



Saturday
November 4, 2006
Austin, Texas

Hideout Theatre
617 Congress Avenue
www.outerfilmfest.com



OUTer

2K6



 **The Blanton**
Museum of Art

Rembrandt's Etchings

The Blanton Museum of Art
The University Texas of Austin
MLK Blvd & Congress Ave, Austin, Texas
☎ (512) 471-7324 phone
🌐 www.blantonmuseum.org

The Blanton Museum of Art at The University of Texas at Austin joins other institutions around the world in commemorating the 400th anniversary of Rembrandt's birth, with a special exhibition of his etchings.

While Rembrandt Harmenszoon van Rijn is considered one of the greatest painters of all time, it has been estimated that Rembrandt devoted as much as two-thirds of his activity to printmaking. Since their creation, his etchings have been regarded as the paragon of the technique's formal and expressive possibilities, and it is his experimentation and technical superiority with this medium that has given him the title of "greatest master of etching". Although the number continues to be refined by art historians, Rembrandt is thought to have produced some 400 paintings, 300 etchings, and 2,000 drawings.



To mark the occasion the museum will present its holdings of Rembrandt's etchings, more than two dozen impressions that span his life and development. Rembrandt's Etchings will be presented in the Blanton's Prints and Drawings Galleries on the second floor of the museum. Rembrandt's influence on subsequent generations will be illustrated by some extraordinary examples of the etching revival, a movement that began in the mid-19th century, with works by

James Abbott McNeill Whistler and Francis Seymour Hayden. ■

4 August - 10 December 2006

Hours: Mon - Closed; Tue, Wed, Fri, Sat - 10am-5pm; Thu - 10am-8pm; Sun 1-5pm

Admission: UT ID holders & Blanton Members - Free; Adults - \$5; Senior (65+) - \$4; Youth (13-25); Kid (12 and under) - Free

1 : sunday

aGLIFF

Austin Gay & Lesbian International Film Festival
12:30 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

With 19 years of service, the Austin Gay & Lesbian International Film Festival (aGLIFF) is the oldest and largest gay and lesbian film festival in the Southwest. aGLIFF brings together the best new films from around the world by, about or relevant to the gay, lesbian, bisexual and transgendered (GLBT) community.

2 : monday

aGLIFF

7 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

3 : tuesday

aGLIFF

7 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

STONEWALL DEMOCRATS MEETING

7:30 pm
Magnolia Café
1920 S Congress Ave (@ Johanna)
☎ (512) 478-8645
Contact: Christina Ocasio
✉ christina@stonewallustin.org
🌐 www.stonewallaustin.org

Club Meetings are the 1st Tuesday of every month at 7:30 pm.

4 : wednesday

aGLIFF

7 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org

Tickets: \$5/\$7

LIVE MUSIC AT THE CHAIN DRIVE

9 pm
Chain Drive
504 Willow St
☎ (512) 480-9017
🌐 www.myspace.com/1chaindrive

The Chain Drive is trying to create a non-typical gay bar scene where GLBT people and their friends can hang out and listen to live music. You won't hear your typical gay bar music here and the bands vary from set to set and from week to week. Check the Chain Drive's myspace page for updated info.

BURT BACHARACH

7 pm - Doors
8 pm - Show
The Paramount Theatre
713 Congress Ave
☎ (866) 4GET-TIX
🌐 www.austintheatre.org
Tickets: \$40/\$45/\$55/\$65/\$75/\$95

Burt Bacharach knows how to write love songs. He's given musical life to raindrops falling on heads, knowing the look of love, saying little prayers, wishin' and hopin' and making promises, promises. His cool quotient has escalated thanks to the "Austin Powers" movies and duets with Elvis Costello.



5 : thursday

aGLIFF
7 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

aGLIFF/IDKE: ONE SWEET DANCE PARTY

9 pm - 12 midnight
Copa Bar & Grill
217 Congress Avenue
☎ (512) 479-5002
🌐 www.idkeatx.com
Tickets: \$10 cover / \$5 aGLIFF members

What happens when IDKE sponsors an aGLIFF after-party? One Sweet Dance Party, that's what. We're partying to celebrate the films "Female to Femme", directed by Kami Chisholm & Elizabeth Stark, and "The Sea Calls Us Home", directed by Annie Simpson. Featuring DJ MANNY (and others). 21+, sorry. Proceeds fund the 8th International Drag KingCommunity Extravaganza!

BONNIE RAITT WITH SPECIAL GUEST KEB'MO'

6 pm - Doors
8 pm - Show
The Backyard
13101 Highway 71 West (@ RR 620)
☎ (512) 263-4146
🌐 www.thebackyard.net
Tickets: \$45/\$55

FIRST THURSDAY

🌐 www.firstthursday.info

Merchants of the historic, pedestrian-friendly strip keep their doors open until 10 p.m. with music, arts, crafts and food vendors creating a street-party atmosphere the first Thursday of every month. The orange 'Dillo buses will be providing free rides every 10 minutes from the front of the fabulous furniture store, Your Living Room (at Riverside), down to Live Oak St between the hours of 6:30 - 11pm. Parking is available at the Austin American Statesman lot at Congress & Riverside and also at the County lot on E. Live Oak (a block East of Congress). Please respect the folks in our neighborhood by not blocking streets or driveways and not leaving trash in their yards. There are extra trash receptacles set up on The Avenue for your convenience.

6 : friday

GRUENE WINE AND MUSIC FESTIVAL
Rockin' With Texas Wine and Food
5:45 - 8:30 pm

Gruene Hall
1281 Gruene Rd, New Braunfels
☎ (830) 629-5077
🌐 www.gruenehall.com
Tickets: \$50, includes 9pm concert

Features a catered dinner by the Gristmill River Restaurant & Bar, stories and ballads by Jerry Jeff Walker, wine tastings from featured Texas Wineries, a silent auction and "The Live Great Guitar Auction," where signed guitars by some of Texas' greatest artists including Jerry Jeff Walker will be auctioned to the highest bidder. Limited seating by advanced ticket.

Concert with Jerry Jeff Walker
9 pm - 12 midnight
Gruene Hall
1281 Gruene Rd, New Braunfels
☎ (830) 629-5077
🌐 www.gruenehall.com
Tickets: \$25

aGLIFF

7 pm
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

7 : saturday

aGLIFF
12 noon
Regal Arbor Cinema @ Great Hills
9828 Great Hills Trail (@ Jollyville Rd)
☎ (512) 302-9889
🌐 www.agliff.org
Tickets: \$5/\$7

GRUENE WINE AND MUSIC FESTIVAL

Texas Tastings & Tunes
12 noon - 6 pm
The Grapevine
Price: \$20

The Grapevine, located in Historic Gruene, features the largest selection of Texas wines in the state for daily tasting. 20 Texas Vintners including Chisholm Trail Winery, Dry Comal Creek Vineyards, Fall Creek Vineyards/Twin Springs, Fawncrest Vineyards, Flat Creek Estate, Grape Creek Vineyard, Haak Vineyards & Winery, Llano Estacado Winery, Lost Creek Vineyard, Luz de Estrella, McReynolds Winery, Piney Woods Country Wines, Pleasant Hill Winery, Poteet Country Winery, Quivis Wines, Spicewood Vineyards, Texas Hills Vineyard, Val Verde Winery, Wichita Falls Vineyards & Winery, and Wimberley Valley Winery along with Texas food producers will give tastings and talk about their products. Authentic Texas tunes featuring Bret Graham accompany the tastings.

AIA AUSTIN HOMES TOUR

12 noon – 6 pm

AIA Austin

☎ (512) 452-4332

🌐 www.aiaaustin.org

Tickets: \$25

Presented by AIA Austin (the Austin Chapter of the American Institute of Architects), this year's tour will feature an intriguing collection of 10 one-of-a-kind homes designed by professional members of AIA Austin for real clients representing a wide range of lifestyles. The featured firms have truly demonstrated the abilities of an architect to translate the needs, the lifestyles, interests and the dreams of the client into a beautiful solution! Great new products, finishes, furnishings and design techniques will be highlighted. The self-guided AIA Austin Homes Tour is one of the most popular fall weekend events in Central Texas, and AIA Austin's most dynamic community outreach program.

**UT FOOTBALL: OKLAHOMA**

Cotton Bowl

Time TBA

AT&T Red River Rivalry

State Fair of Texas, Dallas, Texas

🌐 www.texassports.com

BOOKSIGNING:**GOV JAMES MCGREEVY**

3 pm

BookPeople

603 N. Lamar Blvd (at 6th Street)

☎ (512) 472-5050

🌐 www.bookpeople.com

BO DIDDLEY

with special guests Alvin Youngblood Hart & Ruthie Foster

7 pm - Doors

8 pm - Show

The Paramount Theatre

713 Congress Avenue

☎ (866) 4GET-TIX

🌐 www.austintheatre.org

Tickets: \$25/\$35/\$40/\$45/\$50

Sometimes referred to as 'The Originator,' Bo Diddley is in a class by himself. His guitar playing is dangerous and comes from a mysterious place within himself. He is known for his pounding signature beat, mysterious guitar effects and strutting onstage style. He will rock the house with Alvin Youngblood Hart and Austin's own Ruthie Foster.

AGLIFF: IDOL PARTY @ AMoA

10 pm

Austin Museum of Art

823 Congress Ave (@ 9th St)

☎ (512) 302-9889

🌐 www.agliff.org

Tickets: \$5/\$7

In celebration of their Austin Idol screening, Indie-Pictures is hosting a huge closing weekend shin-dig at the Austin Museum of Art with hors d'oeuvres, an open bar, three fabulous AMOA exhibits, and DJ P.O.W. providing a soulful mix of funk, R&B, and hip hop. Plus, you might run in to Actors Susan Priver and Musetta Vander from the film What's up Scarlet?, Matthew Rush from Another Gay Movie, the cast of Arts on Real's Psycho Beach Party, the cast and crew of the film Idol, Director Catherine Brooks and Actress Erin Kelly from Loving Annabelle, the directors of the film The Lady in Question is Charles Busch, and Mani Mitchell, the subject of the film Black & White.

8 : sunday**GRUENE WINE AND MUSIC FESTIVAL**

Gospel Brunch w/ a Texas Twist

10:30 am - 12 noon

Gruene Hall

1281 Gruene Rd, New Braunfels

☎ (830) 629-5077

🌐 www.gruenehall.com

Tickets: \$25 adults / \$12.50 children

Features music by The Bells of Joy, Bret Graham & Selina Affram. A full brunch buffet catered by The Gristmill River Restaurant and Bar, served with a complimentary champagne drink.

Texas Style Musicfest

3 – 10 pm

Gruene Hall

1281 Gruene Rd, New Braunfels

☎ (830) 629-5077

🌐 www.gruenehall.com

Tickets: \$20

A full day of Texas & Americana Tunes! featuring: Stoney LaRue, Cory Morrow, Cody Canada, Hayes Carll, Wade Bowen, Two Tons of Steel, Honeybrowne, Susan Gibson and more.....

AIA AUSTIN HOMES TOUR

12 noon – 6 pm

AIA Austin

☎ (512) 452-4332

🌐 www.aiaaustin.org

Tickets: \$25

2ND ANNUAL TEXAS BARBECUE FESTIVAL

12 noon – 6 pm

Travis County Farmers' Market

6701 Burnet Rd

🌐 www.texasbarbecuefestival.com

This year will showcase pits, pit cooking and grilling, with Central Texas barbecue restaurants and pit masters selling their specialties. Vendors will feature brisket, ribs, and chicken, pork, turkey and other items. Several vendors will bring their pits and demonstrate their expertise.





Sunday, November 5, 2006
The Oasis on Lake Travis

Music and Entertainment by
DJ Roland Belmares & Jacinta

Tickets: \$35 advance or \$50 @ door
Available at Rain, OCH, Tapelenders

Party for a cause: Octopusclub.org

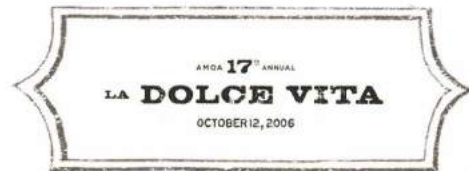


17th Annual La Dolce Vita

Thursday, 12 October 2006

Rain date: Thursday, 19 October 2006

6 - 9 pm



Austin Museum of Art at Gloria Laguna

3809 West 35th Street

☎ (512) 458.8191

🌐 www.amoa.org/ldv

Supporting Austin Museum of Art Exhibition and Education Programs, the Austin Museum of Art presents the Seventeenth Annual La Dolce Vita, an evening of fine wine and cuisine to tempt your palate. This beloved event raises vital funds for Austin Museum of Art exhibitions and educational programs.

Enjoy this glorious evening with friends, a special date or clients. Each guest will receive their own take-away wine plate and wine stem. Musical entertainment is by the Sophisticates, the newest and hottest variety band in Austin! Take a walk down to the outdoor Cigar and Single Malt Scotch Lounge on the secluded patio of the Art School.

Guests will discover a wealth of culinary delights on the glorious historic grounds with the truly unique backdrop of the Driscoll Villa while enjoying live music entertainment on the main stage on the oval. While exploring the fare of fifty restaurants, wines from dozens of Texas vineyards and a myriad of domestic and international wines provided by Twin Liquors, one could easily fill up their dining dance card for the year.

The Art of Ronnie Wood

18-31 October 2006

Mondays - Saturdays 10 am-6 pm



ART on 5th

1501 West 5th Street

☎ (512) 481-1111

🌐 www.arton5th.com

Throughout the years the artist, Ronnie Wood, and the musician have been inseparable. As his musical career progressed, Ronnie continued his passion for painting and drawing, his subjects ranging from band members and musicians he admired, knew and sometimes played with, to family and close friends and, of course, the self-portrait. It is on natural to find him with a pencil as with a guitar, drawing portraits of contemporaries and finding inspiration from his musical influences.

Reception: Saturday, 21 October, 6-8 pm, the night before The Stones concert in Zilker Park

Special Sunday Hours: Sunday, 22 October, 12 noon - 5 pm

aGLIFF

12:45 pm
 Regal Arbor Cinema @ Great Hills
 9828 Great Hills Trail (@ Jollyville Rd)
 ☎ (512) 302-9889
 🌐 www.agliff.org
 Tickets: \$5/\$7

aGLIFF : CLOSING NIGHT ROLLING ROADSHOW

6 pm - 12 midnight
 Hotel San Jose
 1316 S Congress Ave
 ☎ (512) 302-9889
 🌐 www.agliff.org

Subaru presents an unforgettable Closing Night under the Stars with the help of two Austin icons: The Alamo Drafthouse Cinema and The Hotel San Jose. Join us for music by Amy Cook, performances by QueerTown, and Comedian Stephanie Howard, Volunteer Appreciation Ceremonies, and a Rolling Roadshow screening of the hilarious film Outlaugh! That's not enough? Then how about checking out the 2007 Subaru models on-site, grabbing coffee at Jo's, trying a cheeseboard from the Hotel San Jose or taking a troll on the lawn in our VIP Lounge. No matter what, we're sure it will be a night to remember!

9 : monday**RAINBOW SKATE NIGHT**

8 - 11 pm
 Skate World Austin
 9514 Anderson Mill Rd
 ☎ (512) 258-8886
 Contact: James Svetlik
 ☎ (512) 296-0381
 ✉ jsvetlik2003@yahoo.com
 🌐 www.main.org/rainbowskate/
 Cost: \$6, inc. skate rental, or bring your own.

A monthly rollerskating event for the Austin gay and lesbian community. Rainbow Rollerskating is a fun way skate and meet people. We often get turn-outs of 30 people of all age ranges. Proceeds to benefit Project Transitions. Additional donations will also be accepted at the door.

10 : tuesday**AUSTIN GAMBLERS BOWLING LEAGUE**

8:30 pm
 Dart Bowl
 5700 Grover Ave
 ☎ (512) 452-2518 Rink Info Only
 Contact: Tom Leger
 ✉ hottbowler2xxx@yahoo.com
 🌐 austingamblers.wetpaint.com

Austin's first and best gay bowling league!

Bowlers and non-bowlers are welcome! Our handicap league awards additional pins to each bowler according to their average to level the playing field for all.

11 : wednesday**NATIONAL COMING OUT DAY**

National Coming Out day commemorates October 11, 1987, when 500,000 people marched on Washington, USA, for gay and lesbian equality.

BOOKSIGNING: CINDY SHEEHAN

7 pm
 BookPeople
 603 N Lamar Blvd (at 6th Street)
 ☎ (512) 472-5050
 🌐 www.bookpeople.com

Peace Mom is the heartfelt and profoundly moving story of Cindy's journey to activism. On April 4, 2004, Cindy Sheehan learned that Casey, the eldest of her four children, had been killed in Iraq, where he was serving in the United States Army. After struggling through crippling grief for three weeks, she came to an epiphany: "I will spend my life trying to make Casey's sacrifice count for peace and love, not killing and hate." She recounts the dark days following Casey's death, when it seemed her life would never have meaning again. She tells of her June 2004 meeting with President Bush, and how that encounter ultimately set her on a path that would take her to hearings in the Capitol, test old friendships and family ties, and culminate outside Crawford, Texas, in a month long peace action that would draw thousands of supporters and worldwide attention.

12 : thursday**THE ROCKY HORROR SHOW WILDE PARTY**

6:45 pm
 ZACH's Kleberg Stage
 Riverside Dr & S Lamar Blvd
 ☎ (512) 476-0541 x1
 🌐 www.zachscott.com

The first Wilde Party of the new season at ZACH! Pre-show mixer, with light buffet and bar refreshments, starts at 6:45 pm, followed by the 8 pm performance of The Rocky Horror Show, hosted by HRC Austin! ZACH's popular Wilde Party series is our outreach to the lesbian and gay community, and the people who love them. Call ZACH's box office at 476-0541, x. 1 to purchase your tickets for the show (be sure to mention the Wilde Party for your special seating). Come to the party even if you can't stay afterwards for the show.

13 : friday**GUERRILLA QUEER BAR**

6 - 9 pm
 Location TBA (check the website for details)
 🌐 www.smokingbanana.com

The Austin Outpost of the Guerrilla Queer Bar increases the entertainment options for the Austin gay community by allowing us to roam to venues outside of the half-dozen or so Authorized Gay Bars (TM). This is an opportunity to get creative, see the straight world together, and enjoy ourselves beyond the confines of the gay club scene. "Don't Clone, Colonize"

14 : saturday**HRC DINAH LAKESHORE PARTY**

8 - 11 pm
 Boat slip between Hula Hut & Lucy's Boatyard
 3825 Lake Austin Blvd
 Contact: Lynn Yeldell
 ☎ (512) 479-5217
 🌐 www.hrc.org/austin/
 Tickets: \$35 / VIP Admission \$50

HRC Austin will throw the first-ever "Dinah Lakeshore Party". Embark water taxis from the pier between Lucy's Boatyard and Hula Hut. This lakeside dance party, catering to women from all across Texas, will feature moonlight, waves, music & more. Regular admission is \$35 and VIP admission is \$50 and will receive instant access to the water taxis. Tickets are available through advanced purchase only. Each ticket entry will include an annual HRC general membership. Already a member? Gift this one to a friend or family member!

**UT FOOTBALL: BAYLOR**

Distinguished Alumni Weekend
 6 pm
 Darrell K Royal-Texas Memorial Stadium
 🌐 www.texasports.com

CITY-WIDE GARAGE SALE

10 am - 5 pm
 Palmer Event Center
 900 Barton Springs Rd
 ☎ (512) 441-2828
 🌐 www.cwgs.com
 Tickets: \$5

15 : sunday**AIDS WALK AUSTIN**

8:30 am - Registration begins
 9 am - Opening Ceremonies
 10 am - AIDS Walk Step-off
 Waterloo Park
 403 E 15th St (between Trinity & Red River)
 ☎ (512) 452-WALK (9255)

☎ www.aidswalkaustin.org

The 19th annual AIDS Walk Austin will step-off 5K or 3.1 miles - Takes approximately one hour to complete at 10:00 a.m. on Sunday, October 15, 2006, at Waterloo Park. Registration is open now, though, and it's not too early to jump right in.

AIDS Walk Austin is a community fundraiser benefiting AIDS Services of Austin (ASA) and other local AIDS organizations helping Central Texans living with HIV and AIDS. The Walk is an annual event in which individuals and teams raise money and compete for terrific prizes. The AIDS Walk includes a festival with live entertainment in a family-friendly atmosphere.

CITY-WIDE GARAGE SALE

11 am - 5 pm
Palmer Event Center
900 Barton Springs Rd
☎ (512) 441-2828
☎ www.cwgs.com
Tickets: \$5

BLUE MAN GROUP - HOW TO BE A MEGASTAR TOUR 2.0

7:30 pm
Frank Erwin Center
1701 Red River St (@ MLK Blvd)
(512) 471-7744
☎ www.uterwincenter.com
Tickets: \$39.50/\$49.50/\$75

Blue Man Group's new tour How to Be a Megastar Tour 2.0 takes the audience through a satirical "workshop" on how to create "the perfect rock concert experience." In the process, they celebrate, skewer and otherwise deconstruct rock stardom in all of its narcissistic glory. The Blue Men download a new "how-to-manual" that takes the audience through a uniquely clever and interactive show that guarantees to deliver hypnotic entertainment for all ages.

17 : tuesday

AGLCC NETWORKING MEETING

6:30 - 8 pm
Velocity Credit Union
610 E 11th St
Contact Amy Cook
✉ programs@algcc.org
☎ www.aglcc.org

If you have ever thought about starting your own business or have a business you would like to take to the next level, this is the meeting for you. AGLCC has gathered together four of the key people you need in starting a new business and making your business a success. The panel includes an accountant, an attorney, a banker, and a

marketing expert, all from our community, to answer your questions and give you pointers about making those dreams a success. This meeting is a sponsored event, so there will be no meeting fee. However, we do ask that you RSVP to the event.

18 : wednesday

LIVE MUSIC AT THE CHAIN DRIVE

9 pm
Chain Drive
504 Willow St
☎ (512) 480-9017
☎ www.myspace.com/1chaindrive

The Chain Drive is trying to create a non-typical gay bar scene where people can hang out and listen to live music. You won't hear your typical gay bar music here and the bands vary from set to set and from week to week. Check the Chain Drive's MySpace page for updated info.

19 : thursday

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
☎ www.austinfilmfestival.com

This ever-growing conference and film extravaganza brings thousands of film aficionados, celebrities and fans to Austin each year. It now includes the Screenwriters Conference, Heart of Film Screenplay Competition, Prime Time Television Competition, Film Competition, Film Screenings Program and more.

IDKE 8: ART SHOW OPENING CASTING OFF: EYES ON THE HORIZON

6 - 9 pm
Lyndon Event Space
301 W 14th St
✉ idkeAustin@idkeAustin.com
☎ www.idkeAustin.com

International Drag KingCommunity Extravaganza (IDKE) is a four-day conference that brings together an international collection of individuals who are interested in gender performance and drag king culture - including those who perform in, those who watch, those who write about, those who study, those who document, and those who make art about the drag king community. Events include live performances, workshops, panels, presentations, practice "how-to" demonstrations, open discussions, an art exhibit and film screenings.

Casting Off: Eyes on the Horizon is an exhibition comprising the work of international artists whose work envisions (and manifests!) new expressions of gender, identity, and self.

IDKE 8: MEET & GREET

7 - 10 pm
Rainbow Cattle Company
305 W 5th St
✉ idkeAustin@idkeAustin.com
☎ www.idkeAustin.com

After the Art Opening, head downtown to our friendly neighborhood queer country/western bar, Rainbow Cattle Company, for some live music and two-steppin' lessons.

20 : friday

IDKE 8: ACADEMIC CONFERENCE

10 am - 6 pm
Texas Union
UT Campus
✉ idkeAustin@idkeAustin.com
☎ www.idkeAustin.com

Two days filled with workshops, panels, presentations, discussions, and presentations all about the drag king community.

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
☎ www.austinfilmfestival.com

IDKE 8: FILM FESTIVAL

2 - 4:30 pm
Texas Union Theatre (Room 2.228)
UT Campus
✉ idkeAustin@idkeAustin.com
☎ www.idkeAustin.com

Yet another chance to marvel at the talent in the drag king community ... and hey, they're free!

CARLOS MENCIA'S "PUNISHER TOUR"

7 pm
Frank Erwin Center
1701 Red River St (@ MLK Blvd)
☎ (512) 471-7744
☎ www.uterwincenter.com
Tickets: \$29/\$35/\$39

Carlos Mencia is a smack talking, liberally offensive genius when it comes to his stand-up. His routines are poignant and always hit home, whether it's about immigration, race or politics, his opinion is sure to be well known to his audience. Though he is often surrounded by controversy about the methods to his madness, Mencia sticks to his claim that it's all in the name of humor.



Q MONTHLY MAGAZINE

THE FACE OF AUSTIN'S GAY COMMUNITY

THERE IS A BETTER WAY TO GET NOTICED

what is Q Monthly Magazine?

Q Monthly Magazine is a monthly periodical that targets Austin's gay and lesbian professionals, and includes articles on events, trends, entertainment, health, politics, travel, dining, and nightlife. In addition to coverage on local news and events, the publication will also cover issues that affect the gay and lesbian community.

distribution

Over 10,000 copies of each issue of Q Monthly Magazine will be distributed free of charge throughout the Austin metropolitan area at high-traffic locations, including bars & nightclubs, restaurants, theaters, and retail outlets. The publication will also be distributed at functions and events around the area.

size of market

Research suggests that about 7% of Americans self identify as gay or lesbian. In metropolitan areas, such as Austin, that number can be as high as 12%.

buying power

The buying power of gay and lesbian consumers is estimated to be \$641 billion in 2006, and is projected to increase to \$1 trillion dollars by 2012.

The combined median income of gay and lesbian households is estimated to be 60% higher than the national average in the United States; and researchers consistently report higher discretionary income and more disposable time than other market segments.

purchasing behavior

About 40% of gay consumers - quality and value being equal - prefer to purchase products from companies that advertise in gay and lesbian publications.

Surveys show 55% of gay and lesbian consumers choose to do business with companies that they know have a commitment to diversity and equal treatment of employees, versus 34% of straight consumers.

questions?

Still not sure? Contact our offices at (512) 233-6533 if you have any questions about advertising in Q Monthly Magazine.

Grammy Award winning singer-songwriter (and Austin's own) Shawn Colvin performs live featuring songs from her new release, *These Four Walls*. Shawn Colvin is one of the brightest spots of the "new folk movement" that began in the late '80s. And though she grew out of the somewhat limited "woman with a guitar" school, she has managed to keep the form fresh with a diverse approach, avoiding the clichéd sentiments and all-too-often formulaic arrangements that have plagued the genre. In more than a decade of recording, Colvin has emerged as a songcraftsman with plenty of pop smarts, which has earned her a broad and loyal following and several Grammys.



UT FOOTBALL: NEBRASKA

Time TBA
Memorial Stadium, Lincoln, Nebraska
www.texasports.com

22 : sunday

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
www.austinfilmfestival.com

ROLLING STONES: A BIGGER BANG TOUR

8:30 pm
Zilker Park
www.rollingstones.com
Tickets: Bleacher \$95-\$350/Lawn \$95

The Rolling Stones will be back on tour this fall for the North American encore of their multi-continent 'A Bigger Bang' tour. This time around, playing primarily stadiums with a select number of arenas, they will also travel to many new markets to give fans an opportunity to experience the band at their best. The stadium shows will bring back the awe-inspiring production and grand scale excitement with the intimacy of the famed b-stage that brings the band up close to the fans.

24 : tuesday

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
www.austinfilmfestival.com

AGLCC NETWORKING LUNCHEON

6:30 pm - 8:00 pm
Mirabelle Restaurant
8127 Mesa Drive
☎ (512) 346-7900
Contact: Amy Cook
✉ programs@agcc.org

www.aglcc.org
Cost: \$15 member/\$18 non-member

HRC TUESDAYS TOGETHER

6 - 8 pm
Contact: Lynn Yeldell
☎ (512) 479-5217
www.hrc.org/austin

25 : wednesday

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
www.austinfilmfestival.com

LIVE MUSIC AT THE CHAIN DRIVE

9 pm
Chain Drive
504 Willow St
☎ (512) 480-9017
www.myspace.com/1chaindrive

The Chain Drive is trying to create a non-typical gay bar scene where people can hang out and listen to live music. You won't hear your typical gay bar music here and the bands vary from set to set and from week to week. Check the Chain Drive's myspace page for updated info.

26 : thursday

AUSTIN FILM FESTIVAL

Driskell Hotel
604 Brazos St (@ 6th St)
☎ (512) 478-4795
www.austinfilmfestival.com

TEXAS BOOK FESTIVAL: KICK OFF

An Evening with Alan Furst
7 pm
Harry Ransom Center
UT Campus (Guadalupe St & 21st St)
☎ (512) 477-4055
www.texasbookfestival.org

Presentation and booksigning by Alan Furst, author of *The Foreign Correspondent*.

27 : friday

GAELIC STORM

7pm - Doors/Bar
8 pm - Show
The Paramount Theatre
713 Congress Ave
☎ (866) 4GET-TIX
www.austintheatre.org
Tickets: \$25/\$27/\$30

Gaelic Storm catapulted into the music world by their appearance in the blockbuster film "Titanic." Their modern take on traditional

Irish music creates a high intensity, power-packed show sure to bring you to your feet. Raise a pint with the band and your friends.

TEXAS BOOK FESTIVAL: FIRST EDITION LITERARY GALA

7-10 pm
Austin Marriott at the Capitol
701 E 11th St (@ Sabine St)
☎ (512) 477-4055
www.texasbookfestival.org

One of the premier social events in Texas, the 2006 black-tie gala will feature readings by Gore Vidal, Amy Sedaris, and Frank McCourt; Ray Benson, lead singer for Asleep at the Wheel, will emcee. The event includes a sponsor cocktail hour, silent auction of literary treasures and seated gourmet dinner.

28 : saturday

TEXAS BOOK FESTIVAL

10 am - 4:30 pm
Various venues:
• Texas State Capitol Building
• Austin Museum of Art
☎ (512) 477-4055
www.texasbookfestival.org



UT FOOTBALL: TEXAS TECH

Time TBA
Jones AT&T Stadium, Lubbock, Texas
www.texasports.com

BOOKSIGNING: AMY SEDARIS

8 pm
BookPeople
603 N Lamar Blvd (@ 6th Street)
☎ (512) 472-5050
www.bookpeople.com

You remember her as Jerri Blank from *Strangers with Candy*. Now Amy Sedaris, actor/caterer/film star/comic/sister of David Sedaris, will be signing her new book *I Like You: Hospitality Under the Influence*.

29 : sunday

TEXAS BOOK FESTIVAL

11 am - 4 pm
Various venues:
• Paramount Theatre
• Texas State Capitol Building
• Austin Museum of Art
☎ (512) 477-4055
www.texasbookfestival.org

31 : tuesday

HALLOWEEN



aidswalkaustin06
walk forward



New
Place & Time!

SUNDAY
OCTOBER 15
WATERLOO
PARK
IN THE A.M.

8:30 A.M.
REGISTRATION

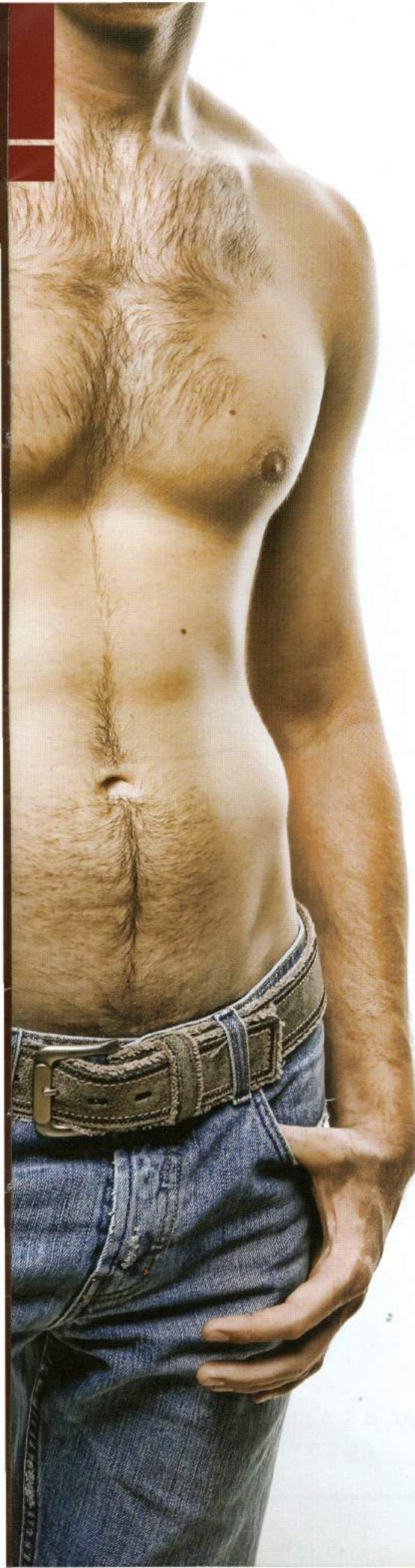
9:00 A.M.
OPENING
CEREMONIES

10:00 A.M.
WALK BEGINS

10:30 A.M.
FESTIVAL

REGISTER AND HELP US
REACH OUR GOAL TODAY!

www.aidswalkaustin.org



learn

aids awareness month

state of the fight

AIDS was identified 25 years ago in 1981 and today there still is no cure.

It is estimated that more than 1 million Americans are living with HIV/AIDS, and more than half a million have died after developing AIDS.

The pandemic has ravaged developing nations. After spending \$6.1 billion fighting the disease last year, 3 million people have died and 5 million new people were infected.

existing treatments

Currently, there are 25 federally-approved medications to fight HIV. All of these antiretrovirals fall into 4 classes, depending on how they attack the HIV virus: nonnucleoside reverse transcriptase inhibitors (NNTRIs), nucleoside reverse transcriptase inhibitors (NTRIs), protease inhibitors (PIs), and fusion inhibitors.

Recommended treatment is Highly Active Antiretroviral Therapy (HAART) which combines three or more medications on a daily regimen.

in development

medications

TMC125, or etravirine, is a next generation NNRTI that is active against NNRTI-resistant strains of HIV.

MK-0518 is the first in a new class of anti-HIV medications called integrase inhibitors and opens new options for those individuals that have developed resistance to other drug classes.

vaccines

multiple vaccine candidates are currently in human clinical trials in a record number of nations around the planet

the numbers

living with HIV/AIDS

- 3,212 people in Travis County¹

new cases

- 195 with HIV in Travis County¹
- 202 with AIDS in Travis County¹

local resources

AIDS Services of Austin

📍 www.asaustin.org

☎ (512) 458-2437

Interfaith Care Alliance

📍 www.interfaithcarealliance.org

☎ (512) 459-5883

Project Transitions

📍 www.projecttransitions.org

☎ (512) 454-8646

Waterloo Counseling Center

📍 www.waterloocounseling.org

☎ (512) 444-9922

Wright House Wellness Center

📍 www.thewrighthouse.org

☎ (512) 467-0088

how you can help

donations

- financial contributions
- thrift shops
- food banks
- wish lists

events

- oct 15 - AIDS Walk Austin
- oct 21 - Waterloo Uncorked!
- oct 21 - 5th Annual Style Cup
- nov 5 - Octo Tea Dance
- dec 2 - 18th Annual Holiday Swing

volunteer

AIDS Services of Austin

- administrative and events
- Helping Hands Food Bank
- practical support
- volunteer fairs

Interfaith Care Alliance

- Care Team members

Project Transitions

- administrative and events
- thrift store volunteers
- hospice volunteers

Wright House Wellness Center

- administrative and events
- RAPP Peer Volunteer
- Board of Director members
- community garden maintenance

¹ Source: 2005 Texas HIV/STD Surveillance Report

act

2006 aids walk austin

sunday, 15 october 2006

details

location

Waterloo Park
403 E 15th St
☎ (512) 452-WALK (9255)
🌐 www.aidswalkaustin.org

date

Sunday, 15 October 2006

time

8:30 am - registration begins
9 am - opening ceremonies
10 am - AIDS Walk Step-off

about

This year's AIDS Walk is a 5K or 3.1 mile walk that should take about one hour to complete.

history

In its 19th year, the AIDS Walk Austin is a community fundraiser produced by the team at AIDS Services of Austin (ASA) and benefits ASA and other local organizations that provide support and direct care services for people living with HIV/AIDS in Central Texas.

The Walk has evolved over the years into a community event with a festival, live music, and a business expo for the GLBT community.

goals

In 2005, AIDS Walk Austin raised over \$165,000 and this year their goal is to raise \$175,000.

beneficiaries

- AIDS Services of Austin
- ALLGO
- Austin Harm Reduction Coalition
- C.A.R.E. Program
- Community Action, Inc.
- Friends of the David Powell Clinic
- Hospice Austin
- Out Youth Austin
- Planned Parenthood
- Project Transitions
- SafePlace
- The Care Communities
- Waterloo Counseling Center
- Wright House Wellness Center



donate. volunteer. get involved.

PREVENTION SERVICES | HIV TESTING | CASE MANAGEMENT | DENTAL CLINIC | LEGAL SERVICES | FOOD BANK

WWW.ASAUSTIN.ORG
(512) 458-AIDS

act

race for the cure

sunday, 5 november 2006



details

location

Auditorium Shores
South 1st Street & Riverside Dr
☎ (512) 473-0900
🌐 www.komenaustin.org

date

Sunday, 5 November 2006

time

6 - 7:45 am - registration begins
9 am - opening ceremonies
8 - 8:30 am - Races begin

about

This year's Race for the Cure is a 5K or 3.1 mile run/walk or a 1 Mile Walk Course.

goals

The goals for this year's Race for the Cure is \$750,000.

beneficiaries

Up to 75 percent of the net income from the Komen Austin Race for the Cure® and other fundraising activities remain in the community to fund breast cancer education and screening programs in Bastrop, Caldwell, Hays, Travis and Williamson counties. Komen Austin places a special emphasis on programs that provide breast cancer education and screening to medically underserved populations.

Komen Austin shares a minimum of 25 percent of our net income to support The Komen Foundation Award and Research Grant Program.

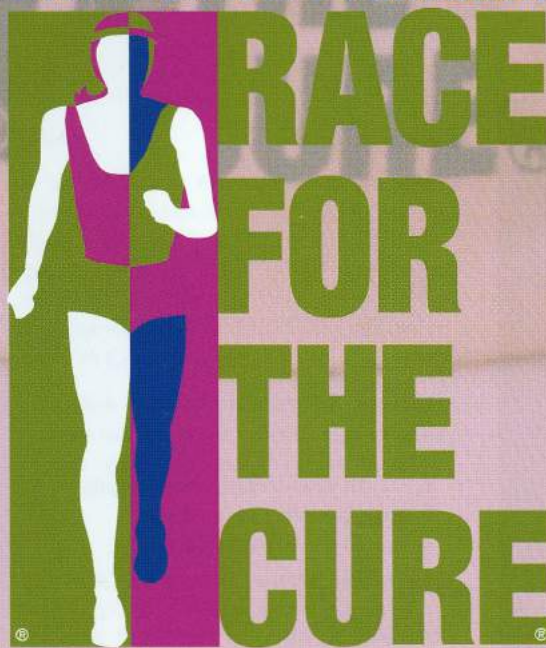


The Susan G. Komen
Breast Cancer Foundation
Austin Affiliate

**JOIN US ON SUNDAY,
NOVEMBER 5, 2006**

AUSTIN 2006

The Susan G. Komen
Breast Cancer Foundation



Presented by



NATIONAL SERIES SPONSORS:



Coldwater Creek



Kellogg's



NATIONAL SERIES HONORARY CHAIR: FRANCIE LARRIEU SMITH

Sunday, November 5, 2006
Auditorium Shores • Austin, Texas

**Register NOW at
www.komenaustin.org.**

Call (512) 473-0900 for more information.

**MISSION: To eradicate breast cancer as a life-threatening disease
by advancing research, education, screening, and treatment.**

**AN EVENT OF THE SUSAN G. KOMEN
BREAST CANCER FOUNDATION AUSTIN AFFILIATE**



learn

breast cancer awareness month

state of the fight

In 2006, it is estimated that more than 200,000 Americans will be diagnosed with breast cancer and more than 40,000 will die as a result of breast cancer.

There are many studies underway to help determine the causes of breast cancer, including the Sister Study, that follows 50,000 sisters of women with breast cancer for at least 10 years to collect information on genetic, lifestyle and environmental factors.

existing treatments

Most doctors will recommend a sequence of treatments that will vary according to your diagnosis. In most cases, patients diagnosed with breast cancer have surgery to remove the cancer from the breast. Depending on your diagnosis, your doctor may use chemotherapy to stop the growth of cancer cells, by using drugs to either kill the cells or by stopping the cells from dividing. Next, radiation therapy uses high-energy x-rays or other types of radiation to kill cancer cells. Finally, hormone therapy is used to either remove hormones or block their actions and stop cancer cells from growing.

in development

High-dose chemotherapy with stem cell transplant is a method of giving high doses of chemotherapy and then replacing blood-forming cells destroyed by the cancer treatment with stem cells previously removed from the patient.

Monoclonal antibody therapy is a passive immunotherapy treatment that uses antibodies made in the laboratory, from a single type of immune system cell.

the numbers

- 491 new cases and 86 deaths in Travis County in 2006¹
- 224 new cases and 38 expected deaths in Williamson County in 2006¹
- 80 new cases and 13 expected deaths in Hays in 2006¹

local resources

American Cancer Society
📞 www.cancer.org
☎ (512) 919-1800

Austin Affiliate of the Susan G. Komen Breast Cancer Foundation
📞 www.komenaustin.org
☎ (512) 473-0900

Breast Cancer Resource Center of Austin
📞 www.bcrc.org
☎ (512) 472-1710

Lance Armstrong Foundation
📞 www.laf.org
☎ (512) 236-8820

Sisters Network
📞 www.sistersnetworkinc.org
☎ (512) 926-3708

how you can help

donations

- financial contributions
- wish lists

events

- oct 8 - Champagne Brunch
- oct 20 - Relay for Life - San Marcos
- oct 29 - Country for the Cure
- nov 5 - Race for the Cure
- nov 12 - Rally for the Cure

volunteer

American Cancer Society

- administrative and events

Austin Affiliate of the Susan G. Komen Breast Cancer Foundations

- administrative and events
- Board of Director members
- Race for the Cure

Breast Cancer Resource Center of Austin

- administrative and events
- peer support volunteers

Lance Armstrong Foundation

- administrative and events
- evening & weekend volunteers
- **LIVESTRONG** Challenge



the lost art of relaxation

stress-free ways to reduce stress in your life

by c j campbell

This article will be filled with things you have been told before, things you already know, and clichés of the pop psychology world. I tell you this upfront so you don't have to waste your time thinking "Duh! I totally knew that already! What kind of moron does she think I am?" If we can come to an understanding right here and now that you do already know all of these things and you and you alone have the power to do something about the stress in your life. We can avoid the inevitable feeling that I am in any way insulting your intelligence. By avoiding this line of thinking it will free you up to really think about the topics that I am about to present, decide what works for you (and conversely, what is absolutely ridiculous for you) thereby, reducing your mental stress when reading this article. Because lets face it, how many times have you picked up an article with a title like "Top 10 Ways to Reduce Your Stress" and put it down feeling even more stressed because all the top 10 things, are either things that you already do, or are things that seem so much easier said than done?

So with this understanding firmly established, I challenge you to not just read the tips, roll your eyes, and wonder how you could get the last ten minutes of your life back, but to instead really think about the questions that I ask. Roll the answers around in your brain and think about how often you really tried to honestly de-stress your life. I hope you will challenge yourself not just to reduce

the current stressors in your life, but to look at how you got there and why. This article is designed to address a truth that many of us must face before we ever attempt to de-stress: We love stress.

Think about it for a minute. I know what you are thinking: "Love this??? I am miserable. I never stop. I never have enough time to do the things I want to do. And if I do make the time, I don't enjoy them because I don't have time." I'll return to a statement I slipped in above; you alone have the power to do something about the stress in

"...you alone have the power to do something about the stress in your life"

your life. I know, I know, I know...I can hear you from here " I have a busy job, I have my commitments in the community, I mean all these charity organizations don't run themselves, and there is that fund-raiser to go to, and that seminar to attend, and if I don't go to the gym...."

STOP! You are important. I get it already. Now ask yourself, why do all of these things make me important? Which of these things could I change, reduce, or remove from my life to create more down time? What would be the impact on my feelings of self worth if my cell phone wasn't going off every 30 seconds? How would I survive if my BlackBerry stopped working? How would

you feel if there weren't constant demands being made on your time? Really think about that for a moment. It is one thing to say "I am so tired of feeling stressed out all the time and people just always needing me to do stuff". But how would you feel if they actually stopped needing you all the time?

Having more commitments than time to commit to them makes us feel important, valuable, needed, wanted, distracted, and stressed out! It doesn't matter that you've had to take defensive driving the maximum times allowable this year to make up for

all those speeding tickets, you got due to always running behind, because your always over booked. You don't mind being busy, never mind the fact that you can't seem to sleep, the only food you eat any more is tapas, and you always feel like you just got hit by a Mack truck with road rage. Who needs down time? Not me. Ok, maybe me. Now, the question becomes if I had down time, what would I do with it? How would I keep my down time actually a nurturing and stress less aspect of my life? How would I keep it from becoming another point of stress? Am I really going to schedule time to relax? The very notion seems counter-intuitive.

reduce your load

How many times do you find yourself saying yes to others? Maybe it's "Yes, I'll visit my sick friend!" Or, "Yes I'll take on that big project at work." Or, "Yes, I'll help you move next weekend." Or, "Yes, I'll move into that new condo, that's more expensive than I can afford;" after all, I just said yes to that new project at work, I can work weekends, and then I'll get that new promotion. Reduce your load.

Often the reasons we say yes are good ones. Is it good to visit your sick friend? Yes. Is it good to help your friend move? Yes. Is it good to be proactive at work and aim high? Yes. Reducing your load is often about taking all of the things that you are saying yes to and prioritizing. If right now in your life getting into nicer digs is the most important thing, and saying yes to your new project is the way to get there, then maybe you send a card instead of visiting your sick friend. Or, tell your other friend "no" when they need help moving. It doesn't make you a bad person to say no up front. Especially if you feel like the decisions you are making are best for you and will later give you more time to spend with your friends in a more relaxed and stress free way. Very Important: It is not ok to say yes and then back out at the last minute. Promising to visit and not following through: not ok. Promising to be there at 6 am with bagels and a truck to move all day, and then calling the night before to say you have to work: not at all cool. Be honest with yourself, you are not doing anyone any favors by thinking that you can and must do everything and be all things to all people. Sometimes we must say no. People appreciate an honest no up front, more than when you leave them in a lurch after they were counting on you to be there for them.

set honest and realistic expectations

Be realistic about how much time you have. This will allow you to reduce your load in a way that makes sense for you right now. The here and the now is key. These expectations of self are malleable over time. Just because today you choose to work weekends to get into that new condo downtown, doesn't mean you must always choose that. You control what you do with your time. Setting expectations will allow you to focus your energies. Focus your energy on things you choose. There are so many goals and activities that we set for ourselves, make sure that you are focusing on the ones that you chose, and not on the extraneous bullshit that accompanies all of those little yeses that we didn't want to give out. These extra little yeses are clutter in your life.

Clutter creates stress. Clutter is more than mental baggage though. Clutter is the piles of paper sitting on your desk. Clutter is all of the sticky notes that don't even make sense to you five minutes after that phone call. Clutter is magnets on your refrigerator. Clutter is phone numbers in your cell phone that you have no intention of calling ever again, not even on a bet. Be not confused oh stressed one! The piles of physical clutter can junk up your mental health as much as the emotional clutter of too many commitments and not enough time. They are both symptoms of the same disease.

resources

online

WebMD
www.webmd.com

Medline Plus
www.nlm.nih.gov/medlineplus/stress.html

national

National Mental Health Association
☎ (800) 969-NMHA (6642)
🌐 www.nmha.org

National Institute of Mental Health
☎ (866) 615-6464
🌐 www.nimh.nih.gov

local

Waterloo Counseling Center
3000 South IH 35, Suite 315
Austin, Texas 78704
☎ (512) 444-9922
🌐 www.waterloocounseling.org

get organized!

Throw out all that crap, literally. For some of us, this could be as simple as buying a daily planner and using it for more than the 2 weeks beyond the date of purchase. For others, this could mean something more like hiring a life coach to help us dig ourselves out of the mess we call life. The majority of us are somewhere in-between and there is just one area of our lives where we seem to be a way out of our league. Maybe you are a whiz with organizing spaces and keeping physical clutter to a minimum, but find yourself constantly blowing your budget on the latest label maker. Perhaps a visit with a financial advisor would give you just the opportunity you need to develop a budget that you can stick to.

just try to relax

Clear your mind. Meditation, the glorious art of thinking about nothing is one of the most oft touted and poorly explained New Age wonders. According to the National Mental Health Association, even ten to twenty minutes of meditation or quiet reflection can reduce your feelings of stress. While meditation is a fabulous technique for reducing stress many people find that clearing your mind seems to be way more difficult than one would think. This is why there are countless books, cd's, classes, and even centers dedicated to this very topic. For some people, just listening to relaxing music and lighting an aromatherapy candle can improve your mood. It can also lead to naps, so watch it with the candle!

Visualization can be much more accessible, and can even ease you into achieving the super-duper meditative state. What makes visualization so much easier? Well, for starters you already know how to do it. It's like daydreaming with a purpose. With visualization, you are picturing in your mind something you want to achieve or attain. This is helpful not only for relaxing, but also for doing that ultra important prioritizing of goals.

For example, you really want to fit into those new pants you bought. By visualizing yourself in them you are placing the goal at the forefront of your mind. By calling upon that visualization every time you think you'd like to order the queso with your chips instead of the salsa, you stand a better chance of getting into the pants. If right now you are thinking, "But gee I want the queso too," then you really weren't paying attention to the first part of this article. Queso and skinny jeans were not invented for the same person. Prioritize! Remember, skinny jeans will go out of style, the recipe for queso will live on!

So, now that I have lectured you thoroughly on reducing your load by prioritizing your life, and focusing your energies by daydreaming with a purpose; lets talk about some little things that you can do that help you blow off steam and free your mind and body up to relax. For those of you expecting a run down of all the happy hour specials in Austin...I apologize in advance for the fact that you will not find that here. Instead I would like to bring you back to something that I said earlier: you already know this.

exercise

Getting some form of exercise everyday not only helps you to look better (the primary motivation for doing such things) but it also helps you feel better. It allows you to burn off that mysterious thing my mother called



Equus for Venus

Trueselves: Lessons for the Horse, The Path of Wholeness in Gay Relationships

In a world where we are challenged with how to be in a relationship – and with whom –, we may find it difficult to face ourselves honestly. We may not express our trueselves with others. Horses, on the other hand, rarely hide who they are in their herd. They can teach us about clear boundaries, expression, and true emotional response. In this workshop you will explore your own authentic relationships by practicing authentic behavior in the presence of the horse.

During the workshop we will:

- Learn how to understand our own emotions and those of our partners
- Use emotions to work through problems and develop closeness
- Learn and practice skills that effectively promote both personal and community relationships

For more information on dates and times visit our website at www.equusforvenus.com or call (512) 327-3723.

Mention that you saw this ad in Q Monthly Magazine and receive \$100 off your registration fees.

Sarah Janosik, LCSW

1101 S Capital of Texas Hwy
Building A Suite 200
Austin, Texas 78746
(512) 327-3723 phone

“nervous energy.” Sitting behind a desk all day makes you tired, but your body hasn’t done anything. For the purpose of reducing stress and getting that tension worked out twenty to thirty minutes of moderate physical activity can help (NMHA). So what about those of you gym rats out there that never seem to come down off your endorphin levels enough to relax? Should you exercise more? No! If you’re top priority in your daily life is training for the next decathlon, than exercise is not going to help you relax, meditation or visualization would be more relaxing and help you to focus your mind to meet your body’s goals.

The flip side of that is that the yoga instructor that listens to relaxing meditation music at work all day. This may make their work environment more enjoyable, but let’s face it they are still at work! The idea is to do something that helps you reduce stress and that you find joy in doing. For some people this could be a favorite hobby that takes their mind away from the daily grind. Canoeing down at the lake could be fun for one person, while knitting takes another’s cares away.

The choices that we make on what we put into our bodies everyday makes such a big difference in how we perform overall. Think about it. I have heard that you could run your car off of grain alcohol. Not very well, but you could. The same goes for the human body. You can run for a long time off of coffee and bagels. In fact, you may even live a long productive life. Of course you may also be overweight, grumpy from sugar highs and lows, and just feel icky all the time. Think that won’t stress you out? Think again! This goes double for the alcohol we ingest. A little is ok, a lot is a problem. I don’t think I need to lecture you about the dangers of cigarettes and drugs, come on, you know better. Make healthful choices in what you eat. Lack of fresh fruits and vegetables in your diet may be to blame. Remember: preservatives preserve you, they don’t keep you fresh.

At the end of the day though stress can be caused by life situations that all the exercise and prioritizing just won’t change. It is important to recognize when you are dealing with something big, it could be good or it could be bad. Stress is stress. Some of us abhor the idea of getting help with our problems. Talking to a counselor is just way out of the question. If that sounds like you, make sure that you have friends or family members that can listen to what you need to talk about without judgment. If you want advice, ask for it. If you just want a shoulder to cry on, let them know. The beauty of a counselor is you pay them to listen to your problems, but you don’t have to listen to return the favor. And, if you are prone to feelings of guilt about complaining, counselors can be the perfect solution. It’s their job.

With the advent of the Internet, even psychology has gone www. Not only can you find a counselor on-line, but you can even get counseling on-line. I haven’t tried it, but if you seem to have better communication via e-mail or find yourself with no time for an office visit, it may work for you. Be cautious the internet can be a scary place. Anonymity is great, until you truly need to trust someone with your deepest most personal feelings. Sometimes it helps to be able to look someone in the eye.

That said, for many people they feel they can tell their partner, or friends, or family anything. Lucky you! Having a strong support network is a huge factor in how resilient you will be when trouble knocks on your door.

Helping ourselves to get through times of stress, or just dealing with daily stress, is the gift we can give ourselves. Reducing the amount of our stress can be as simple as reprioritizing, or taking up a hobby. Sometimes, we need to make major life changes, and other times we just need some help. Asking for help and getting it is often one of the hardest things we do as humans. It is though, part of being human. ■

play on the radio

dj rob harris

soakin wet - volume 3

by duane wells



Get ready to dance your ass off this fall no matter what kind of music gets your toes to tappin'. DJ Rob Harris calls all the boys to the dancefloor this month with the third installment in his *Soakin Wet* series, a massive dance album stocked to capacity with that special blend of sweat inducing beats and screaming (or should I rather say vocally gifted?) black women that sets many a gay man's heart aflutter. While many dance CD's have a tendency to sound excruciatingly similar, Washington, D.C.-based DJ Rob Harris has managed to create a dance CD that while not particularly groundbreaking, is one of the best in its class. But does it make you want to take off your shirt and dance until the wee hours of the morning? Absolutely (Now whether you should take your shirt off is an entirely different question that you'd best take up with your trainer.)

Opening with Sasha Dith's high energy "I love dance" featuring Russian Girls, *Soakin Wet* coyly works its way through a string of major summer hits with the same deftness Paris Hilton uses to manipulate the press. The disc reaches a crescendo at the halfway point on track 6, which is the latest L.E.X. single "Let Me Hear The Music" featuring none other than gay staple Niki Harris on vocal. Meanwhile the hard driving Josh Harris Club Remix of Rachel Panay's "The Real Thing" is among the more memorable tracks on the last half of the disc. Bottom Line: Dance music fans with the good sense to know the difference will appreciate DJ Rob Harris' contribution to the *Soakin Wet* series.

Still not dancing? Well that's because you're sitting in front of the computer silly. Get to downloadin' so you can dance your ass off all fall long! ■

evanescence

the open door

by dj red hot

The soundtrack to the 2003 action movie *Daredevil* brought quick success to Evanescence. The single "Bring Me to Life," which appeared on the soundtrack along with the track "My Immortal," became an overnight hit. The songs proved to be a jump start for Evanescence's future hit album *Fallen*, released in March 2003.

Fallen surpassed double-platinum status, reaching the Top Ten in the United States, the Top Five in Canada, and number one in the United Kingdom. It spent more than 100 weeks on Billboard's Top 200. Evanescence also picked up two Grammys (Best New Artist and Best Hard Rock Performance) in 2003.

The *Open Door* was released in early October 2006. Introduced by the single "Call Me When You're Sober," the album displays a broader emotional range amid the band's evolving sound. ■



justin timberlake

futuresex/lovesounds

by dj red hot

On "FutureSex/ LoveSounds," Justin Timberlake claims to be bringing "sexy" back to pop music, and indeed he is. You can almost feel beads of sweat rolling off the title track and "SexyBack" featuring Timbaland, which is No. 1 on The Billboard Hot 100 for a forth week. With Timbaland at the production helm and guest appearances by T.I. and Three 6 Mafia, Timberlake is seriously courting hip-hop fans. But he has not lost sight of his pop audience. The playful "Damn Girl" featuring Will.i.am and sultry "(Another Song) All Over Again" are reminiscent of Prince's signature style.

Although the mix of dance beats, pounding basslines and palatable vocals is occasionally marred by mundane R&B tracks like "Until the End of Time," there are far more pop gems than slow jams. The sound may be a bit different, but the music's sex appeal remains a force to be reckoned with. ■



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dante's cove recap

season two : episode two
by ross von metzke

When last we left Cory and Toby, lives hung in the balance as Ambrosius conjured his Tresum powers to remove any and all obstacles standing between him and Kevin. But this is *Dante's Cove*, and you should know they aren't going to kill off the lead gay character (who also happens to be played by an openly gay actor – Charlie David) in the season premiere.

Yep, that's right, Van (Nadine Heiman) shows up with her new found Tresum powers and saves the day—sort of. With a *Mighty Morphin Power Rangers* flash of light, Ambrosius and Cory disappear in this tornado-like funnel and are swept out to sea. Van's crushed—she has powers, she just doesn't know how you use them. Remember that in a minute.

She cries. Toby cries. They cry together. It's a touching moment—suddenly *Dante's Cove* is like a Hallmark movie of the week... with anal sex.

Running along the beach later that afternoon, muscles rippling and bulging as sweat pours down his perfectly formed abs, Adam (Jon Fleming) drops to his knees when he finds Cory washed up on the beach, dead.

Toby and Van are understandably devastated, but keep the cause of Cory's death to themselves. Assuming Ambrosius died with Cory, Van and Toby turn their attentions to more pressing matters—love.

Last episode, Michelle (Erin Cummings) saw Van conjuring up Tresum spells and nuttered. Now, she's insisting Van move with her back to Iowa so they can get away from this wicked Cove and enjoy a life of craft fairs, dog parks and Subaru's together.

Sickened at the thought, Van conjures yet another spell she doesn't know how to control—a memory spell, to make Michelle forget she ever saw Van dabbling in magic.

Can you figure out what happens next? First two guesses don't count. If you're thinking that Van accidentally erases all memory of herself from Michelle's memory,

give yourself ten points. Yes folks, at Cory's funeral, Van reaches out for some loving and support from Michelle, who looks at Van the way gay men do when they travel and find out some cities stop serving liquor at Tam. Huh? Yeah, Michelle's totally lost her memory of their relationship and tells Van to get the hell away from her.

To make matters worse, Ambrosius (William Gregory Lee) pops up at the funeral. Seriously, he's made it 200 years in a basement, you really think a little tornado's going to bring him down? Now Ambrosius is mad, ready to pick up the pace in his attempt to get Kevin (Gregory Michael) naked and in the sack.

The following day (back at the dive shop) Michelle completes her weekly scuba lesson with the smoldering Brit (Michelle Wolff), who makes it very clear she'd like to see more of Michelle outside the depths of the Ocean.

Cue Van, with a pathetic attempt to try and play along with Michelle's lack of a memory and make them fall in love all over again. Doesn't work. Michelle still thinks Van is nuts, and now, buff Brit steps in and tells Van to take a hike.

Diana Childs pops up to break up the fight. Who's Diana Childs? She's Thea Gill from *Queer as Folk*... here's what we know about her so far. She moved to the island and promptly scooped up the old Historical Society. Much as Van indicates she has to get in there, Diana assures it's a no go. She has a history with Ambrosius and Grace (Tracy Scoggins), but we're not quite sure how deep it runs... we only see in fleeting flashbacks she spent a fair amount of time grooming Ambrosius with power and strength during his dungeon days.

Oh, and we know she can work a mini skirt.

Back to Michelle and Brit, who have now successfully gotten rid of Van and are playing tonsil hockey on the dock. Obviously ready to take their "relationship" to the next level, they take the action home for a hot one on one lesbian romp. Ladies, grab your



remote. This is sensual sex, not that *Girls Gone Wild* crap, and who wouldn't want to see these two lovely ladies get it on?

Meanwhile, Ambrosius, in an attempt to woo Kevin through a hipper, more sleek persona, keeps up the 'Bro' act, which now includes a hot ride and sex with the island handiman Kai (German Santiago). He shows an interest in Kevin—asking about his hopes, his dreams. Classic case of gay daddy moving in for the kill.

And Toby senses it.

Not wanting her best boy bud to be down and out, Van yet again opens her book of Tresum in an attempt to cast a spell to keep Kevin away from Bro. But, realizing she can't do it alone, she seeks the help of Grace, who's also been in the market for a new protégée.

So the two sit around a rattling table, shout some mumbo jumbo in unison and, inner-spliced with yet another of Toby and Kevin's completely inappropriate public rendezvous (fucking in the kitchen is hot and all, but these two are doing it in the kitchen of a hotel... the Hotel Dante is starting to look more and more like the All Worlds Resort every day), rid Kevin's world of Bro's advances forever.

long live the queens an interview with carmen maura

Unless you've been living under a rock, you've heard the buzz about the film festival favorite *Queens*, described as "a hilarious, touching and contemporary ensemble comedy that finds five headstrong mothers coping with the personal family conflicts surrounding the impending marriages of their gay sons."

In *Queens*, "these five very different women deal with their own desires, prejudices and history as they attempt to survive the weekend as sex, anger, bigotry and love hilariously clash in this ultimate wedding film about the strength of love and the importance of family." One of the women is Magda—portrayed by Pedro Almodóvar favorite Carmen Maura, who recently took the time to sit down for this interview.

"When the director—Manuel Gomez Periera—called me with the script I simply loved the idea," said Carmen. "Normally, they don't offer roles of women in power positions to me. Also, I loved the idea of her wardrobe. I had seen hotel owners before and I loved the way they dress, with their suits, their pants and jackets. She is also a very selfish woman, very wise, very clever—a wealthy businesswoman. As a mother, she is far from being perfect."

"She loves her son, of course," continued Carmen about Magda, "but she is not concerned about his future because he will inherit a lot of properties and money when she dies, but she is not that deeply concerned about her son's feelings either. She doesn't really care whether her son is gay or not. However, since her profession deals with hotels catering to the gay community, she thinks he will be able to help her with it. She is very modern and open minded but at the same time very selfish. She focuses on herself first. She also has a softer side, which is that she falls in love with the cook in her restaurant and that makes her lose control."

"I had worked with the director before. I was in the last movie that he worked in as Assistant Director," explained Carmen about Manuel Gomez Periera. "Then, he started to do his own movies, marvelous comedies,

and I was looking forward to working with him. One day, he called me, he told me about the project and I thought it was a fun idea to be involved with. The script was really fun and I liked that I was going to work with all these other famous actresses, who are all friends of mine, all mothers in real life."

"I loved the idea of working with Verónica (Forqué), Marisa (Paredes), Mercedes (Sampietro) and Betiana (Blum)," elaborated Carmen about her powerhouse costars. "It was going to be great. When I read the script I thought that the best role was Marisa's, because playing an actress is always fun. But, once they give you your role, it becomes yours, you embrace it, you fall in love with it. It is for you. I started to fall in love with my character. They got my hair red and with bangs. Working with Manuel was great. He is very polite and never causes friction or tension on the set. The only times I would see him stressed were with the dog scenes. The poor dog was only 6 months old, had never done movies before and did not like doing movies."

"I usually portray roles of women with huge vitality and a lot of life," revealed Carmen. "I love it! When I get into my character, I never hide my own personality, so there is always something of myself in each role. And I have a tendency to be active and positive. I think that you can see that in all the characters I have played. I have played a wide variety of women in my career. You probably don't even know half of the characters I have played! Humble women, wealthy women, nice, evil, neurotic, housewives and even an assassin. I love the fact that they can offer really opposite roles."

"I can be a disgraced woman with a huge problem at home as well as a mentally handicapped person. I can be a happy rich woman who just cares about her life as well as an assassin. I think that the kind of body structure that I have also helps. I am not really thin, nor really fat; not really tall, nor really short. I am not really beautiful, nor really ugly. So, I can be fat, thin, ugly and beautiful depending on make up, clothes, lights and all those things. I think that it was



a gift from God for me to become an actress. If you saw me in my last movie with Pedro Almodovar, I look so different! Sometimes I even get surprised with the outcome of a character, make up, wardrobe, lights... it can change you so much and at the same time, I am still myself," Carmen explained candidly.

"I normally study the script several times," said Carmen about getting into character. "I usually feel very relaxed about playing a role. I don't think it is going to be like climbing a mountain. I just relax about it. I have never taken a course on interpretation, so I don't really have a technique to create my characters. For me, it just comes down to reading the script several times, studying my words, by study I mean, to really understand and feel what I am saying and then, I leave a huge piece of my character to my intuition and inspiration."

"For instance, I never work in front of a mirror, nor do I think on how my character is going to smile, how she is going to walk," explained Carmen. "I leave that part to

come out when I am in front of the camera, with the director. Every time I start a movie, on the very first day of shooting, I am the first one to be surprised. It is funny because sometimes, directors who don't really know me, are kind of nervous about it and I usually tell them 'take it easy, she will come soon.' And that is how it happens, I get on the character's clothes and 'she' comes naturally—even with roles which are more complex to create, like the transsexual role I played in *La Ley del Deseo* (Law of Desire)."

"I didn't rehearse in front of the mirror," explained Carmen about portraying a transsexual, "but I had ideas in my head, memories, etc. I honestly don't like to prepare a role too much because then it looks fake. It is much better when it comes out naturally and you don't even realize. When I saw myself in that character I remember I had a shock. The only thing I remember is that Pedro used to tell me 'Carmen, remember you are not going to the gym,' because I was walking too fast, or too straight."

"But I think that I have a gift for interpretation," continued Carmen. "It is not hard for me at all. It never was. The most difficult part is to study the lines, but once I get to the set, I let myself go. For me it is like playing. My job is like playing. Not doing this, of course, I would rather be in my garden or playing with my dog than doing an interview, but going to the set and filming it is just like a game, like it used to be in my childhood. That is why I do it well, because I am not afraid of it, plus, the camera does half of the job as well."

"Well, the audience in Spain reacted great because we are one of the most open minded countries in the world," explained Carmen about the response to *Queens*. "Maybe we do not realize this when we are here but when you start traveling around you can see that. Italy, I think it will react similarly. France, I am not sure because I don't know that audience very much, but I would say that they would react well as well. I think that the American audience is very close to our audience in a lot of aspects. Americans are like us, more laid back, the same sense of humor. I think they will like it."

"When I did *Women on the Verge of a Nervous Breakdown* it was a huge success and I went to the Academy Awards with Antonio Banderas," responded Carmen about whether or not she's been pressured to move to Hollywood. "You really have to like the movie very much to move to Los Angeles for work, because it is a tough place. You really have to love the story because Los Angeles is an adventure that has nothing

to do with the way we do movies in Europe."

"It is almost like a different profession," explained Carmen about making movies in Hollywood. "Everything here is much more complicated. Everyone here has several bodyguards, agents, lawyers. If your movie does well, you get the best table at the restaurant, if it didn't do that good; you will get the table next to the kitchen. One year you could be the greatest celebrity and in the following year you could disappear."

"Things are tougher there," she continued. "I understood that almost upon arrival. They told me that if I wanted to do movies in Hollywood, I had to move there, I had to meet people; I had to go to parties. And that came to me at an age when I had already fought very hard to get to where I was at that moment in Spain. I did not feel like starting a new battle—so I left right away."

"I think that if you are European, from anywhere, Italian, German, French, etc, you need to be very protected..." she said about living and working in Hollywood. "The good roles that were offered to me ended up being played by better known American actresses. I know of European actresses that got offered minor roles and then, they almost disappeared in the movie. I wouldn't mind learning English to film there. If I managed to speak Turkish, I can certainly speak English. I wouldn't mind to work on a short or an independent movie there—just as I wouldn't mind doing that in Russia or anywhere else."

"It is not because it is Hollywood," Carmen continued. "However I would not go anywhere to work on a movie where I am not protected and really wanted by the director, because that system of doing movies could really stress me out. That is a struggle I don't want to deal with. If it happens, well then, yes, but it is not something that I am going to actively pursue. Another thing, this is more from the child in me, I would like to do space movies or movies like *Superman*. Maybe more for my granddaughter... for her to see her grandma doing that... The kind of movies that we do not do in Spain." ■

Queens

www.queens-hemovie.com

Opens Friday, 13 October 2006 at:
Landmark Donie Theatres
2025 Guadalupe St (in the Dobie Mall)
(512) 472-FILM (3456)

SHORTBUS

A John Cameron Mitchell Film



shortbus

by ross von metzke

what it's about?

Hedwig and the Angry Inch creator John Cameron Mitchell's exploration of sex follows a group of New Yorkers to an underground salon infamous for its blend of art, music, politics, and carnality.

what works?

Mitchell definitely has something to say about society, as he proved tenfold with the brilliant *Hedwig*. Though much of the filmed sex here (and believe me, they're really screwing) will draw comparisons to porn, beneath the surface, Mitchell has managed to tell a number of deeply personal stories of humanity.

what doesn't?

Much of *Shortbus* can be rather uncomfortable to watch—particularly if you aren't planning on getting busy with the person sitting next to you in the theatre anytime soon. At times, much as Mitchell tries, *Shortbus* sinks into just another exploitation of sex.

what's in it for us?

Shortbus refers to the name of the underground New York club, and when they say everything sexual under the sun happens here, they mean it. Gay, straight, lesbian, S&M, masturbation, orgies... you name it, you'll see it.

bottom line

Certainly worth checking out—just know what you're getting into going in. ■

Shortbus

www.shortbus-themovie.com

Opens Friday, 13 October 2006 at:
Regal Arbor Cinema
9828 Great Hills Trail (@ Jollyville Rd)
(512) 302-9889

Couple's Massage at Spa Django

getting lost east of austin

a day trip to the hyatt regency lost pines resort & spa

by joseph dane

Looking for a place to get away? A day trip, or perhaps a weekend excursion? The Hyatt Regency Lost Pines Resort and Spa is where luxury meets the wild. Approximately 20 miles east on Highway 71 from Interstate 35, it's a big escape for a short drive.

I heard about the new Hyatt Lost Pines and was curious to see if it compared to similar type properties in the area. While the Lost Pines still has that air of newness to it, it's just as beautiful as its sister resort down the road.

getting there

The **Hyatt Regency Lost Pines Resort and Spa** is located on 575 Hyatt Lost Pines Road in Cedar Creek, Texas (Bastrop County). For Mapquest searches please search Cedar Creek Texas, 78612.

from Austin-Bergstrom International Airport

Exit Austin Bergstrom Airport, travel 13 miles East on Highway 71, turn left at Hyatt Lost Pines Road, (just after Pope Bend Road).

from Downtown Austin

Take 5th street East from downtown Austin to IH 35, travel IH 35 south to Hwy 71, exit and travel east on 71 towards Bastrop, pass the airport, travel another 13 miles on 71, pass Pope Bend Road and look for the Entry Gate to the Resort on the left.

The Lost Pines Resort backs up to the Colorado River and adjoins the McKinney Roughs Nature Park. The "lost pines" forest is a 13-mile-long area east of the Colorado. But here, 10 miles west of the main forest, stands a secluded 38-acre tract of the native pines. This is what makes this piece of land special. It is also around the corner from the quaint little town of Bastrop, of which you can catch a shuttle to right from the resort. If you have never been to the historic district of Bastrop, this is an excellent opportunity to kill two birds with one stone.

Together but separate: McKinney Roughs Nature Park offers an array of outdoor and educational activities while the adjacent Lost Pines Resort and Spa offers a luxurious retreat. The best part - it is right in our backyard.

Set your odometer and then watch closely for 13 miles past the Austin-Bergstrom International Airport because the resort entrance is easy to miss, but what an entrance it is. I pulled up and had a feeling of leaving the stresses of everyday life behind and entering a place of quiet relaxation. The entry is a private three-mile drive dubbed the "decompression road" and is the starting and ending point of your journey. Purpose being to leave your worries at the highway as you pass under the ranch style entrance, and begin your drive down the path to serenity and rest - careful though, the speed limit is 19 mph.

The Hyatt utilizes the unusual and spectacular blend of Central Texas nature

in its decor. The rustic theme starts when you enter the main lobby and see two stone fireplaces, pecan wood flooring made from trees on site, leather furniture, hand-wrought iron and a 30-foot tree-branch chandelier. Adding to the rustic feel are scattered fight pits throughout the property - no they were not lit in the summer, but I'm sure the fires create a wonderful ambience during the fall and winter months.

Keeping with the Austin proclamation of "Live Music Capital of the World," the resort showcases photographs of local musicians, has an onsite amphitheater for live shows, and even names their facilities after famous musicians.

The resort restricts some access and activities for overnight guests only, but day guests are still encouraged to come have fun. Enjoy the resort's countless activities or indulge in a day of pampering at the spa.

django
(jan'go) vt., 1. To awake.

Spa Django is an 18,000 square-foot full-service spa and salon offering 18 treatment rooms, a fitness center, spa pool, dry and wet saunas, male and female relaxation

SPA PACKAGES

Spirit Awakening with Music

Herbal Spice Percussion Scrub

Hydrating body wrap with
calming scalp treatment

Rhythmic Austin music massage

2 hours

Seasonal Rhythm Experience

Django's Scrub

Seasonal Rhythm Massage

BioEnergetic Enzyme Facial

3 hours

Day of Awakening

Spirit Awakening with Music Sequence

Aroma Transformation Facial

Spa Cuisine Lunch

The Healing Hand Treatment

The Foot Facial Treatment

6 hours

Golfer's Escape

18 holes of Golf at Wolfdancer,
an Arthur Hills Signature Course

Golfer's Massage with
Special Herbal Remedy

5 hours

The Austin Artist

Pleine air art session

Taste of Austin massage

2 hours

Riding for Relaxation

3-hour Adventure Equine Trail Ride

Seasonal Rhythm Massage
with Horsey Hand treatment

4 hours

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Massages • Facials • Waxing

Hair Care • Nail Care



Pedicure at Spa Django

pools and more. Day guests can access the spa for a nominal fee or by purchasing a treatment. The name Django was selected for its literal translation of "I awake," and also in honor of world-renowned jazz guitarist Django Reinhardt and local musician Django Walker.

If you are not the pampering type, then how about a round of golf at Wolfdancer Golf Club — an 18-hole championship golf course created by legendary designer Arthur Hills. The par 72 course is open to the general public and offers fantastic views of the Colorado River Valley. The clubhouse is home to Neighbor's Bar & Grill, one of the five onsite restaurants.

Being a pool and drinks kind of guy, the resort water park was right up my alley. It features a slide, crooked river pool, whirlpools, hot tubs, cabanas, sand volleyball and numerous fountains. Two let downs I must mention though, the pool bar, Old Buck's, requires getting out of the pool for drink refreshers, and you have to be an overnight guest to enjoy the water park. Both overnight and day guests can participate in the daily recreational amenities and activities (charges may apply). These include more than 16 miles of hike and bike trails, horseback riding, canoeing, kayaking, rafting, fly-fishing, GPS scavenger hunts, stargazing and more. There are also plenty of LCRA programs offered at McKinney Roughs Nature Park, information on the LCRA website at www.lcra.org.

The Resort is home to 492 rooms, 16,800 square-feet of ballroom space and myriad

entertainment. It's an ideal destination for business meetings of all types or an easy vacation, but it's just as attractive to a day patron. My day included a physique-conscious Seared Beef Salad at Firewheel Café, and a day of massage and sun bathing at Spa Django. Just a short drive away, it's worth the trip for a meal, spa treatment or round of golf. For more information on the new Hyatt Regency Lost Pines Resort and Spa visit their website at www.lostpines.hyatt.com. ■

other activities

If the Spa Django isn't your cup of tea, consider one of the many other onsite activities available to you at the resort.

golf

Rates for tee times at the Wolfdancer Golf Club are \$165 for non-hotel guests and \$145 for hotel guests. It is recommended that you make reservations at least 1 week in advance.

sunset on the colorado river

Watch the sun set as you float along the Colorado River-relax in the evening light. Available Thursday through Saturday 6 - 8 pm . Cost is \$40 per person.

The Stables at Lost Pines

Trail rides for adults and children are available, including day camps, adventure rides, private rides, river rides and evening rides. Check with the hotel for current prices and availability.

explore

destinations

gay-friendly destinations top orbitz insider index

orbitz insider index reveals top food & wine getaways

Fall has been hailed as one of the best times of year for a wine-tasting getaway. With that in mind, the Orbitz Insider Index has revealed its list of top travel destinations for great food and wine this season. Luckily for us, most of the destinations on the Orbitz Insider Index are either very gay friendly themselves or proximate to other gay friendly destinations. Here's a look at the gayest contenders on the Orbitz countdown.



San Francisco, CA

There's more to San Francisco than culture and the Castro.

As you might expect, with two of the most famous wine trails just north of this beautiful city, great food and wine are abundant in and around gay San Francisco. With several hundred vineyards from Napa up to St. Helena and Calistoga, there is something in this region for every type of wine lover.

Then, just across the way in the Sonoma Valley you will find an additional 40 wineries! After indulging in a wide variety of Napa and Sonoma wines, head to North Beach, San Francisco's "Little Italy," for great food in one of the oldest areas of the city. And then spend an evening at San Francisco Mandarin Oriental, where luxury knows no bounds.

Fredericksburg / Austin, TX

Austin, Texas is one of the most gay friendly and liberal cities Texas has to offer, so it is of course no surprise good food and wine can

be found in and around this Lone Star state metropolis according to those in the know.

Fredericksburg, which is also listed on the Orbitz Index, is located in the heart of beautiful Texas Hill Country, which has more than 20 wineries and five special Trail Events throughout the year. Local wineries offer tastings of newly released wines, wine and food pairings, seminars, demonstrations and tours. Fredericksburg was settled in 1846 by German and immigrant families and offers great German cuisine as well as unlimited Texas hospitality!

Seattle, WA

Gay and green Seattle also tops the Orbitz Index for travelers who love fresh seafood and wine.

There are more than 50 different wineries in the Seattle area, many purchasing grapes from wineries in the east. Because of this, wine fans have the opportunity to taste both western and eastern grown grapes in one stop. Wineries in the Seattle area are scattered throughout the entire region, making access to transportation a must. Before leaving, take advantage of great seafood restaurants in the area, many serving local wines to complement any entree.

Portland, OR

With the 13th highest number of same-sex couples in the U.S. according to the 2,000 U.S. census, and a high rank on the new Orbitz Insider Index, Portland is without question a fantastic place for the GLBT community to drink, eat and make merry this fall..

A veritable food & wine extravaganza, Portland is an outstanding destination full of delectable restaurants featuring world-renowned wines and fresh cuisine from local farms. About 30 -45 minutes outside of the city in the heart of the Willamette Valley which is home to more than 200 wineries and is an outstanding area to taste some of the best pinot noir the world has to offer.

Charlottesville, VA

A little over two hours away from Washington, D.C. where gay is very much 'okay' conservative Charlottesville, Virginia is a good day trip from the D.C. area if you find yourself in our nation's capital with a little free time on your hands.

October is Virginia Wine Month and always a good time of year to enjoy a bit of wining and dining at some of the Charlottesville area vineyards. The Monticello Wine Trail, located around Charlottesville, features more than 20 vineyards. To help celebrate Wine Month, the Monticello Wine Trail Festival is being held October 14 and 15. This celebration will feature 18 different Virginia wineries and gourmet foods from leading restaurants. So why not take a day to kick back, relax and enjoy some food and wine and then head back to D.C.'s Dupont Circle to dance the night away.



Other cities making the Index were Augusta / St. Louis, Missouri and Portsmouth/ Newport, Rhode Island.

It should be noted this new Orbitz Index is based on package and hotel bookings at properties on Orbitz.com in these destinations that also happen to have great vineyards nearby. It should also be noted that of the cities mentioned above only Washington, D.C. and San Francisco were listed in the top 10 domestic travel destinations for gay and lesbian travelers the 2005 Out & About Travel Awards. ■

Gay & Lesbian
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☎ www.34thstreetcafe.com
 1005 W 34th St (@ Lamar Blvd)
 ☎ (512) 371-3400

360 Uno Espresso & Vino

☎ www.360uno.com
 3801 N Capital of Texas Hwy # G-100
 At Davenport Village Shopping Center
 ☎ (512) 327-4448

Aquarelle

☎ www.aquarellerestaurant.com
 606 Rio Grande St (@ 7th St)
 ☎ (512) 479-8117

Ararat Middle Eastern

☎ www.araratrestaurant.net
 111 E North Loop Blvd
 ☎ (512) 419-1692

Asti Trattoria

☎ www.astiaustin.com
 408-C E 43rd St (@ Avenue H)
 ☎ (512) 451-1218

Austin Land & Cattle Company

☎ www.austinlandandcattlecompany.com
 1205 N Lamar Blvd (@ Parkway)
 ☎ (512) 472-1813

Ben's Longbranch BBQ

☎ www.benslongbranchbarb.ypgs.net
 900 E 11th St (@ Branch St)
 ☎ (512) 477-2516

Bistro 88

☎ www.bistro88.com
 2712 Bee Cave Rd
 ☎ (512) 328-8888

Blue Star Cafeteria

☎ www.bluestarcafeteria.com
 4800 Burnet Rd, C-300
 ☎ (512) 454-7827

Café Josie

☎ www.cafejosie.com
 1200-B W 6th St (@ Blanco St)
 ☎ (512) 322-9226

Cantina Laredo

☎ www.cantinalaredo.com
 201 W 3rd St (@ Colorado St)
 ☎ (512) 542-9670

Capitol Brasserie

☎ www.capitolbaustin.com
 310 Colorado St
 ☎ (512) 472-6770

Carmelo's Italian Restaurant

☎ www.carmelosrestaurant.com
 504 E 5th St (@ Neches St)
 ☎ (512) 477-7497

Casa Garcia's Restaurant & Cantina

☎ www.casagarcias.net
 1000 S Lamar Blvd (@ Treadwell St)
 ☎ (512) 851-8684

Casa Garcia's Restaurant & Cantina

☎ www.casagarcias.net
 1901 W William Cannon Dr (@ Manchaca Rd)
 ☎ (512) 441-9504

Castle Hill Cafe

☎ www.castlehillcafe.com
 1101 W 5th St (@ Baylor St)
 ☎ (512) 476-0728

Chinatown Westlake

3300 Bee Cave Rd (@ Walsh Tarlton Ln)
 ☎ (512) 327-6588

**Chinatown North**

3407 Greystone Dr (@ Mo-Pac Expy)
 ☎ (512) 343-9307

Chez Nous

510 Neches St
 ☎ (512) 473-2413



Clay Pit

📍 www.claypit.com
1601 Guadalupe St
☎ (512) 322-5131

County Line on the Hill

📍 www.countylinebbq.com
6500 Bee Cave Rd
☎ (512) 327-1742

County Line on the Lake

📍 www.countylinebbq.com
5204 FM 2222
☎ (512) 346-3664

Cuba Libre

📍 www.cubalibreAustin.com
409 Colorado St
☎ (512) 472-2822

Curra's Grill

📍 www.currasgrill.com
614 E Oltorf St (@ Rebel Rd)
☎ (512) 444-0012

Dolce Vita Gelato and Espresso Bar

4222 Duval St
☎ (512) 323-2686

Driskill Grill

📍 www.driskillgrill.com
Inside the Driskill Hotel
604 Brazos St (@ 6th St)
☎ (512) 391-7108

Eastside Cafe

📍 www.eastsidecafeAustin.com
2113 Manor Rd
☎ (512) 476-5858

Eddie V's Edgewater Grill - Downtown

📍 www.eddiev.com
301 E 5th St (@ San Jacinto St)
☎ (512) 472-1860

Eddie V's Edgewater Grill - Arboretum

📍 www.eddiev.com
9400-B Arboretum Blvd
☎ (512) 342-2642

El Chile Cafe Y Cantina

📍 www.elchilecafe.com
1809 Manor Rd
☎ (512) 457-9900

El Sol y La Luna

📍 www.elsolylalunaaustin.com
1224 S Congress Ave (@ Nellie St)
☎ (512) 444-7770

Emerald Restaurant

13614 Hwy. 71 W.
☎ (512) 263-2147

Enoteca

1610 S Congress Ave (@ Monroe St)
☎ (512) 441-7672

Chez Zee Cafe and Bakery

📍 www.chez-zee.com
5406 Balcones Dr (@ Parkcrest Dr)
☎ (512) 454-2666

Chuy's Barton Springs

📍 www.chuys.com
1728 Barton Springs Rd
☎ (512) 474-4452

Chuy's North Lamar

📍 www.chuys.com
10520 N Lamar Blvd
☎ (512) 836-3218

Chuy's 183

📍 www.chuys.com
11680 N Research Blvd (@ Duval Rd)
☎ (512) 342-0011

Ciola's Italian American Restaurant

📍 www.ciolas.com
1310 Hwy 620 S #C1
☎ (512) 263-9936

KaDE
studios
Design + Photography

www.kadestudios.com

Design
512.771.3632
design@kadestudios.com

Photography
512.694.5506
info@kadestudios.com

Fado's Irish Pub

☎ www.fadoirishpub.com/austin
214 W 4th St
☎ (512) 457-0172

Finn & Porter

☎ www.finnandporter.com/austin
500 E 4th St (@ Hilton Austin Hotel)
☎ (512) 493-4900

Fino Restaurant

☎ www.finoaustin.com
2905 San Gabriel St
☎ (512) 474-2905

Fleming's Steak House & Wine Bar

☎ www.flemingssteakhouse.com
320 E 2nd St
☎ (512) 457-1500

Flipnotics

☎ www.flipnotics.com
1601 Barton Springs Rd
☎ (512) 480-8646

Fonda San Miguel

☎ www.fondasanmiguel.com
2330 W North Loop Blvd
☎ (512) 459-4121

Green Pastures Restaurant

☎ greenpastures.citysearch.com
811 W Live Oak St
☎ (512) 444-4747

Güero's Taco Bar

☎ www.guerostacobar.com
1412 S Congress Ave
☎ (512) 447-7688

Houston's

☎ www.houstons.com
2408 W Anderson Ln (@ Burnet Rd)
☎ (512) 451-7333

Hudson's on the Bend

☎ www.hudsonsonthebend.com
3509 Ranch Road 620 N
☎ (512) 266-1369

Hyde Park Bar and Grill

4206 Duval S
☎ (512) 458-3168

Iron Works BBQ

☎ www.ironworksbbq.com
100 Red River St (@ Cesar Chavez St)
☎ (512) 478-4855

Java Noodles

☎ www.javanoodles.austintx.com
2400 E Oltorf St
☎ (512) 443-5282

Jazz

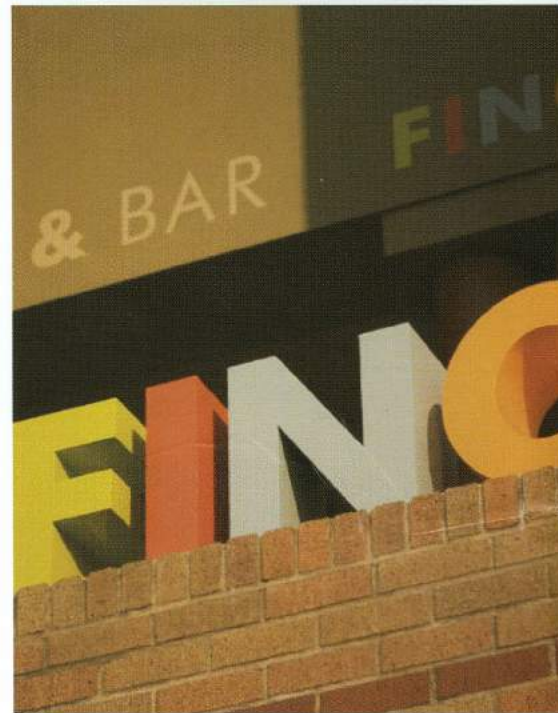
☎ www.jazzkitchen.com/austin
214 E 6th St
☎ (512) 479-0474

Jeffrey's

☎ www.jeffreysofaustin.com
1204 West Lynn St (@ 12th St)
☎ (512) 477-5584

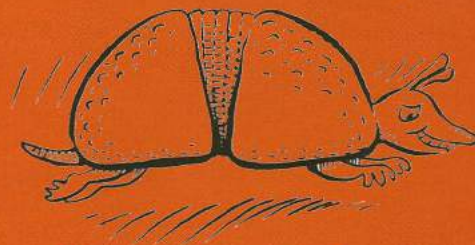
Jo's Coffee South Congress

☎ www.joscoffee.com
1300 S Congress Ave
☎ (512) 444-3800



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512.542.9095 505-C West Lynn Austin, TX 78703

Jo's Coffee Downtown

☎ www.joscoffee.com
242 W 2nd St
☎ (512) 469-9003

Kenichi

☎ www.kenichiaustin.com
419 Colorado St
☎ (512) 320-8883

La Palapa

☎ www.lapalapaustin.com
6640 E Hwy 290
☎ (512) 459-8729

Louie's 106

☎ www.louies106.net
106 E 6th St
☎ (512) 476-2010

Maiko

☎ www.maikoaustin.com
311 W 6th St (@ Lavaca St)
☎ (512) 236-9888

Málaga

☎ www.malagatapasbar.com
208 W 4th St
☎ (512) 236-8020

Mandola's Italian Market

☎ www.mandolasmarket.com
4700 W Guadalupe St (@ The Triangle)
☎ (512) 419-9700

Manuel's Downtown

☎ www.manuels.com
310 Congress Ave
☎ (512) 472-7555

Manuel's Arboretum

☎ www.manuels.com
10201 Jollyville Rd
☎ (512) 345-1042

Mars

☎ www.marsaustin.com
1610 San Antonio St
☎ (512) 472-3901

Maudie's Cafe

☎ www.maudies.com
2608 W 7th St
☎ (512) 473-3740

Maudie's Too

☎ www.maudies.com
1212 S Lamar Blvd
☎ (512) 440-8088

Maudie's North Lamar

☎ www.maudies.com
10205 N Lamar Blvd
☎ (512) 832-0900

Maudie's Hacienda

☎ www.maudies.com
9911 Brodie Ln
☎ (512) 280-8700

Maudie's Milagro

☎ www.maudies.com
3801 N Capital of Texas Hwy
At Davenport Village Shopping Center
☎ (512) 306-8080

Mikado Ryotei

☎ www.mikadoryotei.com
9033 Research Blvd (@ Burnet Rd)
☎ (512) 833-8188

Mirabelle

☎ www.mirabellerestaurant.com
8127 Mesa Dr
☎ (512) 346-7900

Moonshine

☎ www.moonshinegrill.com
303 Red River St
☎ (512) 236-9599

Mother Egan's Irish Pub

☎ www.motheregansirishpub.com
715 W 6th St (@ Rio Grande)
☎ (512) 478-7747

Mother's Cafe

☎ www.motherscafeAustin.com
4215 Duval St
☎ (512) 451-3994

Mozart's Coffee Roasters

☎ www.mozartcoffee.com
3825 Lake Austin Blvd
☎ (512) 477-2900

Musashino Sushi Dokoro

☎ www.musashinosushi.com
3407 Greystone Dr (@ MoPac Epyw)
☎ (512) 795-8593

Nuevo Leon

☎ www.nuevoleoninaustin.com
1501 E 6th St (@ Onion St)
☎ (512) 479-0097

Pappasito's Cantina

☎ www.pappasitos.com
6513 N IH 35
☎ (512) 459-9214

P.F. Chang's Arboretum

☎ www.pfchangs.com
10114 Jollyville Rd
☎ (512) 231-8773

P.F. Chang's Downtown

☎ www.pfchangs.com
201 San Jacinto Blvd (@ 2nd St)
☎ (512) 457-8300

Portabla

☎ www.portabla.com
1200 W 6th St (@ Blanco St)
☎ (512) 481-8646

Ranch 616

☎ ranch616.citysearch.com
616 Nueces St
☎ (512) 479-7616

Roaring Fork

☎ www.roaringforkaustin.com
701 Congress Ave (@ 7th St)
☎ (512) 583-0000

Romeo's

☎ www.austinromeos.com
1500 Barton Springs Rd (@ Jessie St)
☎ (512) 583-0000

Roy's

☎ www.roysrestaurant.com
340 E 2nd St (@ Trinity St)
☎ (512) 391-1500

Ruth's Chris Steakhouse

☎ www.ruthschris.com
107 W 6th St (@ Congress Ave)
In the Scarborough Building
☎ (512) 477-7884

Ruby's BBQ

☎ www.rubysbbq.com
512 W 29th St
☎ (512) 477-1651

Saba Blue Water Cafe

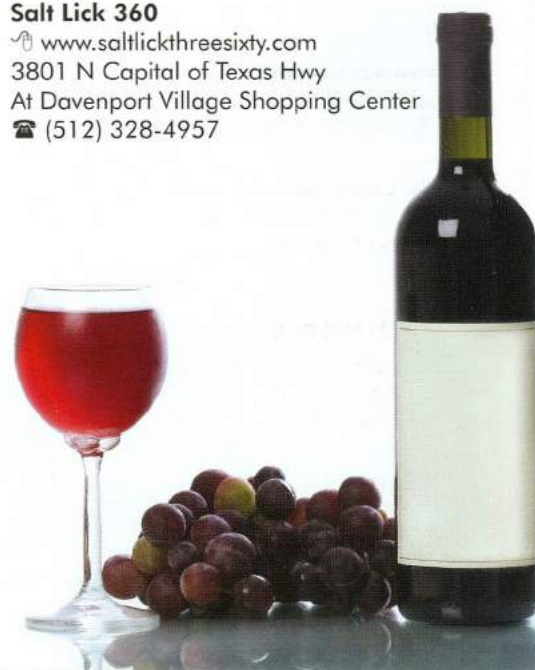
☎ www.sabacafe.com
208-D W 4th St
☎ (512) 478-7222

Salt Lick

☎ www.saltlickbbq.com
18001 FM 1826, Driftwood
☎ (512) 858-4959

Salt Lick 360

☎ www.saltlickthreesixty.com
3801 N Capital of Texas Hwy
At Davenport Village Shopping Center
☎ (512) 328-4957



Santa Rita Tex-Mex Cantina

☎ www.santaritacantina.com
1206 W 38th St (@ Medical Pkwy)
In the 26 Doors Shopping Center
☎ (512) 419-7482

Satay

☎ www.satayusa.com
3202 W Anderson Ln (@ Shoal Creek Blvd)
☎ (512) 467-6731

Scholz Garten

☎ www.scholzgarten.net
1607 San Jacinto Blvd
☎ (512) 474-1958

Shoreline Grill

☎ www.shorelinegrill.com
98 San Jacinto Blvd
☎ (512) 477-3300

Siena Ristorante Toscana

☎ www.sienarestaurant.com
6203-B N Capital of Texas Hwy (@ FM 2222)
☎ (512) 349-7667

Starlite

☎ www.starliteaustin.net
407 Colorado St
☎ (512) 374-9012

Stubb's BBQ

☎ www.stubbsaustin.com
801 Red River St (@ 8th St)
☎ (512) 480-8341

Sullivan's Steakhouse

☎ www.sullivansteakhouse.com
300 Colorado St (@ 3rd St)
☎ (512) 495-6504

Suzi's China Kitchen

☎ www.suzischinagrill.com
1152 S Lamar Blvd (@ Treadwell St)
☎ (512) 441-8400

Suzi's China Grill & Sushi Bar

☎ www.suzischinagrill.com
7858 Shoal Creek Blvd (@ Anderson Ln)
☎ (512) 302-4600

Suzi's China Grill & Sushi Bar

☎ www.suzischinagrill.com
2745 Bee Cave Rd
☎ (512) 347-7077

Sweetish Hill Bakery

☎ www.sweetishhill.com
1120 W 6th St
☎ (512) 472-1347

Thai Passion

☎ www.thaipassion.com
620 Congress Ave (@ 7th St)
☎ (512) 472-1244

Truluck's Downtown

☎ www.trulucks.com
400 Colorado St (@ 4th St)
☎ (512) 482-9000

Truluck's Arboretum

☎ www.trulucks.com
10225 Research Blvd #4000
☎ (512) 794-8300

Uchi

☎ www.uchiaustin.com
801 S Lamar Blvd
☎ (512) 916-4808

Umi Sushi Bar and Grill

5510 S IH 35
☎ (512) 383-8681

Vespaio

1610 S Congress Ave
☎ (512) 441-6100

Vin Bistro

☎ www.vinbistro.com
1601 W 38th St (@ Kerbey Ln)
☎ (512) 377-5252

Vivo

☎ www.vivo-austin.com
2015 Manor Rd
☎ (512) 482-0300

Wink

☎ www.winkrestaurant.com
1014 N Lamar Blvd #E (@10th St)
☎ (512) 482-8868

Y Bar & Grill

☎ www.ybargrill.com
7720 Hwy 71 W
☎ (512) 394-0220

Z Tejas Grill Downtown

☎ www.ztejas.com
1110 W 6th St
☎ (512) 478-5355

Z Tejas Grill Arboretum

☎ www.ztejas.com
9400-A Arboretum Blvd
☎ (512) 346-3506

Zoot

☎ www.zootrestaurant.com
509 Hearn St (@ Lake Austin Blvd)
☎ (512) 477-6535

for the most up-to-date information, visit the restaurant's website or call for more information.

if you are the owner/manager of one of the listed restaurants and wish to update your listing, please send an email to eat@qmonthlymagazine.com



drink

bar guide



'BOUT TIME

www.bouttimeaustin.com
9601 NIH 35 (North of Rundberg)
(512) 832-5339

mon

- 9 pm - 2 am - Karaoke with AJ Kline

tue

- all day - \$2.75 frozen margaritas

wed

- 2 - 8 pm - \$2.75 frozen margaritas
- 8 pm - 2 am - \$3.75 frozen margaritas

thu

- 9 pm - pool tournament (\$5 entry)

fri

- 6 - 8 pm - free buffet
- 4 - 8 pm - free pool

sat

- no specials

sun

- 2 - 8 pm - \$2.75 frozen margaritas
- 8 pm - 1 am - Karaoke with AJ Kline

CHAIN DRIVE

www.chain-drive.com
504 Willow St
(512) 480-9017

JOIN US FOR THE UT GAMES!

- 9/2 North Texas
- 9/9 Ohio State
- 9/16 Rice (Houston)
- 9/23 Iowa State
- 9/30 Sam Houston State
- 10/7 Oklahoma (Dallas)
- 10/14 Baylor
- 10/21 @Nebraska
- 10/28 @Texas Tech
- 11/4 Oklahoma State
- 11/11 @Kansas State
- 11/24 Texas A&M
- 12/2 Big 12 Championship (Kansas City)

For home games we get things started the Friday before the game with our super buffet at 6pm and a pep rally!

Watch all the games with drink specials and a buffet for every game!

WEEKENDS AT AUSTIN'S #1 CLUB

Fridays

DJ Scot Free 5-9pm / Super Buffet 6pm-9pm
Dancers 6pm-9pm

DJ Bryan Konrad 9pm-Close

Saturdays

The Best Music in Town with
Austin's #1 DJ

LICIOUS 11pm-Close

Sundays

\$2.50 Wells 2pm-7pm / \$2 Domestics 2pm-11pm

Food on the Patio with Margie 5pm-8pm

Dancers 6pm-Midnight

DJ Bryan Konrad 9pm-Close

Oilcan Harry's 211 W. 4th St., Austin, TX 512.320.8823 oilcanharrys.com



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